#### 'TIS WORTH A WOMAN'S WHILE

To Glean From Lines Benceth Food for Thought and Toggery.

CHARACTER REFLECTED IN THE WALK

Dangers of Dual Sleeping-Reflections on the Masculine Upper Ten-Social Novelties and Hints-Fashion Notes and Feminine Personalities.

In the form of the foot the sexes differ as much or even more than in that of A woman's foot is usually narrower in proportion than a man's, while his will be considerably stronger in the ankle and more powerful in formation of the toes, especially in the ball of the great toe.

When a woman owns a strong, firm, wide foot, many of us, says Jenness Miller, experience perhaps no sensation of surprise at finding her "strong minded;" when a man trips along on a delicate little foot people instinctively believe him to be lacking in power, and often put him down as effeminate.

To the attentive eye, none of the ordinary gestures or movements betrays peculiarities of individual character more plainly than the gait—the sailor's rolling, the soldier's stiff, the country-men's joiling gait are immediately recognized.

Slow steps, whether long or short, suggest a gentle or reflective state of mind, as the case may be, while, on the contrary, quick steps seem to speak of agitation and energy.

Reflection is revealed in frequent pauses and walking to and fro backward and forward: the direction of the steps. wavering and following every changing impulse of the mind, inevitably betrays uncertanity, hesitation and indecision.

The proud step is slow and measured. the toes are conspicuously turned out, the leg is straightened. In vanity the toes are rather more gracefully turned, the strides a little shorter, and there is very often an affectation of modesty.

Tiptoe walking symbolizes surprise, curiosity, discretion or mystery. Obsti-nate people who in an argument rely more on muscularity than on intellectual power rest the feet flat and firm on the ground, the legs firmly planted and far apart. Turned-in toes are often found with preoccupied, absent-minded per-

The toes pointed and dragged on the ground with slow, measured step give a pompous appearance. Perplexity occasions irregular steps and abrupt move-The prudent walk is measured and regular, entirely free from hurry,

agitation or precipitation.

The miser's walk is represented as stooping, noiseless, with short, nervous, anxious steps. In joy the walk is lively, for lightness, grace, suppleness, characterize a happy mind, although the walk here is often madified in happy with here is often modified in harmony with the cause of joy; the joy of gratified am-bition, for example, betraying itself by a different outward semblance from the joy of happy love.

Disappointment walks heavily and with irregular step. Where a revenge-ful purpose be hidden under a feigned smile the step will be slinking and noise

The woman with a loving heart is sure to look upon the bright side of life, and by her example induces others to do so. She sees a good reason for all the unwelcome events which others call bad luck. She believes in silver linings, and likes to point them out to others. A week of rain or fog, an avalanche of unexpected guests, a dishonest servant, an unbecoming bonnet, or any other of the thousand minor inflictions of every-day life, have no power to disturb the deep calm of her soul. The love light is still in her eyes, whether the days be dark or bright. It is she who conquers the grim old uncle and the dyspeptic aunt, says Harper's Bazar. The crossest baby reaches out its arms to her, and is comforted. Old people and strangers always ask the way of her in the crowded street. She has a good word to say for the man or woman who is under the world's ban of repreach. Gossip pains her and she never voluntarily lis tens to it. Her gentle heart helps her to see the reason for every poor sinner's misstep and condones every fault. She might not serve with acceptance on the judge's bench, but she is a very agreeable person to know. If you seek to find the happy and fortunate women in your circle they will generally be those who were born with loving hearts or, if not so endowed by nature, they have cultivated, by the help of grace, this choice possession and so have a double claim to its rewards.

Perhaps the dominant charm Dickens' novels lies in the secret of his ability to portray with skill the workings of an affectionate heart. The Cheeryble brothers send out warm sunny rays of loving kindness on every reader of Nicholas Nickleby. Little Dorrit, God bless her memory, with her sweet unselfish devotion to her complacent father and thoughtless brothers and sister and witless Maggie, wins the sym-pathy of everyone. Dear old Pegotty, red-armed, a genuine lover; honest Ham and his father; spoor little Em'ly, Agnes and Dora (the juxtaposition does not harm them) the pinched face and the willing hands of the marchioness; Ruth Pinch and her brother, and hosts of other faces shine out with genial warmthfrom the novelist's pages and become tender household memories.

Wherever such hearts are found in poetry or fiction, in the pages of the novelist or in the busy streets, their power is recognized as unique, benescent and enduring.

The London Lancet called attention not long ago to the habit of dual sleep-ing, saying that there is nothing that will so derange the nervous system of a person who is eliminative in nervous force as to lie all night in bed with another who is absorbent of nervous force. The latter will sleep soundly and rise refreshed, while the former will toss restlessly, and will awake in the morning weary, peevish, and discouraged. No sons, no matter who they are, ought habitually to sleep together. one will thrive, the other lose. An aged person and a child should not be bedmates; great as is the pleasure to grandma to have her "little comfort" with her at night, it is one which the wise as well as fond relative will forego for the child's sake.

A case recently came to the writer's knowledge, says the New York Times, of two sisters 15 and 17 years old. The younger was a splendid specimen of young womanhood, robust, active and merry, while the elder, though not ill in any definite way way the specimen. definite way, was thin, tired out quickly and fretted over trifles like a nervous old woman. These conditions finally came to be accepted and probably would have continued indefinitely if an English relative, a physician, had not made the family a visit. His sharp eyes noted the morning lassitude of the elder girl and the corresponding freshness of her sister at breakfast, and drew conclusions. An inquiry of the mother sesured the knowledge that they not only slept in the same bed, but, said she, "Elvie's (the older) devotion to her sisfor is such that for years she has only

gone to sleep when she could hold Mabel

The doctor fairly snorted at this sentiment, and in the end persuaded the sisters to sleep apart. Two pretty brass bedsteads side by side offered propinquity and company, but prevented con-tact, with the result that in six months time Elsie showed a marked improvement in her general health, and has be come in eighteen months a happy, goodempered young woman, with considerable increase of avoirdupois. In this case at least the improvement dates from the moment of separate beds.

A woman writer in the current number of a well known magazine, whose words indicate she is in touch with both ends of her subject, tells why it is that so many wealthy American girls choose titled foreigners for husbands. From her point of view, the reason is as simple as it is plausible. The great majority of men in this country whose wealth or family connections entitle them to move in the "first circles of society" feel it their duty to ape the customs and mannerisms of titled and even untitled foreigners. They ape the latter in every conceivable particular, and are never so happy as when they have achieved some especially nauseating bit of teadylsm. To them Providence is never kinder than when it has brought into their midst some broken down scion of nobility upon whom they can lavish their adulations and from whom they can learn some new wrinkle in foreign snobbism. To get as far from everything American in their mode of living, and to become as near like the people upon whom the accident of birth has placed a title, is their chief and, in many cases, only ambition. This being so, the writer in question maintains that it is only natural that American girls with money and position should pass by the imitation and seek the genuine; that instead of bestowing herself and her fortune upon the American ape she should marry the foreigner who is

Between the two classes, it is hardly possible for the American heiress to go ar wrong in choosing the foreigner. While there is nothing so wholly manly as a manly American, there is nothing so utterly useless and disgusting from every point of view as the male caricature who is only happy when toadying to sickly scions of foreign "nobility." Unfortunately, what are mistakenly termed the 'best' circles of American society are so thickly thronged with this pitiful class that the self-respecting young women who belong to these circles must either look abroad for their husbands or remain in single blessedness.

A lady friend recently received a printed invitation to join a class for the study of Greek tragedy. Having a large amount of that most uncommon article called "common sense," and being withal of a very practical turn of mind, she expressed her opinion on the subject in words something like these:

"No, I shall not join a class for the study of Greek tragedy. For those who like that sort of thing it is probably just the sort of thing such people will like. As for me, if I had the inclination I have not the time, nor can I understand how ladies with the cares of house and family on their hands can find leisure for such outside occupations. I heard one whose hysband brought home a friend for dinner, and when she went down to consult the cook found that this important domestic functionary had departed some hours before—and the mistress of the mansion did not know it! I have no doubt she will join the Greek tragedy class and learn all about Eutyches, Euripides, Sophocles and the rest. Everybody is complaining now-adays about the poor quality of servants. I am satisfied that if there were better housekeepers there would be better servants. It is the bad housekeepers who make the bad servants, and if ladies omy as they do to Greek tragedy and other literary diversions, the domestic situation would be less embarrassing than it is. The average young wife and mother of today is far superior, perhaps, in culture to her predecessor of twenty or thirty years ago, but in those things which go to make up the good wife and mother and the comforts of home she is decidedly inferior. Literary clubs, progressive eucher, etc., must be attended to, whatever else goes to the wall."

No household is complete without a

She gives the finish to the family. A sister's love, a sister's influence-what can be more hallowed?

A sister's watchful care—can anything be more tender? A sister's kindness-does the world show anything more pure?

Who is happy without a sister? A sister is a sort of guardian angel in the home circle.

Her presence condemns vice. She is the quickener of good resolutions, the sunshine in the pathway of

To every brother she is light and life. Her heart is the treasure-house of con-

In her he finds a safe adviser, a charitable, forgiving, tender, though often undeserved, friend.

In her he finds a ready companion. Her sympathy is as open as day and sweet as the fragrance of flowers. We pity the brother who has no sister

no sister's love. We feel sorry for the home that is not enlivened by a sister's presence. A sister's office is a noble and gentle

Her duty is to persuade to virtue, to win to wisdom's ways; gently to lead where duty calls; to guard the citadel of home with the sleepless vigilance of virtue; to gather graces and strew flowers around the home altar.

To be a sister is to hold a sweet place in the heart of home. It is to minister in a holy office.

Concerning the length of street dresses, fashion makers, like doctors, disagree. From Paris, the seat of government, whence the parliament of fashion issues its flats, come such conflicting declarations that it is easy to perceive that two powerful factions are at work, and that not fashion alone but the potent interests of trade are at the root of these vital questions. One noted designer declares emphatically that very full dresses, and most likely hoopskirts, will appear simultaneously with the coming of the robin and the organ grinder. Another equally powerful authority sniffs derisively at this dreadful prophecy and declares that the bal-loons and hideous wire cages—relics of a benighted and demoralized age-will never again be tolerated by a nation of women whose tastes have become so cultivated, and whose personal ideas and opinions have become so marked and so decided.

A nevel and felicitous plan for choosing partners was recently practiced at a whist party. Family albums had been ransacked and photographs of all the gentlemen, at ages ranging from 6 months to 20 years, in dresses, in kilts and in the "first pair," were gathered together in a hat from which the ladies drew. Some men had retained their baby looks long enough to be easily recognized, some were complete enigmas, while the others were more or less plain in spite of additional hair on lips and cheeks and "subtractional

hair" on heads. The gentlemen were not in the secret originally, and their amazement when the pictures were let out of the bag was one of the funnlest parts of the fun.

A married woman has been complaining that because she lives in town she sees less of her husband in ten years than her country sister does in three. From a carefully kept record, it appears that her husband spends only forty-three hours a week with her against seventy which her country sister secures. Of course, town life does leave little time for mutual companionship, but on the other hand it gives little opportunity for mutual boredom, which is an advantage when the man discovers after the wedding that he has sworn to love and cherish the wrong weman.

Canopied beds are being regarded with much disfavor from a sanitary point of view; in particular those high post ones whose close curtains make an almost air-tight chamber for the sleeper. Even the dainty lace draperies which add to the grace and freshness of mademoiselle's pretty brass or maple couch can be dispensed with with wholesome results. Our small apartments, overheated houses and tendency to stay indoors if the weather is not bright, all these need the counteraction of plenty of pure air at night, a condition to which every additional fold of drapery is a bar.

A typewriter employed in the office of a prominent real estate firm in St. Paul has such accurate knowledge of the realty of the city that she is often consulted in preference to her employers. One of the firm said that if she were a man he would be the office boy himself, so great is her ability; yet she receives the regular typewriter's salary. Another woman in the west has for fifteen years conducted a large insurance business for the regular agent. He receives the agent's profits, she a meager salary. Men clerks and stenographers claim that their chief rejuctance to women entering these different lines of business is that the women reduce the salaries paid, not because of their number, but because they are too easily satisfled with small pay and are not ambitious enough for promotion.

I made one New Year's call, says Murat Halstead. It was on Mrs. Henry Ward Beecher, who is now 80 years old. and bright-eyed as a girl. She is full of womanly charm, and her memory is clear as a crystal. She is an institution in Brooklyn, respected and loved on her own account, as well as in regard for the memory of her husband and deference famous name. There is no happier and brighter example of beautiful and gracious old age.

The fashion that says slippers and stockings must match evening gewns means an expenditure undreamed of by the woman who considered black satin slippers and silk stockings the height of gance to be worn with any costume. The slippers of today are daintier than they have been in years. Suede, which was for a time so popular, has now given place to satin in delicate tints, ornamented either with ribbons rosettes or fine embroidery of tiny beads.

The Latest Styles.

Very large gold buckles are shown for millinery use. These are placed on the front of the hat in the middle of a large

The newest Russian blouse is made of silk in very light colors, and some rather startling effects as shown in velvet of the Royal Stuart plaid.

Some of the newest dress and cape trimmings are composed of imitation otter or astrakhan. Russian embroid-

eries are also copied. A popular millinery material is of felt. on one side and velvet on the other. These are made together and have the

ppearance of a single fabric. Special attention is given to dressy neckwear. Lace and fluffy collars, collarettes, plastorns, fichus and the like are worn with plainer dresses.

Among the silk novelties are goods with rough surface in bourette fashion. These are covered with little knots and dots of brighter colors than the ground. Some new trimmings are made with drops made of strands finished with

small disks of metal, also with sequins and fancy-shaped drops of various sorts. The woman's dress reformers admit that the girl with her waist drawn in like a wasp's is dressed to kill, but they add that the form the killing takes is suicide.

Very large handkerchiefs or mufflers of tinted silk or white or black are worn inside of cloaks around the neck, as the color rubs off from fur to the disfigurement of dainty throats and faces.

Candy and bonbon baskets are a fashionable caprice, some of them being enormously expensive and so frail as to make one wonder whether they will get their contents safely to their destination. Lace is much used on winter hats and

bonnets, especially black, white and ecru guipure combined with jet. Narrow bebe ribbon rosettes in tricolor are also liberally employed. Soft ostrich tips are curled over the crown and brim of new French hats.

A new petticoat is of colored silk with trimming of black lace and black velvet ribbon cut into tiny points and sewed on so as to fall over the lace or droop from beneath it. A series of rosettes or shells made of lace and velvet is one of the newest trimmings.

Bracelets are worn above the elbow this season, a rather unusual custom, but pronounced decidedly effective, particularly with empire gowns. Many of the bracelets are plain bands of gold; others are in the form of a snake, and consist of two or three coils of gold or precious stones.

One of the new dress skirts is called the abat-jour, or lamp-shade skirt. It is not at all pretty; on the contrary, it has a very antiquated appearance, trimmed with four valances mounted almost flat and set on the skirt about four inches apart. Underneath the lowest valance a black lace frill simulates an underskirt, falling slightly gathered all

around. Among the stylish fancies for youthful wearers for the early spring-gowns upon which the dressmakers are already work-are double-breasted round waists of plain cloth or velvet, in colors of blue, golden brown, dahlia, or myrtle green; with plain cloth skirts lapped on the left side and buttoned about half a yard down.

Dressy house gowns are made of plain French camel's hair, with simple round waists, having immense corded silk bretelles, that cover the shoulders and are graduated to a sharp point at the The large Empire sleeves seem pushed up in soft folds above the very close coat sleeves, made of frabric maching the skirt. The puffs match

the bretelles. Charming pelisses for bables are made of soft white diagonal cloth in quite a plain straight shape, with full collars and cuffs of white Mongolian goat. Cream and white linen canvas make up into pinafores which wear for everlast-Brown holland and colored prints ing. form really serviceable overalls for nursery wear, and should be made in a smooth shape and can be worn with or without a sash.

They were talking of the vanity of women, and one of the ladies present sale by druggists.

undertook a defense. "Of course," she said, "I admit that wearen are vain and men are not. Why." she added, with a glance around, "the necktie of the handsomest man in the room, is even now up the back of his collar." sAnd then she smiled-for every man present had put his hand up behind his neck

Indian and Persian designs are seen on soft silks and cashmeres, which are admirably suitable for the new empire flowing robes. A novelty in Paris is a dark purple colored elegal, e. crossed horizontally with gold or bright metallic green. The velvet sleeves are of the color of the horizontal stupe. Chenille is indeed a novelty as a dress material, but we have had it in shawls, why not in dresses?

The buckle in silver, gold, filigree, jet, or jewel set, is a favorite ornament of the hour. It is worn on bonnets and hats in moderate sizes, likewise fasten-ing belts and sashes in Empire form, calling in this case for a buckle that is very long, and which is usually pointed at each end. It is also seen upon the new draped evening skirts, wherever a bit of caught-up or folded textile offers the slightest pretext for a clasp.

A preference for dark rich colors is this season noticeable, even in evening dress, although soft delicate tints are not wholly abandoned. A beautiful contrast is thus the result. Rose color, green in corded silk that is almost black, and often made up with ruches, revers and full sleeves of richly plaided velvet; deep violet, magenta, nasturtium brown and Russian blue are the favorite shades Some of these dyesappear among stylish gowns for dinner and visiting wear. Smoothfaced cloths are used, but reps, velours, diagonals and boucle woolens

are considered a degree more stylish.

Black silks and satins are again very fashionable and a very efficient way of freshening dresses of this description that have been for a time laid aside is to introduce vest, sleeve-puffs and panel of mauve, ecru or cream-white Bengaline or Ottoman silk, striped with fine narrow cut-jet gimp. This gimp can be put on either in horizontal or diagonal lines, as best suits a tall or short figure. Green velvet sleeves and revers is another popular mode of freshening a black

What Women Are Doing.

The widow of Richard A. Proctor, the astronomer, is to be curator of the Proctor memorial observatory at San Diego

Her numerous friends will be pleased to hear that Annie Rooney has been ap-pointed to a clerkship in the office of the eretary of state in Michigan,

The Boston cooking schools for girls turned out 1,800 graduates last year, but nothing is said of the percentage of those who can grid a steak or boil a potato.

Miss Mary Martin of Nashville is a prominent candidate before the Tensee legislature for state librarian. The women are coming to the front all along the line.

Mrs. Mary U. Sturgis, jyho died in Kansas City last week, 84 years of age. was a noted army nurse during the war and associated for a long time with 'Mother" Bickerdike.

Governor Lewelling of Kansas is a delicate satirist. He is to appoint Mrs. Lease on the state board of charities. Charity should begin at home and Mr. Lewelling hints that Mrs. Lease should tay there.

Lucy Stone says that the women of America ought to do something gener-ous for the relief of anfortunate Anna E. Dickinson while she lives and not walt to expend their money on a monument to the memory of the heroine of war times.

Mrs. Emma P. Ewing of a New York sanitarium claims that she has fed fifty students at the rate of 9 cents a meal, and furthermore avers that the meals were good and the students grew fat on them. The students have not been heard from.

Mrs. De Granville Knox, who traveled all over the world and was for many years connected with Barnum's show as the strongest woman on earth," is reported dying at her home in Danbury Conn. She has a record of lifting 1.500 pounds dead weight.

Miss Anna Gould, the youngest daughter of Jay Gould, is being educated at a young ladies' university at Ogontz, near Philadelphia. Miss Anna is affectionate to her intimate classmates and courteous to every one about the school. She has a taste for music and drawing.

Miss Emma Monahan of St. Louis has written 9,100 words on the old style postal card. She did the work without a magnifying glass and with a common lead pencil. Every line and word of it is legible through a glass, and a part of it plain enough to be read by the naked

Miss Delia Maloney, the organizer of the Lady Gotham Association for women who work on linen goods, has done a great deal to improve the industrial condition of the 7,000 women of that class in New York city. They held a convention at Florence hall in the metropolis a few days ago.

With the Housewife. Eggs covered when frying will cook

more evenly. A heated knife will cut hot bread as smoothly as cold. When sponge cake gets dry it is very

nice cut in thin slices and toasted. A little flour dredged over the top of a cake will keep the icing from running. To purify the air of a newly painted

room put several tubs of water in it, and it will absorb much of the odor. A large slice of raw potato in the fat when frying doughnuts will prevent black specks from appearing on their

surface. Sweet oil will clean bronze: it must be well rubbed with a brush into all the crevices, then rubbed off thoroughly with a brush.

The best way when hot grease has been spilled on the floor is to dash cold water over it, so as to harden it quickly and prevent its striking into the boards. To destroy ants soak pieces of a sponge in sugar and water and place on the

shelves. When the sponges are filled with ants, which will be in about an hour, drop them into a bucket of boiling water. Ingenuity is always busy with little divices to ornament the dinner table. The latest novelty is a corrugated paper collar to cover the burned edges of pud-

ding dishes. It will fit any size, and make pretty for the lable the dish that comes hot from the oven. Pie plates that have been much used for baking are apt to impart an unpleasant taste to pies, which is owing to the lard and butter of the crust soaking into them and becoming rancid. It may

be removed by putting them in a brass kettle, with ashes and cold water, and boiling them an hour. It Took Trouble, But He Got It. About two or three months ago I pur-chased from you a bottle of Chamberlain's chased from you a bottle of Chamberlain's Cough Remedy, put up in Des Moines Ia. Such good results were obtained from its use that I enclose \$1.00 and ask you to send me two bottles by express. J. A. Scriven. IS E. 15th street, New York City. To H. H. Lane, druggist, Peekskill, N. Y. Mr. Scriven is president of one of the largest shirt factories in New York and widely known in business circles. When troubled with a cold, give this remedy a trial, like Mr. Scriven, you will want it when again in need of such a medicine. 50 cent bottles for sale by druggists. Next Boor to Postoffine.

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All sorts of stores sell it, especially druggists; all sorts of people use it.

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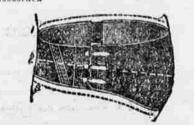
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Very truly yours, CHARLES H. KING.

Prof. Hale, Chicage University, writes to the Chicago Herald, Sept. 18, 1892;
Corpulent men should bay some attention to reducing their weight. When a man is troubled with rheumatism, dyspepsia, kinney trouble or nervousness the reducing of weight is slower, until the Obesity Pilis have cured the disease that caused obesity. The pills soften and beautify the skin of the face.

I am at linerty to cite a case in point. Undormy advice Mr. Armour used an Edison Obesity Band and Sbottles of Pilis and lost 29 pounds in tweeks. Other patients in ye been equally in 6 weeks. Other patients have been equally rucessfuck



Lieut. G. A. Scorr. Revenue Cutter Humlin, writes to the Correspondence Department of the New York Sunday World:

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