

Forum to examine language, violence

By Margaret Behm
Staff writer

A roundtable discussion tonight in the Nebraska Union will focus on how language can affect violence against women.

Holly Bahl, outreach coordinator for the Women's Center, said people need to be educated about how words can contribute to violence.

"I think it's important for us to have knowledge of the meaning and effect of the words we use," said Bahl, a graduate student in counseling and psychology.

People don't always know the words they use can lead to violent situations, Bahl said.

"Sometimes we don't realize how much power the words we say can have," she said. "Violence is a continuum, and language is a part of that. Language is powerful."

Mark Bartek is a member of Prevent, a student organization that works to curb violence against women.

Bartek said if people changed the words they used, their actions would change, too.

"The way people talk shows the

way they think," said Bartek, a senior communication studies major. "If you change the way people talk, it affects the way people think, which affects how they act."

Language can also be used to abuse others without physical violence, Bahl said.

"People can use language as a tool to abuse someone mentally," Bahl said. "So we're going to look at how people use language and don't realize the effect."

One way language can be abusive is when it's used to label or hurt people, Bahl said. For example, there are many words that degrade women.

"I think you could ask anyone, and they would name at least 10 words that are degrading to women," Bahl said.

The discussion will start at 7:30 p.m. Faculty and Prevent members will be present to answer questions and engage students in discussion.

Bartek said he wants the discussion to motivate people to make positive changes.

"Maybe it will make people realize some of the issues that are going on in this campus and around the world," he said. "Hopefully, they'll want to get involved and make a difference."

CEO to speak at Selleck

By Raymond Rinkol
Staff writer

If your life lacks the basic structure that would otherwise help you to realize your career goals, you may want to listen to how one woman worked through this problem.

Veretta Garrison, the CEO of Garrison Brown Spencer Consulting Services, an intercultural communications and marketing firm in Connecticut, will present "The Me Corporation" in the Selleck Quadrangle Private Dining Room on Friday at 11 a.m.

Garrison has been featured in USA Today and has appeared on Eyewitness News on NBC.

Clifford Moeller, a former business associate of Garrison's and now a senior communications major, recognized the significance of Garrison's "The Me Corporation."

He said he wanted to give back to the community by exposing Garrison's profitable message to the students.

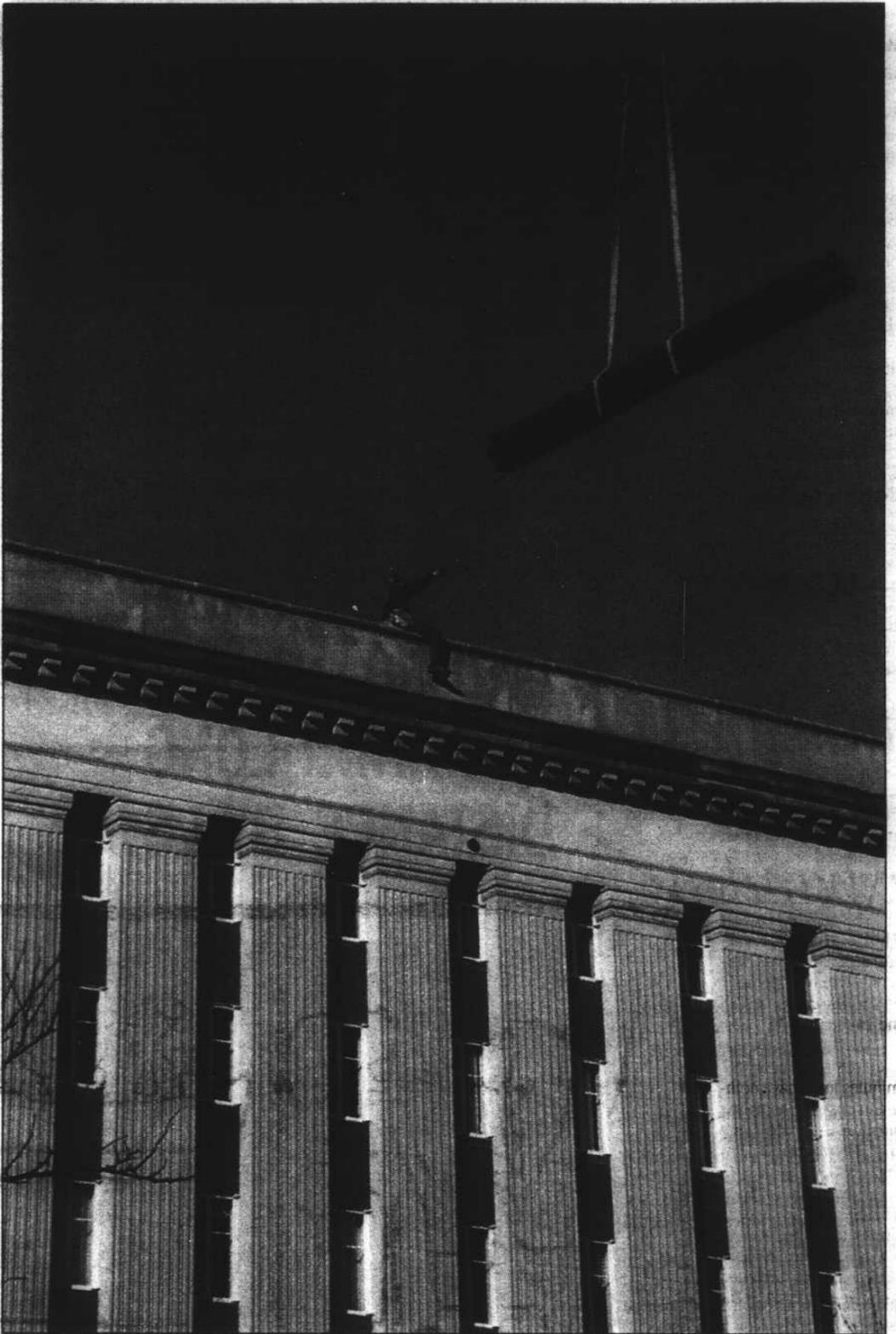
"The Me Corporation" promotes an innovative way of viewing yourself - as a business - which will provide a clear map to success, Garrison said.

By viewing yourself as a business, she said, you will be able to clearly evaluate opportunity costs, which means looking at the pros and cons of each circumstance.

By doing this, she said, you will be able to more easily determine what route is most beneficial to take while working toward your goal.

Garrison then reasons that by involving yourself in activities that are relevant to your goal, you will acquire the skills, experiences and knowledge necessary to give you a distinct edge in the competition as you market yourself to the world.

Up on the rooftop



Sharon Kolbet/DN

UNDER A CLEAR, blue sky, workers continue renovations on the southern section of the Love Library rooftop Tuesday. Snow showers are expected today and Friday, but temperatures will climb to the 60s by Monday.

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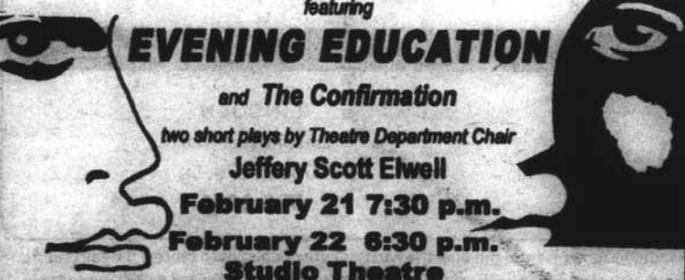
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