

Director will fight for Indians' future



Judi M. Morgan, right, attends a reception honoring her appointment as executive director of the Nebraska Commission of Indian Affairs. Morgan was joined by her daughters Katie, left, and Jacque Morgan.

By Joy Ludwig
Staff Reporter

The sound of beating drums, singing and dancing filled the governor's mansion at a reception for the new executive director of the Nebraska Commission on Indian Affairs on Thursday night.

Judi M. Morgan received a warm welcome from a small crowd of tribal representatives, Gov. Ben Nelson and others, as she accepted the position.

Morgan, an enrolled member of the Ponca Tribe of Nebraska, said during the reception she was honored to have been chosen as the executive director.

But, she said, "I cannot help but feel saddened by the many missing faces of my ancestors who fought the battle to face the enemy. That enemy was discrimination."

She said she would continue to fight discrimination and face the challenges of the Nebraska Indian tribes — including education, housing, employment and economics.

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JUDI MORGAN

executive director of Nebraska
Commission of Indian Affairs

"But the challenges and needs facing each of the tribes are as unique and individual as the tribes themselves are," Morgan said.

Morgan said she had hoped to help the commission overcome problems of racism, discrimination and ignorance. She said she also wanted to achieve Indian rights and promote a path of understanding between Indians and America.

To achieve these rights, Morgan said she would be working with the

government, especially Nelson's administration, so her children and other Indians could have a better future.

"We want to be part of the active journey to make the future better for future generations," she said.

At the end of her speech, she distributed brightly-colored robes to several tribal leaders and the governor.

Those robes represent a gift of thanks, she said. But they were also symbols of commitment, friendship and faith in mankind that embodied the soul wherever they went.

After Morgan's speech, Nelson congratulated her and said working with her would be a great opportunity.

Entertainment was performed by the Mazekute drum group and the Wambli Sha Wo Waci dance group, who performed two Indian dances.

After the dances, Morgan spoke to the crowd about cooperatively working together.

If that can be achieved, she said, much could be accomplished.

Fishel

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bingeing and finding places to throw up became easier.

"My roommate and I would go and binge together and then throw up," she said.

Fishel found help at the University Health Center. Counseling and Psychological Services offers counseling to people who know or think they have an eating disorder.

This week CPS sponsored the National Eating Disorders Screening Program, in conjunction with National Eating Disorder Week.

The screening targeted people who thought they might have an eating disorder or those wanting more information on eating disorders.

During the two days the screening was held, 13 people participated, said Dr. Susan Bukacek, a counseling psychologist in Counseling and Psychological Services. The university plans to sponsor the program next year.

Fishel said the treatment she received at the Health Center was successful. It helped her deal with the problems she was facing.

"I still have a tendency for anxiety," she said, "I still obsess about things. But I've learned to listen to myself and my own needs."

Now Fishel is involved with the eating disorders support group offered by the UNL Women's Center. Kris Stenberg, facilitator for the group, said the group was for women who know or think they have an eating disorder.

"The support group is a non-threatening place for women to go," Stenberg said. "It can be a place to start. The support group can be a place to talk or a place to just listen."

Fishel said she was grateful for the group.

"I still try not to look in the mirror," Fishel said. "There is no set number for how much anyone should weigh. Whose idea is it what an ideal image is?"

"It's important to know people are out there. Self-awareness is really important."

Firestone said he didn't want to portray an image of trying to buy votes.

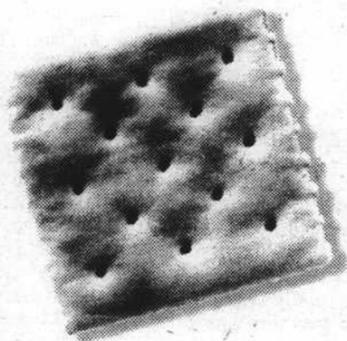
Firestone acknowledged that it probably would take considerably less money than that to run an effective campaign but said that was an issue the party would resolve if he was elected.

"The OFFICE party is no frills, no gimmicks," he said. "I encourage you (students) to not be sucked in by the short-term friendship the opposition will offer you."

Gregorius said he wanted students to think about what student government had done for them, and what it could do for them if the OFFICE party wins the March 6 election.

"The same political machine has been running this for the past few years," Gregorius said. "We're here to get rid of the machine."

IF SHE HAS ANOREXIA, SHE WOULD
CONSIDER THIS A SQUARE MEAL.



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If you see this pattern develop, call the UNMC Eating Disorders Program at (402) 559-5524.

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 EATING
DISORDERS