

Some good gym beam

A Bob Devaney Sports Center record on the balance beam propelled the NU women's gymnastics team past Iowa State Sunday. **PAGE 7**

A love supreme

One of America's true art forms, jazz, has experienced declining interest in its native land. It's time to get reacquainted. **BACK PAGE**

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Mixing It Up

Rain/snow mixture, high 38. Cloudy tonight, low 32.

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A student who cares

APU president promotes campus race relations

BY LINDSAY YOUNG
Assignment Reporter

When Donny White was a freshman living in Neihardt Residence Hall, he felt his student assistant did not relate to him as a person.

White said the student assistant didn't do enough to pursue a personal relationship with him.

As the years went by, White decided he wanted to become a student assistant so he could help freshmen have a better experience than he did.

During his five years at UNL, White, the Afrikan Peoples Union president, aimed to help someone or do something for the university community in everything he did.

"I'm a self-motivator. A lot of it's internal. A lot of it is just to see smiles on people's faces," said White, a senior psychology major. "And a lot of it is just to better myself and the people around me."

White believes student leaders need to do more than just talk the talk.

"I pride myself on being what I call a progressive leader. I mean, if I see a problem with the university, I'm not just going to sit back and talk about it and complain," he said.

This applies to his work last year with the Judicial Board, his contributions to the judicial team that reviewed the Sigma Chi incident, and his work with race relations at the University of Nebraska-Lincoln.

White also is in Air Force ROTC and teaches funk and step aerobics at the Campus Recreation Center.

Because of his involvement, White said, he receives about 20 messages on his answering machine every night.

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DANIEL LUEDERT/DN
DONNY WHITE is president of the Afrikan Peoples Union and has been heavily involved in black student leadership while attending the University of Nebraska-Lincoln.

Football ticket prices increase

■ UNL students will pay more, but seating won't change, say athletic administrators.

BY BRAD DAVIS
Senior Reporter

Students won't have to sit in the nosebleed section at football games next year, but they'll have to shell out more money for tickets.

Student season tickets, which go on sale during the ticket lottery March 16-20, will cost \$107.50, a \$20 increase from last year.

It's the first price increase in three years, said John Anderson, director of ticket operations.

But on the bright side, student seating will remain the same — for now.

Anderson said the student section at NU's Memorial Stadium will remain the same as last year because of students' satisfactory participation with a new stadium rule.

The rule, enacted during last year's football season, forbids students from standing on the stadium's wooden bleachers during football games.

In previous years, NU's athletic department received about 200 calls from older ticket holders who complained students standing on the bleachers obstructed their views of the field.

The "stand down" rule was a cooperative effort by University of Nebraska-Lincoln administrators, the NU Athletic Department and the Association of Students of the University of Nebraska.

Although the rule stated stu-

"I applaud students for working with the Athletic Department."

CURT RUWE
ASUN president

dents could continue standing in the foot wells below the bleachers, it warned if students persisted in standing on the bleachers, the number of student seats would be reduced and the section would be moved.

Anderson said students did "very well" in following the stand-down rule last year. He said his office received only one complaint call last year, compared to hundreds in past years.

Though students will keep their seats for next season, Anderson said the section will be monitored throughout the year to ensure compliance with the rule.

ASUN President Curt Ruwe said promotion of the rule during last year's season contributed to its success.

He said cooperation between student government and the Athletic Department, along with a Daily Nebraskan story, all helped increase awareness of the rule.

He said he hoped next year's ASUN administration would continue to work with the Athletic Department to keep students aware of the rule.

"I applaud students for working with the Athletic Department and student government for making this happen," Ruwe said. "Those seats will be ours as long as this keeps up."

UNL's Omega eggs offer a healthy alternative

■ Professor Sheila Scheider's program helps chickens produce eggs containing "good fat."

BY RYAN BRAUER
Staff Reporter

Though Omega eggs may sound like a food from another world, they're not. They are hatched here at UNL.

And their potential medical "super powers" have some UNL researchers pretty excited.

Sheila Scheideler, associate professor and poultry scientist in the University of Nebraska-Lincoln's Institute of Agriculture and Natural Resources, has developed a program

that manipulates the diet of chickens to get them to produce eggs containing "good fat."

While "good fat" may appear to be an oxymoron, Scheideler said the eggs contain atypically high levels of omega-3 fatty acids. And omega-3 fatty acids increase a person's ration of good to bad cholesterol and decrease the risk of cardiovascular disease by reducing the occurrence of blood clots.

Scheideler created the heart-healthy eggs by feeding hens housed at UNL's Poultry Research Facility a diet of flax seed, which is high in omega-3 fatty acids.

The eggs were marketed briefly at Super Saver in Lincoln, but now are available only at the East Campus dairy store.

"They were very well-received,"

Scheideler said. "Nutrient-enriched foods are definitely the current trend."

Scheideler recently applied for a patent on her dietary plan for producing Omega eggs. She is also attempting to obtain a trademark license for the name Omega eggs. The patent application process should be completed by July.

After that date, any egg producer would be able to petition UNL for an exclusive or nonexclusive license to produce and market Omega eggs.

"UNL will get a license fee of a couple of cents per dozen eggs sold," Scheideler said.

Scheideler's program for producing Omega eggs began in 1993 and has gone through four stages. First, Scheideler worked to assure consistent quality of the eggs.

Consumer taste tests and a health

study in collaboration with the UNL dietetics department followed. The last step was producing eggs with a consumer-friendly price tag.

"Making these eggs economically was a crucial step," she said.

A carton of one dozen Omega eggs now sells for about \$1.05, or about 10 percent more than the cost of a normal dozen.

Scheideler said the higher cost of Omega eggs results from the expense of feeding chickens a flax-seed diet. The flax, a major crop in parts of North and South Dakota, is more expensive than typical chicken feeds, but is cheaper than other sources of concentrated omega-3 fatty acids.

"Flax is the best nonmarine source for these acids," she said. "Fish oils are the best source, but flax is much more

economical."

She said Texas A&M University researchers in College Station, Texas, were also working on a similar process of creating omega-3 enriched eggs by feeding chickens a diet of biologically engineered algae.

But the costly algae diet produces eggs much more expensive than the grocery store variety, Scheideler said. One dozen of the eggs costs about \$2.50.

Dietary studies conducted by Nancy Lewis, UNL associate professor of dietetics, showed that people eating Omega eggs regularly reduced their serum triglyceride levels by 14 percent after six weeks. High triglyceride levels increase people's risk of heart disease.

Scheideler's research was conduct-

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