

What's in a dream: Analyst Karen Brown will define the most common of all night scenarios in Opinion/4

Kimani Friend is getting to know the Devaney Center bench in Sports Tuesday/10

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Academics party's priority

■ One Party aims to supply students with information to help them make accurate decisions concerning classes.
BY LINDSEY BAKER

Support for controversial online teacher evaluations and detailed class descriptions topped the One Party's list of priorities at its candidacy announcement Monday.

The evaluations would provide students with sufficient material to make accurate academic decisions, said junior marketing and pre-law major Jaron Luttich, the One Party's presidential candidate.

"We want to make sure professors are doing what they're supposed to be doing in class," he said.

Luttich also said the evaluations, along with class descriptions detailing course material and work requirements, would ensure that students choose the right classes.

Psychology professor Dan Bernstein said he supported student

ratings of courses but did not support teacher evaluations.

"The way we do ratings right now I do not think is very accurate," he said. "We (should) focus more on what students are learning."

Luttich said he hoped the university-controlled Web site for teacher ratings would give students ample opportunity to provide input, as opposed to creating their own independent, and possibly slanderous web sites.

Luttich said the Association of Students of the University of Nebraska could afford to play host to an evaluation Web site up; the cost, he said, would be about \$10,000 a semester.

Luttich and his first vice-presidential candidate, senior English major Melanie Mitzel, stated additional issues, including increasing the efficiency of the ASUN, putting funds raised through the ASUN Foundation toward academic scholarships, reforming ASUN elections and implementing online graduation checks for all colleges.

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Luttich said by moving the ASUN legislation announcements from Tuesdays at noon to Mondays at noon, students could have more time to contact senators about issues. He also said the Daily Nebraskan could have a chance to preview legislation, giving students another chance to stay informed.

Money from the ASUN Foundation, an organization that solicits funds from ASUN alumni, would go toward scholarships based

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Junior marketing and pre-law major Jaron Luttich of the One Party announces his candidacy for ASUN president Monday afternoon in the Nebraska Union.

Jennifer Lund/DN



Junior accounting major John Matzen displays his e-mail address for students who want to contact him about their student government concerns. Matzen announced his candidacy for ASUN president Monday afternoon.

Using chicken as a party platform

■ Independent candidates mix student's need for poultry with their plan to bring the 'three i's' to student government.
BY KIMBERLY SWEET

ASUN presidential candidate John Matzen hopes to woo student voters with thoughts of a warm, crisp Southern delight – a Chik-fil-A sandwich.

But once he woos them in, Matzen plans to inform voters of his more serious plans – the ones he hopes will prompt students to elect him the next president of the Association of Students of the University of Nebraska.

Matzen, a junior accounting major, announced his candidacy along with running mate Holly Flanagan Monday afternoon at the Nebraska Union. Sporting a stuffed monkey around his neck in place of a tie, Matzen began his first stump speech by bemoaning the lack of a Chik-fil-A franchise restaurant in Lincoln.

"I feel UNL's chicken needs are not being met," Matzen said. "There's KFCs and Popeye's in town, but they are not tailoring to our needs."

After initial laughter from the audience, Matzen told students of his "Three I Plan" to bring students to student government. Students need to be interested, involved and informed, Matzen said.

Matzen and Flanagan, a sophomore deaf education major, are running independently with no second vice-presidential candidate or senators on their slate.

To accomplish their goals of informing the student body, Matzen proposed a weekly Daily Nebraskan column written by the president. Instead of hearing only about the big actions student body presidents take, a column would allow the president to tell about the daily grinds of the job and any accomplishments.

Other than that, Matzen said after his party announcement, he hasn't formulated too many ideas for the office yet. But he hopes the Chik-fil-A idea will bring some initial attention.

"The Chik-fil-A idea is kind of the hook," Matzen said. "Every candidate's going to make the promise to change the way student government is run. Until you get elected, you don't really know what you can do."

Despite their status as independent candidates, Matzen said that didn't change the level of seriousness he and his running mate were looking at this election with.

"I think with the debates and stuff (students) will find out I'm serious. There are a lot of good things I can contribute, but they need to know life is too short to take it too serious."

Matzen said he wanted to run to get his – and his friends' – complaints heard.

"The friend group I hang out with, no one is involved, but they like to sit around and complain about what's wrong," he said. "I want to try to get some ideas of my peer group heard."

Flanagan, his running mate, is Matzen's friend. She was not present. Matzen said that

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Gambling fears circle proposal

■ An amendment that would allow gaming on Indian reservations is disputed by anti-gambling groups.

BY GWEN TIETGEN

For American Indians, the constitutional amendment to permit gaming on Indian lands is an opportunity for economic development and a right of sovereignty.

For groups opposed to gambling, such as Gambling With the Good Life, the proposed amendment opens the door to crime, abuse and bankruptcy.

The proposed constitutional amendment from Sen. DiAnna Schimek of Lincoln heard testimony Monday. Similar legislation was heard last session.

Schimek, who opposed the amendment last year, said she now knew how important gaming was as an economic tool for tribes.

"These tribes have sovereignty status, and we need to acknowledge that fact," Schimek said.

LR6CA would prohibit the state from regulating gaming on lands within the limits of Indian reservations or trust lands of the tribe.

If passed by the Legislature, the constitutional amendment would then be taken to Nebraska voters.

But gaming on Indian lands must be in accordance with the Indian Gaming Regulatory Act of 1988, a federal law.

As written, LR6CA doesn't agree with federal law because it limits Indian lands, outside of Indian reservations, to Knox and Boyd counties, according to Pat

Legislature

Loontjer, director of Gambling With the Good Life, who testified in opposition to the proposed amendment.

Loontjer said she didn't want to see the problems in Iowa, one of several states that allows gaming, come to Nebraska.

Iowa's bankruptcy is among the highest in the nation, Loontjer said, and Council Bluffs has the highest crime rate in the state.

"A few will profit at a loss of money. The only one that wins with this amendment is the (casino)," she said. "Everyone else suffers from bankruptcy, divorce and abuse."

Loontjer said the expansion of gambling would bring another vice to the reservations – gambling addiction.

"We have nothing against the Indians, we have fought this before and just think it's wrong," she said.

Each of Nebraska's four Indian tribes, the Winnebago, the Santee Sioux, Omaha and Ponca tribes, testified in support of the amendment.

If gaming were allowed, 25 jobs would be created on Indian lands, said Thelma Jones, a member of the Santee Sioux Tribe of Nebraska.

Currently, a 70 percent unemployment rate exists on Indian lands, Jones said, which leaves little money to purchase other items for the community.

These items include shoes and winter coats for children, money for the upkeep of cemeteries or the Jaws of Life for reservation hospitals, among other

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Despite beliefs, binge exercising won't result in weight loss

■ Students who will try to shed those extra pounds in a short time should think again.
BY SARAH BAKER

Before the plane destined for a sultry spring break getaway takes off, many UNL students will go on a different sort of binge – an exercise binge.

The pressure to have the perfect thong bikini body or the cut six-pack stomach means the Campus Recreation Center sees a large increase in frantic exercisers – an increase of more than 13,000 over the next month.

But there's a problem with such furious fitness, said Christopher Dulak, a spokesman for the Rec Center.

"We have a regular clientele – people that we recognize every week – and then near the end of February we start seeing people coming in every day that we've never seen before," he said. "Those are the people who are out to achieve the perfect body in two weeks."

Dulak said in January 1999, 58,500 people entered the City Campus Rec Center. In February 1999, 71,700 people entered the City Campus Rec, an increase of 13,200.

He said this year's influx will

probably start around February 26 and continue through the weekend of March 10 – the weeks right before this year's spring break.

Karen S. Miller, a registered dietitian at the University Health Center and Rec Center, said students – especially women – embark on furious workout regimens for a number of reasons.

But it's not only women, she said. Men, too, feel the pressure to conform to a standard of perfection.

"We are bombarded with images of what we should look like," she said. "There's no good way to drop weight quickly, and

there's no healthy way to reshape the body. Those are myths."

Meggan Peters, a senior management information systems major, said although she had never embarked on an exotic spring break trip, she was well aware of body image pressures.

"If I were going to Cancun or South Padre for break, I'd try to work out," Peters said. "But then again, maybe that's why I've never gone anywhere like that."

Carly Reese, also a senior management information systems major, said she thought television programs such as MTV's Spring Break special perpetuate the perfect body stereo-

"If I were going to Cancun or South Padre for break, I'd try to work out. But then again, maybe that's why I've never gone anywhere like that."

Meggan Peters
senior management information systems major

type. Both Reese and Peters agreed that the pressure was much stronger for women.

"I don't know any guys who worry about (weight). They just wear a T-shirt," Peters said. "But I know girls who go tanning months in advance."

Angela Nichols, a senior secondary education major, said she didn't work out before she went on her spring break trip to Mexico.

Mike Schulte, a junior con-

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