



William Lauer/DN

Are you lookin' at me?

Keith Klanderud, a senior Spanish major, works out Thursday afternoon at the Campus Recreation Center weight room. Klanderud lifts weights four to five times a week and also swims.

Smokers at UNL partake in nationwide Smoke Out

UHC, health aides offers assistance

By Ann Stack
Staff Reporter

UNL smokers cleared the air Thursday during the Great American Smoke Out. Sponsored by the American Cancer Society, the Smoke Out encourages smokers to quit smoking for 24 hours.

David Bower, prevention specialist in community health at the University Health Center, said the center offered brochures on quitting, as well as buttons and posters.

One of the brochures has information about a program called Adopt a Smoker.

Bower said the program was a buddy system where a smoker could enlist the help of a friend or relative to abstain from cigarettes for the day.

Health aides at the University of Nebraska-Lincoln also adopted student smokers in the residence halls and greek houses Thursday, Bower said. Bower said 136 students participated in the health aide Adopt-a-Smoker program last year.

"People don't realize how many students' lives the health aides can touch," he said.

Sasha Shepard, a health aide for the eighth floor at Pound Residence Hall, adopted a student to help him get through the day.

"I heard about this in my health aide class, and a friend in my speech class volunteered to quit for the day," Shepard said.

Shepard, a junior business administration major, said he took his friend to lunch and a movie to distract him from smoking.

The health center brochure lists alternatives to smoking, such as chew-

By quitting for 24 hours, (smokers) will experience success, which will hopefully lead them to give up the habit permanently.

— Bower prevention specialist, University Health Center

ing gum, celery or even a straw.

The Great American Smoke Out was created by Arthur P. Mullaney in 1971.

Mullaney organized the event in his hometown in Massachusetts. He encouraged community members to give up cigarettes for a day and to donate the money saved from not buying cigarettes to a high school scholarship fund, Bower said.

The trend spread to other states, and smokers quitting on the third Thursday of November has become a national event, Bower said.

"Smoking is the No. 1 cause of preventable deaths in America today," Bower said. "There are over 400,000 smoke-related deaths every year."

"The event has the purpose of reducing the ranks of serious smokers. By quitting for 24 hours, they will experience success, which will hopefully lead them to give up the habit permanently."

Bower said he did not know the number of UNL students or staff members participating in the Smoke Out. In 1992, he said, about 3.3 million Americans quit smoking during the event.

Professor lectures on world war

By Neil Feldman
Staff Reporter

World War II must be approached from a global perspective, instead of as several individual crises, a historian said Thursday.

Gerhard Weinberg, a history professor at the University of North Carolina, lectured to about 100 people at Love Library on Thursday afternoon. His lecture was based on his upcoming 1,200-page book, "A World at Arms: A Global History of World War."

Weinberg took the audience through a synopsis of Adolph Hitler's strategies and the global impact of the Holocaust.

The battles of the Eastern Front and the Nazi problem, Weinberg said, must be considered as one titanic conflict.

He also said Hitler's foreign policy, particularly toward the Soviet

Union, must not be dismissed when looking at the war from a global perspective.

Weinberg addressed several controversial issues, most notably Hitler's plan to march on Moscow.

"The primary reason Hitler could not reach Moscow," Weinberg said, "was because of the poor weather."

Many historians point only to the rugged terrain, Weinberg said, and do not address the weather.

Born in Germany, Weinberg spent the first year of World War II in England and later served in the U.S. Army.

After earning his doctorate from the University of Chicago, Weinberg worked on Columbia University's War Documentation Project and directed the American Historical Association's program for the microfilming of captured German documents.

Aside from writing numerous books about World War II, Weinberg also

found and edited Hitler's second book. "By 1943," Weinberg said, "the systematic killing of Jews in Europe was well under way."

While the calamities of the Holocaust have already been well documented by historians, Weinberg said certain aspects of the crisis, such as the efforts by Hitler to send Asian Jews to concentration camps, had hardly been touched.

"There were several efforts to run German vessels to Asian islands and bring the Jews and gypsies of the islands back to mainland Europe," he said.

However, most of these efforts were quashed before they could get rolling, Weinberg said.

While the Nazis tremendously amplified racism, he said, modern problems concerning prejudices and racism do not all stem from World War II.

UNL can give phone books the drop

From Staff Reports

Students wanting to get rid of their old Lincoln telephone books have an alternative to just throwing them away. Several recycling drop sites will be located on the UNL campus.

Recycling containers for old phone books will be placed in the breezeway between the north and south wings of Love Library, and in

various spots at the University of Nebraska-Lincoln residence halls, Dale Ekart, recycling coordinator, said.

The Lincoln Telephone Company will be distributing new phone books within a week.

The containers should be in place by Friday and will remain until Dec. 10.

The old telephone books will be shredded and used locally for animal bedding, Ekart said.

POLICE REPORT

Beginning midnight Nov. 8

10:59 a.m. — Car accident, 15th Street, \$150.

6:18 p.m. — Hit-and-run accident, 14th and Avery streets, \$300.

Beginning midnight Nov. 9

9:32 a.m. — Cash stolen, Ruth Staples Child Development Laboratory, \$8.

10:27 a.m. — Car accident, West Memorial Stadium meters, \$800.

11:55 a.m. — Stereo stolen from car, 21st and Vine streets, \$110 loss, \$125 damage.

4:10 p.m. — Book stolen, Nebraska Hall, \$75.

4:30 p.m. — Book bag stolen, Nebraska Union, \$130.

Beginning midnight Nov. 10

11:36 a.m. — Car accident, 14th and Avery streets, \$900.

3:16 a.m. — Two hubcaps stolen, 19th and U streets, \$100.

3:24 a.m. — Windows broken from two cars, 1707 Y St., \$210.

10:25 a.m. — Larceny from car, East Campus Loop, \$80 loss, \$100 damage.

10:44 a.m. — Purse stolen, Campus Recreation Center, \$35 lost, \$30 recovered.

Beginning midnight Nov. 11

5:59 a.m. — Window broken, 14th and Avery streets, \$150.

11:40 a.m. — Car accident, Nebraska Center for Continuing Education, \$2200.

1:49 p.m. — Jacket stolen, 1433 R St., \$350.

2:08 p.m. — Football tickets stolen, Abel

Residence Hall.
2:11 p.m. — Passport stolen, Lincoln.

Beginning midnight Friday

12:33 a.m. — Larceny from car, 1820 R St. parking lot, \$1,220 loss, \$200 damage.

1:28 a.m. — Fire alarm pulled, Neihardt Residence Hall.

8:02 a.m. — Barricades broken, Harper-Schramm-Smith, \$500.

2:18 p.m. — Larceny, auto accessories, Food Industry Complex, \$50 damage, \$100 loss.

3:43 p.m. — Golf cart stolen, Administration Building, \$3,500.

7:44 p.m. — Fire alarm pulled, Neihardt Residence Hall.

8:23 p.m. — Stolen golf cart recovered by Lincoln Police Department, Nebraska State Historical Society.

Beginning midnight Saturday

1:04 a.m. — Larceny from car, Burr Residence Hall, \$40 loss, \$350 damage.

3:53 a.m. — Larceny from car, Sandoz Residence Hall, \$125 loss, \$100 damage.

7:19 a.m. — Larceny from car, 19th and T streets, \$55.

7:19 a.m. — Larceny from car, 19th and T streets, \$15.

7:19 a.m. — Larceny from car, 19th and T streets, \$42.

7:19 a.m. — Larceny from car, 19th and T streets, \$1,137.

7:19 a.m. — Vandalism, 19th and T streets, \$150.

11:05 a.m. — Fire alarm went off, Culture Center.

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