THE OMAHA DAILY BEE: SUNDAY, MARCH 23, 1895.

DUCK SEASON IN NEBRASKA

Lakes and Streams in This Vicinity Afford Good Shooting.

PECULIARITIES OF THE WILD FOWL

Experience of a Veteran Hunter in This Territory Opens a New Avenue of Speculation for the Lover of Field Sports.



LENTY of geene and ducks are here. The warm weather of the past few days has sent great flocks scudding north sun continues to here. drive them this way, the best shooting of the season will be on in these parts. the greatest variety

of ducks in aight at

present are pintalls, but many red heads, dy, widgeon and butter balls are hunting the streams of the state, and many are on the Many Onaha sports are in camp along the Missouri, Platte and the lakes in the northern part of the state. The great complaint now is on account of the ice not having gone out of the streams, while in the Is even worse. Lakes with air holes afford good shooting at present, but many of the best shooting grounds in the state are passed by the big flocks of geese and ducks. Some fine sport is being experienced by placing the decoys on the ice, but this will hardly compare with the open water shooting to be afforded within the next two weeks. One who expects to bag any game this season and that is that the flight will very likely be exceedingly short in this section on account of the lack of water this spring, and the birds that are not brought down in two weeks of so will not be killed in the state of Nebrask this spring. One fact already noted this year is the extreme wildness of the geese and ducks this spring. The most cunningly designed blinds are passed by the game with the greatest evidence of fright, and all shots are at the longest possible range. This is much more noticeable this year than last.

But it is quite a question among sports as to just how much the wild fowl is fright-ened by the explosion of a gun or the presence of the enthusiastic hunter about their feeding grounds. Numerous stories are tole of early day sports in the western fields where the water fowl was so tame that he could be approached like the barnyard creature, but again there are stories that this carry home was not the case and that in some localities port of a gun were off at the approach of a hunter and as wary as those now so difficult to reach by the scortsmen on the lakes and streams of Nebraska. Thomas Coleman is one of Nebraska's veterans in the line of the line one of Nebraska's veterans in the line of sports afield. At present Mr. Coleman resides ear Springfield and owns many of the broad fields over which he used to hunt years ago. He resides in sight of the Platte, the of which are today the favorite haunts of millions of geese and ducks. His immense farm incudes probably as fine qualifields as can be found in the west. Coleman is the most genial of men and too modest tell of some of his finest bags for fear of being thought a boaster. He has a thorough contempt for the animal so dear to the of the average sportsmen-a well dog. Even in hunting quail or chickens Mr. Coleman will not use a dog. but will stroll along in company with some of his city friends who have the finest dogs this week. grass and kill more of the swiftest flyers than the man who is warned of the presence of a covey by his dogs. Though past the meridian of life, he has not forgotten the experiences of the early days in Nebraska, when powder and lead were too precious to squander, and when he makes a shot he usually has something to show for it.

While the writer was hunting with Coleman recently the conversation turned upon the difference between present and past sport in Nebraska. We were in sight of a beautiful bluff overlooking the Platte, near Meadow. pointed out a ravine in the hills where he had shot hundreds of geese years ago when there were few of the people of the state giving much thought to the sport. He had done most of his shooting in the early morning, when the birds were leaving the bars in the river for the fields for their morning meals. The great Canadian he thought as wild then and as ready to avoid anything that looked like a man as today, when he is being chased every foot of his way from his northern haunts to the gulf twice a year. The genial sportsman recalled particularly more than a decade ago when he was shooting geese on the particular bluff under As he was talking a bunch of the feathered beauties high in the heavens passed down over the ravine and alighted on the bar in the river. The day referred to was an ideal one, with just enough fog to confuse the wary bird and render the cover They had passed his hiding place in great numbers. In a stand lasting scarcely three hours he shot fifty times and had forty big geese scattered along the bluff for several hundred yards. At this time, and in fact years before he had remarked the exceeding fright the birds manifested at the approach of a man with a gun, though as today they were not near so much alarmed by a man herseback, as if discerning the difference and detecting danger at all times with greacertainty. Whether inherent in their natures or not it is certain that the wild goose was not taken in the pioneer days with near the

Time is working changes in the shooting world. The extent of these changes is scarcely realized even by the older genera-tion of shooters, upon whom they have come so gradually as not to be noticed, and the younger generation seldom ever give them a thought and the majority of them care less. The writer of this is himself not an old man by any means, in fact has scarcely reached what may be called middle age, but in looking back over his shooting career he cannot help but be impressed by the changed conditions since he first went out in search of the cotton tail, armed with an old musket, a bottle full of powder and another one filled with shot. The more liberal-minded would say: "Oh, he'll get over that in time, and settle down all right when he grows up," but the more skeptical observed: "A hunting boy will never amount to anything." Thus was one of the most royal of sporis tabooed, even in a boy, by the practical man of affairs, but the grown-up man who would go hunting was considered to be in very small business and the next thing to a vagabond. A few, it is true, disregarded the common prejudice and took up the most instructive and invigorating of all sports. From this small beginning has grown the vast army of pres-snt day sportsmen, who shoot for the pleas-are and recreation that is to be found in the woods, the fields and the marshes and to learn from contact with nature the countless useful lessons that are to be found by those

To the man who is absorbed in business for the greater part of the year there is no greater relaxation, no better tonic, than a Accation spent away from the cares that D. T. Mount of Omaha bought Marie Kester-haunt him by day and by night, than a trip son for \$190. T. K. Curley of Beatrice bought haunt him by day and by night, than a trip to some hunting resort. The peaceful sleep that comes to him after a tramp in the fields or a day's stay in the blinds watching the water fowl, and the attendant excitement, is a thing unknown to his workaday existence. It is cheaper than dector's bills, far more effective, and to the writer much more pleasant to take than even atomeopathic medicine. The changes are not alone occurring in the shooting world, but game and its haunts are changing as well. Many of the famous hunting grounds that have supplied the writer with choice and profitable sport in years that are past and profitable sport in years that are past and gone, leaving only pleasant memories be-hind, would give now poor reward for toil. The famed Kankakee, near its head waters, in the years agone was a series of marshes and sloughs that in the spring and fall fursished wild fowl and snipe shooting that Extra Dry Imperial Champagne with you on was unsurpassed. This is now all gone, and your summer outings.

the rich, swampy land, has all been drained farmer as rich returns as in the past they were wont to give to the sportsman. Th the lower portion, were gise a paradise for the wild fewl. These are still visited by the henters of today with fair success, but their pristing glory has departed. Many of the sloughs and ponds have been drained, others have been filled up by natural causes and there is no longer there the unlimited quantity of feed which attracted the ducks at one time. The same process is going on in all the older states, and even in Nebraska it is observable, as every well posted sports-man knows. These are only a few of the many places that the writer calls to mind that were once famous for the sport they afforded that would today prove a barren waste for the searcher after wild fowl shoo

The changes in the haunts of birds and animals which have the land for their habi-tats is no less marked. In the older eastern of the past few days hard hunting is considered well repaid if at nightfall the gunner has succeeded in bagging a few qualt, a rabbit or two, or perchance, if he is very fortunate, week, if the warm week, if the warm continues to here. Intelligent sportsmen in the older states are remedying this in a measure by stopping the ruthless slaughter of game a all seasons of the year and restocking the once famous grounds. With the changed conditions have also come changes in the habits of the game itself. Constant hunting has made it more wary, driven it to more dense coverts and from necessity in many cases to different kinds of feed. The methods pursued in the past years to secure the game for these reasons now prove ineffective, and the sportsman who bunts blindly and never studies or observes anything is surprised at his lack of success and charges it up to advancing years dulling his faculties. Vol-umes might be written on the manifestations of bird and animal instinct in their endeavors to avoid and deceive the hunter on the part of game that formerly scarce thought it necessary to keep out of gunshot, much less out of sight. Every trip afield convinces the intelligent sportsman more and ore that old methods will no longer answe if he wishes to succeed. It is this fact which compels the study of the habits and pecu-liarities of animal and bird life which gives to the genuine sportsman an added charm and renders his favorite recreation more restful to the man who is worn out by business cares which he would fain forget for a time. Comforts and pleasures which come without effort, sweet viands and plenty which come without exertion or care, in time clog the appetitic and become stale. So to the sportsman the game which comes to his bag with-out the requirement of skill or knowledge soon becomes stale and ceases to satiate the appetite for excitement. Where game sufficient can be secured by the exertion of his best faculties and the expenditure enough energy to make him feel tired and willing to lie down and sleep—and such a sleep as this will bring to the man who works all day between four walls-is the sports-

> Jack Owens has returned from Corning He was in camp for a week with G. W. Arbuthnot of that city. They were out on the river and killed more geese and ducks the latter part of the week than they could

Stocky Heath and friends are in camp at Asland, but report game on the Platte

H. M. McGrew and Tom Brennon are at River Sioux today arranging for a big hunt in that locality Charles Goss, Mike Maul and W. C. Iven

are killing ducks at Ashland. J. J. Hardin has returned from Paxton,

where he made some big bags. Henry Homan and Robert Wells have returned from Clarks, where they had some fine sport. The flight there has been heavy

J. C. Read and H. B. Kennedy have returned from the Platte. Their bags were small.

Jim Heffner and Frank Parmelee have returned from a shoot at Silver City, where they had much success.

Numerous reports are being circulated about waite jack rabbits being killed in Iowa. These are not jack rabbits, but English hares, which were brought over several years ago by the English colony at Lemars. They have propagated very rapidly and are spread-ing all over Iowa. The white hare is driving out the western tack rabbit.

Under date of March 14, Dr. J. H. Lourey he well known field shot, writes The Bee sporting editor from Great Bend, Kan., thus: "Contrary to my intention when I parted with you, I came out here for my spring hunt. I met some local sportsmen in Kansas City and they discouraged me from venturing into the Indian territory. First, because it is necessary to get a permit to hunt on either of those reservations, something they reluc tantly acquiesce to (the United States commanding officers), and, secondly, accommoda tions are poor for lone sportsmen, a camping outfit being essential for comfort and pleasure, and, thirdly, winged game was already moving north, the kind I was in quest of, so without further deliberation, in corformity to my newly made friends' advice, I came here and do not regret it. I immediately ferreted out the local sports here, and a right royal, generous quartet I found. Ducks and geese are here by the thousands, the Arkansas river bottoms affording delightful sport in this line. The Cheyenne flats, twelve miles from here, cover an area of seven miles, and is a hunter's paradise. These bottoms must not be confounded with the great salt marshes shown on the maps. Here you find in season the jacksnipe nillions, and as the bottoms are hard pan, with a superficial strata of log and loam, travel afoot is good, and the pursuit of these

birds is superb sport. "Last Thurslay, in company with Messrs. Charles Allison, Theodore Griffith and Frank

Morrison, we went over the bottoms.

"The day was warm and particularly pleasant, but by night a northwester came picasant, but by hight a northwester came up, making the following day too chilly for the hunt. Taking possession of a deserted house, we unpacked our cooking utensils, consisting of one coffee pot, one skillet and four pie pans, and proceeded to get lunch in the approved hunters' style. If you wish to concounts time don't better with superfluors approved hunters' style. If you wish to conomize time don't bother with superfluous articles. We took lunch with us, and Mr. Morrison rode on the sandwiches on the way

over to keep them warm. "After luncheon we proceeded to the hunt-ing grounds, about one-half mile north. Game was plentiful. Geese bunched as you have seen them on the sand bars out at Clarks. We tried the strategy of stampeding our team and overtaking them before out of gun shot reach, but they were familiar with the scheme and too wary to be caught. The evening's shoot was a failure, as far as the bag was concerned. We then proceeded to sink holes in the ground in which we could get under cover, but by the following morn-ing it had grown too cold for satisfactory sport. The cold wave has driven most of the game south again, beyond the storm line, but it will be back again and we are await-

Sale of Nebraska Trotters J. C. Kesterson's sale of trotting bred horses was held Thursday at Fairbury, Neb., and sixty-seven head sold at very low prices. D. T. Mount of Omaha bought Marie Kester-

however, toward making more of bloycle racing and less of such forms of athletics as foot racing, pole vaulting, throwing the hammer, putting the shot, hurdle races, jumping and the like.

Don't forget to take a few bottles of Cook's

AMONG WHEELMEN OF OMAHA

What the Various Clubs Are Doing for the Season.

ONE ORGANIZATION THAT IS STRONG

Courists Preparing to Hold a Position Along Toward the Front of the Procession This Year-Notes from the Cycling World.



HILE the Tourist wheelmen have held a distinctive and original position in the local cycling world, more on account of their abrupt disclaiming of the old method of proceedure in club affairs than for any other reason, they will branch out in new fields this year. For the last

three seasons the club has been at the top notch as a representative has been at the top notch as a representative in the city, and the prospects are good for wheel club, for the reason that the members double that number before the snow files have always held to the idea that cycling again, being the object of the club, they would stick to the object through thick and thin. This they have done and more. Their road mileage as a club has not been beaten in these high grade machines are greatly behind in parts for a number of seasons, a fact of their orders, as the wheels are being taken which the club may well be proud. The as fast as they arrive. cycling interest was said to have been on the wane, and Dame Rumor had it that the Tourists would soon pass into the dark hole of oblivion. "Fellows who knew" had predicted this for several seasons, but as usual, the old bird has "bobbed up serenely" and flapped her wings preparatory to a glorious flight in 1895. A rousing meeting of the old members was held in the New York Life building Wednesday night and a full complement of officers elected and installed for the season now opening. The old original consitution and by-laws were readopted, and to wipe out the old club indebtedness so that the club will start 1895 on a bright, new, will be entirely dropped, and the club's head-quarters will be the saddle. The new board of officers elected is composed of competent and active wheelmen, who have been identified with the cycling interests of the city for years, and whom, in their enthusiastic way, will see that the club colors float from the top of the mast and attract to the club many wheelmen who are now unattached.

The season is going to be a grand one for cycling, and the Tourists are determined to "be in it" from the start. Edwin P. Walker, the newly elected president, is well known to the cyclists as a rustler and cycling enthusiast; he has any amount of experience, both as a wheelman and a club officer. A. C. Adams, the vice president, while not as well known to the cycling devotes, is a wheelman in every sones of the votees, is a wheelman in every sense of the word, and as this is his second term as vice president, it is evident that he is held in esteem by his clubmates. Frank C. New-comb, secretary-elect, is also a cyclist and is thoroughly competent to perform the onerous duties of a club secretary. Welch A. Kings-ley was elected to succeed himself as treasr for 1895, and a better choice could not have been made. He has been a member of the club since its organization, and con-sequently is a wheelman and an experienced man upon the road. Harry K. Smith was called back into the traces by his election as captain; he has been actively identified with the Tourists since their organization. and has an abundance of experience as wheelman. He is familiar with every road leading out of the city. Alex Melton received the appointment of first Heutenant. His experience as a road man will prove work of the road officers will fall on his shoulders. He will prove a good man in a good place. To assist the board of officers in the management of the club, the following gentlemen were elected to act as committe men: Entertainment, John Hynes and A. C. Adams, E. P. Walker, chairman; racing board, M. O. Daxon and George Sancha, H. K. Smith, chairman. The membership comnittee will be appointed by the board during the next thirty days. Several applications are now in the hands of the old committee, which will receive attention at a meeting to be held Thursday evening, March 28. The club will commence its road campaign April I this year, instead of May, as formerly, and series of fishing tours, picnics, bathing and

F. I. Ellick of Frement, Neb., entered a protest against H. E. Fredrickson (champion bicyclist of Nebraska) to G. D. Gideon, chair-man of the League of American Wheelmen acing board, accusing Fredrickson of accepting a cash prize June 14, 1894. It was said he received a diamond ring for said prize, so that Mr. Gideon reinstated him. Mr. Gideon further states that if Fredrickson can prove that Ellick knew the charges were false when he made them, that F. I. Ellick would be suspended for unfairness in connection with bicycle racing.

boating parties, country runs and meets will

The Tourist Wheel club is the name of the iew bicycle club just organized by Fremont ladies. A motion to adopt bloomer costume voted down. The officers elected are Mrs. Harry Hammond, president; Miss Laura Nehrbas, vice president; Miss Marian Allen secretary-treasurer; Mrs. George Coddington captain; Miss Georgia Wolz, first lieutenant; Miss Cora Christensen, second lieutenant.

Bicycle racing among collegians does not rank very high. There is a gradual tendency, however, toward making more of bicycle acing and less of such forms of athletics is foot racing, pole vaulting, throwing the hammer, putting the shot, hurdle races, jumping and the like.

News has reached Australia that Zimmer the cyclist, will visit that country this Quite a flutter was caused thereby in the land of the kangaroo. The American champion has learnt that there is no racing in Australia until November, and so if he arrives there in September of October, he will have plenty of time to train. Zimmerman, for a champion, seems to defy all the laws of good health and still win races. He is a big, good-hearted fellow, and never dislayed an antipathy to a social glass, or umerous social glasses, for that matter. numerous social glasses, for that matter. During the winter he has, by his wine and a long siege of training before him.

Wednesday night the Wanderer's Cycle club of this city will give their second annual stag social and smoking concert at their hall in the Continental block. This club, style.

J. S. Johnson will sail for Havre, France, Wednesday, where he will race this season. We hope Johnson may be able to throw dust in the Frenchmen's faces, as did Arthur Zimmerman. Sanger also talks of turning professional this season. With these three giants out of the race, Cabanne, Bald, Tyler and Titus will be the top notchers in the amateur ranks.

One John Hynes, with M. O. Daxon & One John Hynes, with M. O. Daxon & Co., is responsible for the recent article published in a local paper to the effect that the League of American Wheelmen and Omaha Wheel club were on their last legs. Now, as Mr. Hynes is a member of both these organizations, and there is not the least bit of foundation for these articles, we are unable to conceive why he should take such a position in this matter, unless it is from the fact that he was very much adverse to the re-election of Chief Consul Ebersole and the re-election of Chief Consul Ebersole and has taken this way to make it appear that

the administration has not admitted that Ebersole is the best chief consul and has done more for the good of the Nebraska di-vision than any chief consul the division

A. A. Zimmerman, the champion bicyclist of the world, is soon to wed. He will marry the daughter of one of New York state's highest officials,

A number of 1895 wheels have made their appearance on the streets the past week. You can tell them as far as you can see them. New whed rims, large tubing and narrow tread are some of their character-

Baron de Rothschild, one of the money kings of the world, is a fervent cyclist. He recently ordered a wheel of a French manufacturer which is to cost \$900 and weigh thirty pounds. Unless the baron is having ils machine gold mounted he is getting badly beat.

The Tourist Wheelmen reorganization will rive Omaha three fair sized cycling clubs. Cities whose cycling population is no larger than Omsha's have from five to seven thriv-ing clubs. We have about 2,000 cyclists, and out of this number but three clubs can sur-

There is talk among the lady riders in the city of forming a Ladies' Cycling club, which we hope will be brought to a successful issue. There are nearly 100 lady cyclists

The warm and pleasant weather of the

past week has livened up the cycle trade in the city. Most of the dealers who handle Are we going to have the Division meet his year, or are we going to stand back

and let some little country town in the state get it? It has been about five years since Omaha has had the League meet, and to is pretty near time for it to come our way again. Get on your hustling clothes, boys, and it is ours. E. C. Stearns & Co.'s 1895 racing team will be composed of three Johnsons, J. S., E. C. and L. C. They will be known as

The Kearney Cycle company is putting the expenses of the club will now be paid out a twelve-pound track wheel this season by an equal assessment. Funds were raised which, while in Kearney a couple of weeks ago, we had the pleasure of inspecting. That the wheel is very pretty there is no doubt, clean, score. The expense of a club house but the question here arises, is a twelve-will be entirely dropped, and the club's head-pound wheel practical? When a wheel gets much below fifteen pounds it is not considered practical by skilled mechanics. The only racing man ever killed on the path met his death by a featherweight wheel caving in under him. A young factory striving for a reputation should not sacrifice strength in order to get their wheel a couple pounds lighter than some other maker's.

> South Dakota will have no bicycle races o base ball games on Decoration day hereafter The state legislature recently passed a bill to that effect. Thanks to Providence, no such bills have struck the Nebraska legis-

News has reached Australia that Zimmer-man, the cyclist, will visit that country this year. Quite a flutter was caused thereby in the land of the kangaroo. The American champion has learnt that there is no racing in Australia until November, and so if he arrives there in September or October he will have plenty-of time to train. Zimmerman, for a champion, seems to defy all the laws of good health and still win races. He is a big, good hearth and still win races. He is a big, good hearted fellow, and never displayed an antipathy to a social glass, or numerous social glasses, for that matter. During the winter he has, by his wine and bird manner of hiving, managed to accumulate superfluons pounds of tissue and he has a long siege of training before him. a long slege of training before him.

AVONG OMAHA'S CHESS PLAYERS How the Experts in the Game Propose to Enjoy the Summer.

ess fiends are at pres ested in tournaments with a number of clubs in other parts of the country. Some exceedingly warm contests are on and several very complicated games are being played. Though Omaha has little standing in chess circles throughout the country, owing to the fact that she has not regularly maintained her organization, there are many enthusiastic slaves to the puzzling sport in the

Daily, W. R. Lighton, Mark Parmer, J. J. Pointer, George Barker, G. M. Rathburn, J. D. Rustin, J. W. Logan. A. O. Myers, T. B. Leman, Julius Meyer or some of the other Omaha experts gather at the Young Men's be given throughout the season. A large delegation will attend the Turner Wheel club Christian association parlors and engage in games. Those mentioned are probably among the most skillful chess players in the west. party, which occurs Tuesday evening, March Yet with all this excellent timber in sight Omaha at present does not boast of a regu-larly organized chess club. The appearance of organization is kept up, however, by the constant manner in which the old members meet and indulge in their favorite sport. Plans are maturing, however, at present for a new club and a meeting will be held this week to give the matter definite form. A very pretty tournament is on between everal of the Omaha experts and those of Lead City, S. D. The tournament has bein progress three weeks and will probably

continue as much longer. Negotiations are pending for a tournament with the Denver Many of the most difficult problems pounded through the chess journals are answered from this section, indicating the keen interest taken in the game here.

The old Omaha Chess club has not had a regular meeting since 1891. George Barker holds the Omaha medal, won in some of the warmest series of games that ever delighted the heart of chess fiends. There are many clubs throughout the state, and the now is to form a strong home organization and co-operate with those throughout the state. Quarters will be secured, and possibly arrangements of a permanent character made. Several of the enthusiasts have very complete libraries touching topic, and look with favor upon the plan of donating their books to the club.

Reports of the late international tournament were received by wire in Omaha, and great interest was manifested. Some amusing typographical errors resulting from the transmission were noted by the Omaha chess play ers in the columns of the eastern press, where the full detail of the game was printed. instance, one of the Chicago papers insisted upon two American champions castleing as the primary move, and followed by losing the king's rook. In another case the opening provoked an assault from an English cham-pion of a most alarming character, in fact was difficult to determine from the description whether the American was playing bird manner of living, managed to accumulate superfluous pounds of tissue and he has a well regulated game of chess or an energetic game of foot ball.

To Change the Foot Ball Bule

Walter Camp, secretary of the intercollegiate foot ball advisory committee, said the other hall in the Continental block. This club, although only organized about two years ago, has become one of the leading social clubs of this city, the main object of its organization being to bring into closer social communication with one another, all those who, born on British soil and under the British flag, have now made this country the land of their adoption. The Wanderers will put up a first-class entertainment, and will welcome all their friends in their usual royal style. association, have formulated a letter, which will be sent to the various captains of teams in the country asking them to meet the com-mittee at an adjourned meeting, which will be held in two weeks. The committee has secured the opinions of Captains Thorne of Yale, Brewer of Harvard, Lea of Princeton, Williams of University of Pennsylvania, and

Questions and Answers. ELMWOOD, Neb., March 15 .- To the Sport ing Editor of The Bee: Is it allowable in playing chess to castle in order to get out of L. A. LYSOM. Ans.-No.

FREMONT, Neb., March 20.—To the Sporting Editor of The Bee: We are in litigation in regard to shaking dice with five dice. A claims in shaking poker dice that sixes are high and aces are low. B claims aces are high. A claims two sixes and two fives beat two aces and two sixes. Who is right? JOHN RONIN. FREMONT, Neb., March 20 .- To the Sport

1513 Dodge Street. Ans.-B on both propositions

PHYSICAL CULTURE IN OMAH.

How People of This City Develop Muscle Profitably and Pleasantly.

NEBRASKA LADIES IN THE FIELD

Statement of an Expert on the Subject-H Advice as to How the Best Results May Be Ac-

complished.

HOUGH Omaha can boast of few well appointed gymnasiums. with the possible ex ception of the physical culture department of the Young Men's Christian association In this age of muscular development the city as a whole com-W.

pares favorably with other localities. The Young Men's Christian association class is unusually large this year and many private classes in the city ar-being encouraged by both ladies and gentle men. A shining example in this line is the Physical Culture club of Druid Hill. Thi thriving little suburb is inhabited by about of the city's best families, and during the past winter the ladies have organized physical culture club, and employed a lady instructor with surprising results. The meet twice a week at the houses of various members, and after their lessons and exercise, indulge in dainty lunches and discass the proficiency which they expect acquire in certain lines.

Physical Culture Director E. B. Cook the Young Men's Christian association has the largest class this year in the history of the organization. It is composed to a large extent of business men. Mr. Cook has made a close study of the expert features of phy sical science for six years, and for many more years has studied the approved methods of the art. He does not think the hard work indulged in by amateur athletes is as helpful as the more systematic course calculate to develop the body in general. If the be-ginner in a class of physical culture works too hard the first day it is sure to result in soreness the second day and to his detrimen he thinks. Upon the untrained muscles th first day has a very telling effect, and by the time the tyro retires at night he feels as if he had rheumatism in every fiber of his body. The next day, of course, the mus-cles are stiff, and that stiffness has got to his body. be taken out. He must get in line and swing away again, and gradually improve his

"How often you hear people say: 'What wonderful muscle that young man has got when a man brings his wrist up toward his neck and displays a bump like the knot of an oak tree on the front of his upper arm. do not mean to say, of course, that a big bi ceps is not a good thing, but, like a lot of other things in this life, it needs backing up, for a man who lacks bleeps and pectorals major won't cut much of a figure when feats of strength have to be performed. The b ceps are only the drawing muscles, but they do not play any part where a man has to push or strike, so it is that for beginners we prefer to use the light dumb-bells and Indian clubs, which produce a general development of the arms, shoulders and chest. Of course, one can pursue the study of the science of club-swinging to almost any extent, but mere development of strength three or four of the rudimentary movements which can be mastered in a very short time are all that is necessary.

"After serving his apprenticeship with the bells and clubs it will then be time for the novice to betake himself to the parallel bars, and the first task he has before him is to practice pushing up and down. Placing his hands upon the bars he supports his body above them; then by bending his arms at the elbows he lowers his body as far as he can and pushes it up again by straightening his arms. He must continue his work with clubs and bells-I mean light ones, seldom exceed two pounds. Heavy dumbpells are hardly beneficial for any but those who would go in for heavy gymnastics. What is technically known as 'curling' dumb-bells will develop the biceps. This can be accom-plished by holding the bells straight downward at arms' length, the palms of the hands forward; then by flexing the arm at the elbow joint elevate the bells to the shoulder with ut moving the arm above the elbow. there is the horizontal bar which affords the greatest opportunity for the gymnast to show off, and, strange to say, almost any of the feats are easy to learn, and all a man needs is a little confidence, after he has gone through the preliminaries i spoke of, and no to lose his head. We teach the man to control the body with the head. He can do it It is merely the superiority of mind over matter.

"The flying rings are another medium through which the clever amateur can asonish the spectators, and perhaps the greatest feat of strength in the gymnasium is the 'cross.' This is done by supporting the body perpendicularly between the rings, with the arms extended at full length horizontally, making the performer look like a huge letter T. A man who can conquer the rudiments of the bar will have no trouble with the trapeze. I consider the ladder one of the best forms of producing muscle and staying powers, and turning one of the most health ful and enjoyable forms of gymnastic exer cise. It gives a man fine, elastic muscles over which he has complete control, besides making him active. Forward tumbling is comparatively easy, because it can be done by the impetus gained by a run, but back ward tumbling comes harder, as it has to be

done from a stationary position.

"Now, it is the greatest mistake in the "Now, it is the greatest mistake in the world to imagine that when a man reaches the age of 30 he must give up gymnastics, for if he will take daily practice he may go on doing somersaults until the boys grov up and take a few lessons from him

"I have some members in my class 5 years old. They are much benefited by the xercise. An hour in the gymnasium each will insure health and strength to a man who has to sit hard at work in his office day by day all the year round. He can wind up with a good bath in tepid water and feel like new being after he gets a rub down with coarse towel, that brings a healthy glov to the skin and cleanses the pores. The trouble is a whole lot of people are ignorant of the genuine benefit to be derived from gymnastics, and in the end find themselves gymnastics, and in the end find themselves broken down from overwork and neglect of the natural laws. No, I have no ladies' physical culture classes in Omaha, but I have had in other sections. I am a thorough believer in physical culture for ladies as well as men. Why, I believe I can tell a lady who indulges in athletic exercises from the manner in which she walks on the street. the firmness with which she grasps you hand or the confidence with which she her feet on the ground. I really they exercised in a thorough way they would receive more material benefit from the art of physical culture than men, and eradicate many of the ills which the sex is heir to.

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High school has been elected president of the Southwestern Iowa High School Athletic association, and J. W. Clark of the Red Oak High school secretary. The first field day contest will be held in Pactolus park, Red Oak, about two months hence. All the schools holding memberships have good athletic records, and an interesting meeting

At a meeting of the Ashland, Neb., High School Athletic association Wednesday the following officers were elected: Charles Stock, dale, president; D. C. Gould, vice president R. L. Lindley, secretary; Abbie Bryan, treas urer; R. D. Overholt, Frank T. Young, R. L. Lindley, Misses Grace Mason and Mac Cot lin, members of the executive committee The Girls' Tennis club also held its annual election of officers, which resulted in the choice of Carrie Camp, president; Irone Hannah vice president; Maude Mason, treasurer; Hor le Bults, secretary.

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