

The big tow



CAPITOL TOWING EMPLOYEES tow three cars parked next to each other on R Street across from the Nebraska Union on Monday morning. The Lincoln Police parking enforcement officer who called the tow trucks said all three cars had a backlog of unpaid parking tickets.

JOSH FUNK/DN

Law & Order

Visitors steal sign from East Campus laboratory

Four Wisconsin men were arrested early Saturday morning for stealing a sign from UNL's tractor testing laboratory.

University police saw four men carrying the sign from the building around 12:30 a.m., Sgt. Mylo Bushing said.

When the men saw the officer, three of them ran, leaving one holding the \$500 sign used to label the labs.

Police arrested all four men, two age 20 and two age 21, and jailed them. The men were sent to jail because they were from out of town; normally petty thieves receive tickets.

The four men were visiting the University of Nebraska-Lincoln for the weekend.

When employees opened the tractor testing lab, they found four bent poles outside and some damage to a tractor in the museum.

Damage is estimated at \$220, and police believe Monday's vandalism may be connected to the sign theft.

Boy's watch stolen in attack

A Lincoln boy was attacked Monday night in Woods Park, and his Looney Toons watch was stolen.

The 15-year-old boy was in the park at 3298 J St., with a 16-year-old girl around 9 p.m. when they were attacked, Lincoln Police Sgt. Ann Heermann said.

The boy said four men attacked with sticks, but the girl said there were only two attackers. The boy's \$25 Pepé Le Pew watch was taken.

Compiled by senior staff writer Josh Funk

Disorder may be cause of students' exhaustion

By **CRYSTIE NICHOLS**
Staff writer

College students often find themselves overwhelmed with exhaustion, unable to stay awake in class and tired from simply walking around campus.

The symptoms may not sound unusual, but in severe cases these students may be battling with a disorder known as neurasthenia, more commonly known as chronic fatigue disorder.

Chronic fatigue is the seventh-most common symptom in primary-care practice. Fatigue results in more than 10 million patient visits each year in the United States, according to the University Health Center.

"Eleven percent of all Americans have it," said Mary Moeller, a nurse and speaker from Missouri who suffers from chronic fatigue. "I'm sure it's much more than that, but so many people don't go to the doctor."

Moeller considers herself an expert on chronic fatigue after years of dealing with the disorder. She now holds seminars to show people the problem exists and to suggest changes.

A family practice study in Colorado indicated that people ages 15-34 are frequent sufferers, and women outnumber men 2-to-1 in frequency.

Moeller said more college students are having problems with the disorder than in the past. Poor diet is the top cause, she said, and eating better and exercising are simple cures.

"The only way I could continue going is by exercise, but it hurt so much I had to force myself," she said.


Chronic fatigue disorder causes its sufferers undue fatigue even during the slightest physical or mental tasks.

"It even hurt to lift my eyelids," Moeller said. "Every movement hurts. You're so tired and so exhausted, it is hard to express it in words."

Some symptoms include: mild fever or chills, sore throat, overall muscle weakness, headaches and sleep disturbances.

"It shows up in a variety of different ways," said Carol Ash, a University Health Center promotions specialist.

Moeller will be holding a seminar on chronic fatigue disorder in Lincoln on Saturday at the Ramada Limited South Hotel, formerly known as the Harvester, 1511 Centerpark Road. For more information, call Moeller at (816) 628-5427.

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Graduate Students

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The Office of Graduate Studies is offering three seminars in the spring semester. Register for one of the following courses to enhance your educational experience.

- **901. Professional Ethics (1 cr)**
Dr. Helen Moore, instructor
 Thursday, 4 p.m. - 4:50 p.m., CBA 20, Call Number 8629
- **902. Grant Writing and Grant Management (1 cr)**
Dr. David Stanley, instructor
 Wednesday, 6 p.m. - 6:50 p.m., 214 Plant Industry, Call Number 8630
- **903. Professional Development Seminar (1 cr)**
Dr. Suzanne Ortega, instructor
 Tuesday, 3:30 p.m. - 4:20 p.m., CBA 362, Call Number 8631

N For more information, contact the Office of Graduate Studies at (402) 473-2875.



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Casting for the 1999 Season

Wednesday, November 18, 1998
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 Culture Center
 Upper Multi-Purpose Room

Registration & Auditions
 1:00p.m to 5:00p.m.
Call Back Auditions
 Immediately following

General Information

- All persons auditioning should provide a head shot photograph and resume.
- **Dancers** - Prepare a (1) one minute dance combination. You may be asked to sing.
- **Singers** - Prepare (4) four selections that display versatility. Provide sheet music in your key or track tape without vocals! Singers may be asked to dance. Accompanist provided.
- **Actors** - Prepare a (1) one minute monologue. You may be asked to sing.

Additional Information

- You must be at least 16 years of age to audition. Rehearsals begin between February and June 1999. Employment runs February through September depending on production. Employment extensions for special holiday shows may be available.
- Technical and Wardrobe interviews will be held at the audition
- Resume Required
- Casting Opportunities at Premier Parks throughout the country are available.

For More Information Contact: (210) 697-Live (5483)
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