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If your cholesterol level is over 200, you could be at risk for heart disease. See your doctor. You'll learn ways to

reduce your cholesterol level and your health risk. Know your cholesterol level to protect your health.



Wednesday, April 13, 1994 Daily Nebraskan Band relates stories of rural



Once upon a time an adulterer was struck by lightning during the course

the lead instrumental role with soothing melody lines that maximize the well-written transitions within Clarke County's songs.

Obviously talented, Dynneson also plays with the Lincoln Symphony Orchestra. However, when asked about her symphony participation, Dynneson

Violinist Leanne Dynneson plays Zimmermans' contributions have broadened Clarke County's horizon. and they deserve credit for their "forthe-song" attitude that illuminates the spirit of Clarke County.

Plus, two red-haired look-alikes always make things interesting.

A suitable introduction to Clarke County must include mention of the unmistakable vocals of Greg Cosgrove.

The soul-churning effects of his I'm-reaching-for-your-gut-now voice have earned Cosgrove acclaim in the past. His meaty vocal chords blaze within Clarke County's acoustic atmosphere like fire through a pasture.

Overall, Clarke County's throatwith a sense of rural and spiritual realism. Imagine a folk ensemble wearing steel-toed boots and throwing down six-packs of Old Style.

There isn't a drunk priest out there who wouldn't appreciate this band.

Clarke County's storybook will be performed in Omaha on Friday night at Kilgore's and in Lincoln at Duffy's Tavern on Sunday night.

- Chris Heine

Bad acting, bad direction, bad writing. Go trim your nose hairs instead of renting this one.

PICK OF THE WEEK --- It's nuggle-up time, everybody! Grab a blanket or comforter, a cup of hot chocolate and maybe some munchies to watch "Lady and the Tramp," a Walt Disney film that made spaghetti the "pasta of love.

The love story of how a sheltered house dog and a spirited street pooch meet, it's "Romeo and Juliet" on four legs. Watch it with friends, family or a loved one; it will be enjoyed by all.

- Gerry Beltz

Thurs. - Sat. - "The Caucasian Chalk Circle" at

the Temple Building, Howell Theater 8 p.m. Fri. - Sat. - "City of Angels" at the Lied Center 8 p.m. (also 2 p.m. Sat.) Thurs. - Sat. - "Old Friends" at the Temple Building, Studio Theatre 8 p.m. (2 p.m.

Compiled by Sean McCarthy

THE FORCE

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