

# In-state rival Jays may be tougher foe

BY LINCOLN ARNEAL

There has not been much anticipation in recent years for the Nebraska women's basketball team with in-state rival Creighton. During the past five seasons, NU has defeated the Bluejays by an average of 15 points.

However, it may be a different story this year when the Huskers travel to Omaha on Sunday.

"Creighton is starting out with a great season," senior guard Amanda Went said. "They work hard and have great players. I think it will be a good game."

Creighton (2-1) has gotten off to a fast start this year. After defeating Southern California and Tulsa, the Bluejays suffered a 74-71 loss to No. 8 Iowa State.

Sanderford said: "It is surprising that Creighton played (Iowa State) that well on the road in Ames in front of 10 or 11,000 people."

"Despite its lack of height, Creighton has used other areas of the game."

"They don't have tremendous size, but they take care of the basketball and shoot the ball well," Sanderford said.

One factor that may hamper the Huskers is an injury to Shahidrah Roberts, who sprained her ankle in practice on Sunday. She did not dress in Wisconsin's 74-64 defeat of NU and is questionable for Sunday's game.

"Shahidrah adds so much to

our defensive basketball team," Sanderford said. "We missed her athleticism, defensive ability and rebounding (against Wisconsin)."

The Huskers will have another challenge defensively as they try to stop the Bluejays' Angela Timmons, who has averaged 20.7 points per game. Nebraska looks to bounce back from the Wisconsin loss by coming out of the gate strong against Creighton.

The Badgers jumped on the Huskers early by taking advantage of errors on the defensive end, leading to a 45 to 27 half-time deficit for NU. Sanderford doesn't want that to happen again.

"We have to cut down on defensive mistakes and be ready to play from the get-go," Sanderford said.

If NU does struggle as it did against Wisconsin, the Huskers may look for leadership from an unlikely place - freshman K.C. Cowgill. She played a key role in the Huskers' late-game comeback against Wisconsin, scoring 10 of her 12 points in the second half.

"Cowgill has impressed me," Went said. "I didn't expect her to be so vocal (as a freshman) ... she gets on people and gets people going."

The 2:05 p.m. game will be broadcast on NETV, channel 12.

Creighton is a good basketball team," Coach Paul Sanderford said. "I think that this game will be good for basketball in the state of Nebraska."

# Four Huskers on AP All Big 12

FROM STAFF REPORTS

Four Cornhuskers have been named to The Associated Press All-Big 12 first team, and one of those Huskers, center Dominic Raiola, also was named as a finalist for the Outland Trophy.

Raiola, guard Russ Hochstein, tight end Tracey Wistrom and linebacker Carlos Polk were named as first-team honorees when the writers announced their ballots Thursday. Wistrom, Raiola and Polk were honored on the coaches' All-Big 12 team earlier

this week.

Raiola, who has earned All-American honors with three organizations and is already up for the Lombardi award, is one of three finalists for the Outland Trophy, given to the nation's best interior lineman.

Raiola anchors an offensive line that has paved the way for Nebraska to lead the nation in rushing for the 14th time in the past 38 years.

Seven previous Nebraska linemen have won the Outland, the latest being Aaron Taylor in 1997.

# Destination Texas: Swimmers go on road

■ At the meet, nine of 11 men's teams and 11 of the 14 women's teams are in the top 25.

BY TOBY BURGER

It may not be the second coming of the Alamo, but the NU swimming and diving team is entering a battle going into the Texas Invitational this weekend.

The Husker are traveling to Austin, Texas, for the Friday through Sunday invitational. The battle will come against some of the top men's and

women's programs in the nation. Headlining the weekend will be both the men's and women's number one teams, Texas and UCLA respectively.

But the focus for interim head coach Paul Nelsen isn't the top-ranked teams.

"The focus is going to be an individual focus with a team presence," Nelsen said.

A team presence is going to be needed on both sides as nine of the 11 teams on the men's side of the invitational are in the Speedo/CSCAA Top 25. The women's side offers up 11 of the 14 competing teams in the top 25 also. The NU men are currently 25th while the women are

22nd. Nevertheless, Nelsen is expecting quality performances from his swimmers and divers because of the level and the intensity of the meet.

"We totally expect to see some people have season-best times," Nelsen said. "And we total expect people to come in there and do just that."

Both teams are coming of successful performances at the Husker Shoot Out and the Sprint Classic. The women claimed both titles. The men weren't as lucky. They took home the Sprint Classic title, but fell narrowly short in the Shoot Out and settled for second.

While those meets are behind them, they are still striving to be better. If the team and individuals do succeed and improve, Nelsen said, it will be in large part because of NU's interim assistant coaches: Jeff Bro, Doug Humphrey and Jon Haggerty.

"Had it not been for them and their preparation we wouldn't be here," Nelsen said. "I certainly wouldn't be a wreck."

The preliminaries start at 10 a.m. Friday and Saturday and 9:30 Sunday.

Finals follow the morning sessions at 6 p.m. Friday and Saturday night and 3 p.m. Sunday.

# Scrimmage starts season

FROM STAFF REPORTS

Tonight, the Nebraska women's gymnastic team will begin their daunting task of following up last year's stellar performance by competing in an intrasquad scrimmage at the Bob Devaney Sports Center.

The 7 p.m. scrimmage will showcase seven letter winners from last year's team, including All-Americans Amy Ringo, a senior, and sophomores A.J. Lamb and Julie Houk.

The returning Cornhuskers were part of one of the most decorated teams in school history. NU finished the season with a 25-5 record and the school's first regional championship since 1983.

During the season, the Huskers were ranked as high as third in the country.

The biggest task for NU Head Coach Dan Kendig is to fill the shoes of last year's two-time NCAA champion Heather Brink.

The anticipated return of sophomore Bree Dority O'Callaghan, who missed last season with a knee injury, should provide the Huskers with added depth. The scrimmage is being offered free for the public to gain support for their upcoming season that begins Jan. 5 at the Maui Invitational in Hawaii.

# Bradford plays game with consistent power

BRADFORD from page 10

But he kept on trucking.

"It was kind of frustrating when you go out there and work so hard, and you come out of the game with 18 points and 12 rebounds, and you're still getting dropped by 25," Bradford said. "I had to ask myself why I was doing this."

Like most of the team, this year is a totally different story for Bradford and his attitude.

"I feel like a little kid again," said Bradford, who had his own "Dawg Pound" in the student section last year.

Bradford's teammates have raved about his dedication to getting better over the summer, and he said he increased his vertical by at least two inches - leading to four dunks already this season.

The 6-foot-6 Bradford said the mental growth of his game has led to more throw-downs - something he struggled with at

times in the 1999 season

"Dunking is all about being focused," said Bradford, who added that dunking a basketball is not as easy as many think

Conquering obstacles such as the transition from Compton Community College to Division I basketball is something that Bradford has taken in stride

Bradford's next transition into the pro ranks may be a tougher one but one that he is ready to take on.

Bradford said he, Ffriend and Cookie Belcher have a chance at making it to the next level.

"Everybody likes a big man that can run the floor and they like Cookie because of his defense," Bradford said.

One thing must happen first - they must win in the college ranks, he said.

"If you want to get recognized, you have to win," Bradford said. "You do that and you write your own checks."

# NU battles Pittsburgh

HOOPS from page 10

Pittsburgh with a 2-1 record, has shot 56 percent as a team from the field this season. Collier said the hot shooting has opened up holes for the crowd-favorite alley-oops.

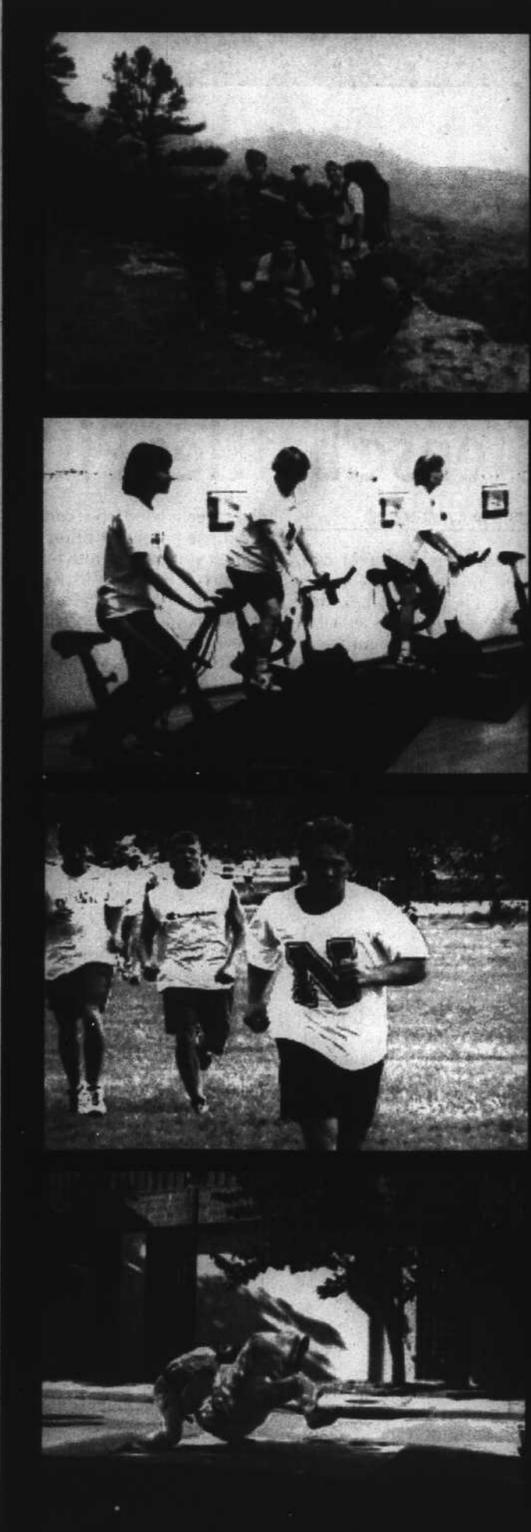
"Some of that stuff like the lobbs and dunking the ball are just out of situations that develop during the game," Collier said. "You have a choice. You can take away one thing or another and our guys are aware of that."

"With the shooting percentage as good as it is for us right now, it is tough to get everything covered."

Pittsburgh (4-0) will try to stop NU's display of Phi Slamma Jamma and avenge last season's 69-57 loss with an inside attack that consists of Ricardo Greer, who is averaging 17.5 points per game.

**Husker Notes:**  
Collier said point guard Kevin Augustine, who was held out of NU's first two games and played in only two minutes of the Winthrop victory because of a groin injury, probably will not play against Pitt.

Former Husker Chad Johnson is averaging 9.3 points per game in his first season with the Panthers after transferring two years ago.



# @ CAMPUS RECREATION UNIVERSITY OF NEBRASKA

December

### Intramural Sports

- Bowling Tournament (M-W), Dec. 1 & 3. Pre-qualification and training.
- Spring 2001 Basketball (M-W).  
Registration: Dec. 5 - Jan. 11
- Spring 2001 Basketball (M-W).  
Registration: Dec. 5 - Jan. 16
- NCAA Hockey Football Bowl Practice.  
Registration: Dec. 6 - 15

### Fitness & Wellness Services

- Diet & Body Composition Testing: Dec. 6 (2-3pm) - CREC Weight Training & Conditioning Room.
- Diet & Cycling Clinic: Nov. 5, 12, 19, 26 (9am) - CREC.
- Allocated Fitness Schedule throughout December. No Fitness Classes Dec. 2, 9-10, 16-17, 23-31. Schedules will be posted in CREC and ECAB.
- Free fitness classes: Dec. 11 for a non-permanent head orientation.
- Fall FICards expire Dec. 31.
- Short on time, but still need a great workout? Try the Super Circuit Weight Training Room. Complete a cardiovascular and circuit workout in as little as 22 minutes. To begin, attend a scheduled orientation session during the week or have a drop-in orientation on the weekend. Orientation times are posted outside the Super Circuit Room (Basketball Court #11) or call 472-3465.
- Sign up for a Weight Room Orientation. A trained staff member will help you learn more about the features of the equipment, its proper use, and its purpose in your training regimen so that you may achieve the best possible results.

### Outdoor Recreation

- Indoor Climbing Wall Safety Classes - Level I will be held Dec. 2 (2-30-5pm), Dec. 5 (6-8-30pm), Dec. 7 (4-6-30pm), Dec. 12 (6-8-30pm), and Dec. 14 (4-6-30pm). Level II will be held Nov. 15 (6-8pm) and Dec. 6 (6-8pm).
- Join Outdoor Recreation on a 2001 Adventure Trip! Register now for these destinations: Colorado Ice Climbing Festival (February), Wilderness First Responder Medical Course (Spring Break), White Rocks NM Rock Climbing (Spring Break), Grand Canyon Backpacking (Spring Break), Blue Mountains Rock Climbing (April), Elkhorn Canoe (April), Veehwaug WY Rock Climbing (May), Grand Canyon Backpacking (May). For details, visit Outdoor Recreation and call 472-4777.
- Australian Expedition with Outdoor Recreation! Explore the continent of Australia on a 45-day adventure trek May 31-July 15, 2001. Registration deadline is March 15, 2001. Visit Outdoor Recreation for registration and price.

### Instructional Programs

- Pre-registration recommended.
- Register now for Spring 2001 classes and camps. Classes include Yoga, Tai Chi, CPR, Golf Lessons, Fly Fishing, Lifeguard Training, Belly Dancing, Balance Training, Country Dance, Adult Swim Lessons, and more!

### Family & Youth Programs

- Registration is open for spring sessions of Children's Swim Lessons. Session III will be Jan. 20-Mar. 10 (Sat. 9-10am) - Maple Leaf Hall, Park & Lewis Hall.

### Job Opportunities

- Openings Available! Campus Recreation is currently hiring students for the Spring 2001 semester. Openings include Office General, Haven Road's Lifeguard, East Campus staff, Outdoor Recreation Climbing Wall Assistants, Weight Room staff and Fitness Instructors. Intramural Officials will be hired (open in Spring 2001). Schedules are flexible. Applications are available at the Campus Recreation Center and East Campus Activities Building.

### Winter Break Hours

Dec. 15 - Jan. 7, 2000

#### Campus Recreation Center

Friday (12-15)	6:15 am - 9:00 pm
Saturday (12-16)	9:00 am - 6:00 pm
Sunday (12-17)	11:00 am - 6:00 pm
Monday - Friday (12-18-22)	7:30 am - 8:00 pm
Saturday (12-23)	9:00 am - 4:00 pm
Sunday - Tuesday (12-24-26)	CLOSED
Wednesday - Saturday (12-27-30)	7:30 am - 7:00 pm
Sunday - Monday (12-31-1-1)	CLOSED
Tuesday - Friday (1-2-5)	7:30 am - 8:00 pm
Saturday (1-6)	9:00 am - 6:00 pm
Sunday (1-7)	11:00 am - 11:00 pm

#### East Campus Activities Bldg.

Friday (12-15)	6:30 am - 6:00 pm
Saturday - Sunday (12-16-17)	CLOSED
Monday - Friday (12-18-22)	11:00 am - 7:00 pm
Saturday - Monday (12-23-1-1)	CLOSED
Tuesday - Friday (1-2-5)	11:00 am - 7:00 pm
Saturday - Sunday (1-6-7)	CLOSED

Campus Recreation attempts to fulfill all published activities and schedules. However, changes may occur. Registration and program fees may be associated with activities. Please contact Campus Recreation for details.

<http://www.unl.edu/crec>



For Information visit the Campus Recreation Center and East Campus Activities Building or call 472-3682 (24 hr. INFO-REC) 472-3467 (CREC) and 472-2479 (ECAB). Flyers and brochures for activities and programs are available at both locations. Campus Recreation attempts to fulfill all published activities and schedules. However, changes may occur. Registration and program fees may be associated with activities. Please contact Campus Recreation for details.