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Tuesday

WEATHER:

Today - Mostly cloudy.
Cold. 50% chance of rain.
North wind 15 to 25 mph.
Tonight - Cloudy. Low in
lower 30's.



September 19, 1995

Artistic gates have history, greet visitors

By Heidi White
Staff Reporter

After years of thinking and planning, Wilber Dasenbrock's dream has come true.

The wrought-iron gate he discovered in a storage yard on East Campus in 1978 was installed Thursday, part of two gate sets erected south of Love Library.

"It was mostly a dreamer's project," Dasenbrock said.

Dasenbrock, director of Landscape Services and the Botanical Gardens, brought the gate out a few years after that discovery to look at it and to show co-workers, he said. Nothing was done, however, until 1992.

"We then came to an agreement to do something about it and tried to figure out how to fund it," Dasenbrock said.

The University of Nebraska-Lincoln Garden Friends, a group of about 200 citizens of the community, offered its help and paid for the \$20,000 project through donations, Dasenbrock said.

This is the first major project for the group. Its objective is to be a support group for the gardens and provide campus beautification through tours, educational outreach, publicity and fund raising.

The historic gate once was a part of the original fence put up around the university by Chancellor James H. Canfield in 1892.

"According to general conversation, they were put up because of cows wandering around in the fields surrounding the university," Dasenbrock said. "They were to keep the cows out so they wouldn't eat the flowers and other shrubbery on the campus, as well as to serve general decorative purposes.

"They were also used to keep students in and restrict smoking on the campus."

Canfield left the university around 1911, but the fences remained until 1922. The decision was made to take the fences down, and the pieces were scattered.

Reasons for the removal of the fence are unknown. Love Library archives from the 1950s state that possible reasons were requests from the Lincoln Fire Department, a City Council ruling or the personal order of a university official to remove the gates. Expansion of the university also was a probable reason because two buildings, including what is now Avery Hall, already had been built outside the fence.

"After it was taken down, most of the fence was sold to the Wyuka Cemetery on O Street," Dasenbrock said. "The main gates, which included the original seals and plaque of the university, were stored and later replaced next to the columns in Memorial Stadium by Ralph Muller, who had them restored in the 1950s."

Dasenbrock said he believed part of the original gate once was around Neihardt Residence Center before the center was renovated.

Because only one part of the gate was found, a duplicate had to be created. After a long search for an artisan, Mike and Richard Pleskac were asked to take on the project.

It took them almost a year to complete the detailed work, Dasenbrock said.

Two identical sets of gates were pieced together like a jigsaw puzzle and installed jointly by the Pleskac brothers and university staff.

"They make a great addition to the sculptures on campus because they really are a work of art," Dasenbrock said.

The gates will be dedicated by Interim Chancellor Joan Leitzel and the president of the UNL Garden Friends, JoAnn Weaver, on Saturday, Sept. 23. The 9:30 a.m. dedication will take place in the gardens on the south lawn of Love Library.

A plaque welcoming visitors and a stand with brochures about the gardens also will be placed by the gates.

"They're our formal welcome to the university and to the botanical gardens and will always be left open," Dasenbrock said.

Relaxation



Jeff Haller/DN

Dedee Gilbertson, a private massage therapist, gives a massage Monday morning at 8121 A St.

Massage therapy spells relief

By Erin Schulte
and Heidi White
Staff Reporters

After a hard day of modern dance practice, Michele Marvin turns to flaming cotton balls, cups and strong suction to relax her muscles.

But the senior dance major relies on licensed massage therapist Dedee Gilbertson and her Eastern techniques to manipulate the gear to relieve her muscles and dance injuries.

"She recenters your muscles with suction," Marvin said.

Gilbertson soaks a cotton ball with alcohol, then lights it on fire and places it inside a glass to remove the oxygen. She then takes the flaming cotton ball out and places the cup on the skin — usually on the back — to produce suction. Cups are left on the skin for about 10 minutes.

"It hurts like hell," Marvin said, "because your body is tense."

But Gilbertson said her oriental technique of "cupping" was painless for people who were not tensing up. The technique relaxes tense muscles by pulling surrounding tendons and muscle groups, Gilbertson said. But it has its drawbacks, she said, including four-inch hickies for some people.

All people can benefit from massage, said Terry Valcan, a licensed massage therapist from Family Massage Center, especially older people with circulation problems, accident victims or those who use word processors.

The most common benefits include control of hypertension; increased flexibility, movement and strength; improved posture

*"It's an integration of mind,
body and spirit."*

AMY WILLIAMS

Licensed massage therapist

and circulation; and pain relief, Valcan said.

Cupping is an unusual technique. Most massage therapists perform two types of massage, Swedish and neuromuscular, Valcan said. Swedish massages are deep-muscle massages most often used for reducing stress and tension. A neuromuscular massage focuses more on individual muscles in treating pain.

Amy Williams, a licensed massage therapist and owner of the Massage Clinic, said massage promoted an overall sense of well-being and relaxation.

"It's an integration of mind, body and spirit," she said. "Connecting mind and body can really create wholeness in a person, which can relieve stress and pain."

A dance professor from the University of Nebraska-Lincoln recommended Gilbertson to Marvin when students in her class were looking for massage therapists.

Licensed massage therapist Marta Argumedo, who works at Total Body Concepts owned by B.J. Dennis, said choosing a massage therapist to suit individual needs was important.

Argumedo said people should make sure their therapists were licensed by the state and offered a private, clean, relaxing setting.

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Osborne opens door for Phillips

By Mitch Sherman
Senior Editor

Eight days after kicking Lawrence Phillips off the Nebraska football team, Tom Osborne said Monday that the star I-back may be back on the field within a month.

Osborne said on the weekly Big Eight coaches' teleconference that Phillips, a former Heisman Trophy prospect, would be reinstated only if he met certain conditions.

Phillips, who missed his first Cornhusker game Saturday since Sept. 4, 1993, is undergoing counseling to treat his temper, Osborne said.

"I told Lawrence that he definitely needs to have some sort of treatment where he can look at how to control his anger," Osborne said.

Phillips pleaded innocent last week to misdemeanor charges of assault, trespassing and destruction of property. Police allege that Phillips broke into the apartment of Husker quarterback Scott Frost on Sept. 10 and assaulted his ex-girlfriend, Kate McEwen, a Nebraska basketball player.

"I would not allow him to return unless medical people say some significant changes have taken place," Osborne said. "There are several things he has to get ironed out. It's possible that in a month or so, in the best-case scenario, he could return."

Osborne told reporters after practice Monday that he doubted Phillips would go to trial. Neither Osborne nor Phillips' attorney, Hal Anderson, would comment on whether the running back would change his plea or how the case would be settled.

Lancaster County Attorney Gary Lacey was

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Lincoln still safe despite rising crime

By Stephanie Wreed
Staff Reporter

Violence and gang activity are increasing in Lincoln, the police chief said Monday night, though the city remains one of the nation's safest.

Tom Casady spoke at a crime summit hosted by the Lincoln Neighborhood Watch at the Auld Recreation Center. In addition to Casady, Lincoln Mayor Mike Johanns, Lt. Gov. Kim Robak, Lt. Doug Srb and four other representatives from the Lincoln Police Department attended the summit.

Aggregated assault has increased 168 percent in the last decade, Casady said, and the LPD has recorded 350 gang members affiliated with Lincoln. Three of largest gangs in Lincoln are the Baggy Boys, the Crips and the Bloods, Casady said. Other Lincoln gangs include the Green Bay Mafia, the Insane Vice Lords, the Gangster Disciples and the Crenshaw Mafia, he said.

Though violent crimes are rising in Lincoln, Casady said, the capital city ranks 34th out of 36 U.S. cities with populations of 100,000 to 250,000 for violent crimes per capita. Madison, Wis., has the best ranking, and Little Rock, Ark., has the worst ranking, he said.

Johanns said Lincoln's lack of suburbs was the main reason Lincoln's crime rate stayed low compared to other U.S. cities.

Lincoln's quadrupled population in the past decade caused the increase in violent crime,

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