Gymnasts battle Penn St.

After road defeats, the NU gymnastics team is ready to come back.

> By JOHN GASKINS Staff writer

A dual with the top-ranked team in the nation and the leading national championship-winner in NCAA Gymnastics history has come just at the right time for Nebraska gymnastics Coach Francis Allen.

The No. 8 Huskers will face Penn State in a double men's and women's dual at the Bob Devaney Sports Center at 1 p.m. Sunday. Allen said his team will be ready, if not pumped, to take on the Nittany Lions after two straight road defeats.

The Huskers started the season 7-0, capped by a victory in their last home meet, three weeks ago against No. 3 Iowa. Since then, NU took a tough, three-point beating at the hands

W.C.'s

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of No. 6 Oklahoma, then were clipped at No. 9 Brigham Young by .05 points.

"We thought we had won that one," Allen said. "We performed well enough to. We were closing in on them fast. So we're not too worried about this weekend."

But in the backs of their minds, the gymnasts know what kind of challenge is on their hands. Penn State beat the Huskers last year 231.15-230.05 in a shoot-out at State College, Penn. Penn State and Illinois are the only two schools that have won more national championships than Allen and Nebraska (both with 9 to NU's 8).

Separating the two teams are 17 NCAA team titles and 80 individual NCAA titles, but Allen said this year everything is up for grabs.

"I don't see a dominant team in college gymnastics this year," Allen said. "If there is one, I'd like to see them. I believe we're just as bit as good as they are, and this weekend,

The Nittany Lions are ranked in the top seven in every individual cate-

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five of six. NU's leading all-arounder, sophomore Jason Hardabura, is currently the fifth best in the nation. NU junior Derek Leiter is the nation's leading vaulter and is forth in the floor

The No. 8 women's meet against No. 4 Penn State will be every bit as big, as they will play host to their second top-10 team in three weeks. It's especially big for one Husker gym-

Laurie McLaughlin, last week's Big 12 Gymnast of the Week and current winner of both the uneven bars and balance beam two weeks in a row, hails from State College, but said her main concerns are her routines, not her hometown opponent.

'The only real big thing about facing them is I'll be competing against my first coach (Penn State's Steve Shephard) and my last coach Dan Kendig), (Nebraska's McLaughlin said.

"Other than that, I'm just trying to hit my routines and get better."

Kendig said despite Penn State's power, the Huskers are doing nothing out of the ordinary to prepare for the

"This team, unlike maybe last year's team, is not going 'Oh my God. it's Penn State," Kendig said.

'It's just business as usual. We're just working on the little things. we're healthy and looking forward to the



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NU tennis team faces tough break itinerary

By JAKE BLEED Staff writer

While everyone may be looking to leave Lincoln's work and weather for spring break, the Nebraska men's tennis team won't be on break. But it will be leaving - with a vengeance.

The Huskers (4-6 overall, 1-3 in the Big 12 Conference) have an itinerary for spring break that has them playing five matches in venues that range from the deep South to the Atlantic coast to Southern California.

Coach Kerry McDermott said the odd schedule could be blamed on spring break being one week earlier than it has been in the past years.

We normally go to UC-Irvine and get to one place and play a few matches," McDermott said. "Normally, I wouldn't want to do all the traveling we're doing."

The first leg of No. 66 NU's "break" is south to meet Northeast Louisiana in Monroe, La., on March 14. Two days later, NU will be in Richmond, Va., to meet No. 73 Old Dominion and Richmond. Then it's across the nation to San Diego to meet Yale and San Diego on March 20 and 21.

The Nebraska women's tennis ning streaks.

team, while also meeting five teams next week, won't have to cover as much

The No. 69 Huskers will start the break at home, meeting an improved Missouri team Friday and teams from Gustavus Adolphus and Northern Iowa

Missouri went 0-15 last year, but is 6-6 thus far in the season.

After that, NU will leave the Woods Tennis Center's indoor courts to spend seven labor-intensive days in the windswept tundra of Hilton Head, S.C.

'We'll get a chance to hopefully play outside a lot," Coach Scott Jacobson said. "I think the kids are going to have a good trip.'

The Huskers will meet Vermont and George Washington in Hilton

The name of game all week, though, is staying healthy. With the bare minimum of six players, the Huskers will be forced to field the entire team in all five of the week's matches, opening the door for the possibility of injury.

But under the circumstances, the team has stepped up. Amy Frisch and the No. 1 doubles team of Sandra Noetzel and Indali Ijomah will both go into Friday's match on five-game win-

Huskers get stronger during conditioning

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your group are going to cause you some grief.

Senior-to-be rover Mike Brown said working in groups by position seemed to be effective.

"There was a lot of intensity," Brown said. "There was a lot of motivation. Maybe it's because I'm a senior it seems a little more urgent."

Cornerback Ralph Brown, a 5-9 senior-to-be agreed, but also said last year's finish has added some fuel to the fire. Nebraska finished its 1998 campaign at 10-4, losing four games for the first time since 1968.

"I feel we have a lot to prove," Brown said. "A lot of people are doubting the program. That's why everyone is working hard. We are the same Nebraska."

Seventeen performance records were broken Wednesday as 23 Huskers, including Mike Brown, scored 500 points or above in all four performance tests.

Leading the way was junior rush end Kyle Vanden Bosch, who recorded 2939 performance index points, a daily high and a position record for rush ends. Vanden Bosch ran a 4.78-second 40-yard dash en route to 744 points in a smaller car," Epley said. "It gives you the event - the third most Wednesday. more energy for production.

The 6-4, 268-pounder finished among the top three in pro-agility points, 10yard-dash points and 40-yard-dash

With the loss of senior rush ends Chad Kelsay and Mike Rucker, Vanden Bosch will likely play a major role on the defensive line this fall.

"He's definitely a leader in the weight room," Epley said. "He doesn't say a lot. He leads by example. He's a tremendously hard worker.'

Also breaking performance-index position records Wednesday were defensive lineman Jon Clanton, free safety Clint Finley and center Dominic Raiola. Clanton's mark of 2788 points was an all-time position best.

Other performance notables include walk-on I-back Tyler Rauenzahn, who ran a 4.48-second 40yard-dash. Rauenzahn also recorded the fastest 10-yard-dash time Wednesday in 1.52 seconds.

"He's a guy to keep your eye on," Epley said.

But speed, size and strength aren't everything, Epley said. Body composition - losing fat and gaining muscle was the key to this winter's conditioning program.

"It's like putting a bigger engine in

Munson, DeAnda to see tournament play, finally

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Jordan Center, NU Assistant Coach Mark Cody is confident DeAnda and Munson will be able to handle the mental pressures of a tournament with the magnitude of the NCAAs.

"They've both wrestled in highpressure situations before," Cody said. "I think it's 99 percent mental by the time you get to nationals, and both of them can deal with that."

Along with DeAnda and Munson, NU will send five other wrestlers to NCAAs - Paul Gomez, 125; Joe Henson, 149; Bryan Snyder, 157; Brad Vering, 184; and J.R. Plienis, heavyweight.

Being a team that has climbed from a preseason No. 21 ranking to a current No. 4 ranking, the Huskers are expecting nothing less than a topfive finish at this year's nationals.

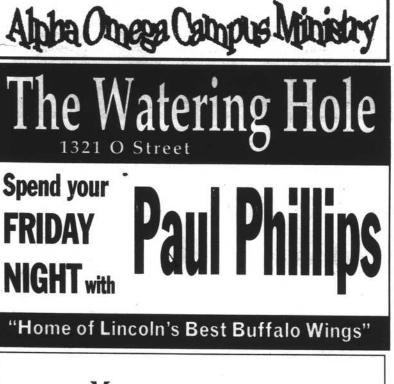
'We've all been training hard, and each one of us expects to be an All American," said DeAnda, NU 141pounder. "I know that can happen."

And in order for Nebraska to get seven All Americans and a top-five team finish, Cody said the Huskers must do one thing.

"The guys have to focus on one match at a time," Cody said. "They can't be thinking about the finals when they're in the semis."

And DeAnda and Munson know that. For them, this tournament will mark the end of their athletic careers, and they don't intend to leave silently.

"I'm really not satisfied with just getting to nationals," Munson said.
"Since I'm going to be there I'd like to go in, relax, win a few, and be in it until the end of the tournament."



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