

New screening offers help Eating disorders targeted by program

By Todd Anderson
Staff Reporter

A new screening program offered by the University Health Center's Counseling and Psychological Services will try to help people spot eating disorders before they cause severe harm.

Those who think they may suffer from an eating disorder or know someone who does are invited to attend the first-ever National Eating Disorder Screening Program.

Eating disorders affect millions in the United States. Research has shown:

- More than five million Americans suffer from eating disorders.
- Bulimia nervosa, anorexia nervosa and binge eating affect 5 percent of women and 1 percent of men nationwide.
- One thousand women die each year from anorexia nervosa alone.

• These disorders afflict all people, regardless of age and race. Monday marks the beginning of National Eating Disorder week.

The screening program consists of three parts: education, screening and referral.

The educational portion will include a lecture, question-and-answer session and a video presentation.

The screening involves the completion of a questionnaire and an interview with a clinician.

The referral will consist of recommendations for further evaluation if needed.

The program will be Feb. 5 from 11 a.m. to 1 p.m. at the Nebraska Union and Feb. 6 from 12 p.m. to 2 p.m. at the Nebraska East Union. Rooms will be posted.

According to a release, the screening is not a diagnosis, but an opportunity for participants to obtain information concerning what to do next if they suffer from an eating disorder.

Symptoms of an eating disorder can include excessive weight loss in a short period of time, development of strange eating rituals, eating in secret and serious depression.

Several national organizations are sponsoring the program. The organizations want to gather information on these disorders while helping direct treatment to patients who need it.

Eating disorders cause physical problems, including hair loss, gastrointestinal irritation and premature bone deterioration.

A person's personality traits, genes, environment, and biochemistry all can cause eating disorders.

For more information on eating disorders or the program, contact Sue Bukacek at 472-7450.

Leadership conference to address minorities

By Joy Ludwig
Staff Reporter

Student involvement and leadership development will be the focus of the second-annual Racial Minority Leadership Conference on Saturday.

Denise Cradick, assistant director of Student Involvement at the University of Nebraska-Lincoln, said she hoped many students of color would participate in the conference.

"It will show students what it means to get involved, how to meet their specific needs and how to stay motivated," she said.

Virginia Newton, student chairperson of the conference, emphasized that the conference was open to anyone. It will offer something for all students, depending on the goals they want to achieve, she said.

The conference, which will be in the Nebraska Union from 9:30 a.m. to 3 p.m., will consist of two work-

shops, group discussions and several speakers from UNL and the community.

John Harris, one of the speakers and special assistant to the vice chancellor for Student Affairs, said the conference would be a great way for students to meet leaders of various cultural backgrounds.

He said the speakers would discuss how students could get involved in various organizations and become leaders on campus.

Those speakers, Harris said, will speak specifically toward racial and minority students on how important it is not only to be involved, but also to branch out culturally.

Students interested in attending the conference can stop by Student Involvement, 200 Nebraska Union or 300 Nebraska East Union, or call Denise Cradick at 472-2454 or Virginia Newton at 472-2597. There is a \$6 registration fee for non-UNL students.

Law & Order

A LOOK AT CRIME ON CAMPUS AND IN THE COMMUNITY

VANDALISM

More than \$3,000 in property was destroyed by vandals at businesses on North 27th Street Tuesday night.

Windows and glass doors were smashed at Lincoln Billiards, 309 N. 27th St., Sgt. Ann Heermann said. Two windows 10 feet by 5½ feet — \$1,100 in damage — were broken with a blunt object such as a baseball bat, she said.

Vinh Market, 611 N. 27th St., had seven windows and a door broken, totaling \$2,550 in damage.

BOMB THREAT

The Lincoln Fire Department responded to a bomb threat called in to Bryan Memorial Hospital on Wednesday morning, but discovered no bombs in the building.

At 4:20 a.m. a soft-spoken male told the switchboard operator that a bomb in the hospital would go off at 5 a.m., Heermann said.

The hospital had received obscene phone calls throughout the night.

— Chad Lorenz

Nelson clarifies position on gambling

By Ted Taylor
Senior Reporter

Gov. Ben Nelson wanted to make one thing clear Wednesday: He hasn't changed his position on expanded gambling.

"Isn't it interesting how I have to run around and tell people I haven't changed my position?"

Recent editorial cartoons have portrayed the governor waffling on the issue — including one depicting him on a fence with the word "gambling" on it.

But Nelson, who strongly opposes advanced gambling for the state, thanked the media for the free publicity.

"I want to thank the editorial writers for getting my position out," he said at a Wednesday morning press conference.

"If there is anything that seems like a change, it is that I've said it (expanded gambling) ought to go on the ballot."

BEN NELSON
Governor

"If there is anything that seems like a change," he said, "it is that I've said it ought to go on the ballot."

Nelson told the media that expanded gambling must be left up to the voters.

"I've made it very clear," he said.

"This is something that needs to be on the ballot."

Nelson stressed that for gambling to be expanded in Nebraska, a constitutional amendment would have to be passed.

"The Constitution is very clear, and the attorney general agrees, that there has to be a change in the Constitution in order to expand gambling," he said.

And although Nelson is opposed to advanced gambling, he said that should mean nothing to Nebraska voters.

"It takes 30 votes," he said. "It doesn't come across my desk — it goes right to the ballot. Then the people can decide. I'm just one vote, just like everyone else."

"Am I going to work to get it on the ballot? No."

Attention CBA Students



Scholarship Application Packets are available in CBA 138.

Hurry... application deadline is Febr. 1, 1996.

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This Annual award, presented to one, two or three people (students, faculty or staff at UNL), is in recognition of significant contributions to the development of a humane, open educationally creative, just, and caring community on the UNL campus.

Nominations for the award may be submitted by anyone associated with UNL. More information, nomination forms, and guidelines are available at:

- IFC-Panhellenic, NU 332
- Residence Hall front desks
- Most college, school and division offices
- Student Involvement office, NU 200 & ECU 300
- Culture Center, 333 N. 14th St.
- Residence, building, and grounds maintenance offices
- Office of Student Affairs, Admin. 124
- Or phone Larry Doerr at 476-0355

Nominations are due February 12, 1996

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