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down and establish clear goals. He said the commission was having a hard time finding its niche because of a challenging agenda handed down from the Nebraska Legislature.

The Legislature gave the commission some pretty high expectations," Richmond said.

The commission has been the target of strong criticism since it began operating this year after being established by the Legislature and approved by Nebraska voters in 1990.

The commission has the power to approve new academic programs and make recommendations to the Legislature on budgets and capital con-

Critics of the commission say it has created another "layer of bureau-cracy" that demands too much time and detail from college and university

The commission was created to increase the effectiveness of the higher education system, Richmond said. But he said relations between it and colleges were doomed from the beginning. The commission was unable to establish the proper relationships with higher education officials before tackling the tight agenda handed down to it from the Legislature, he said.

The meeting between the governor and the commission has not yet been scheduled. Richmond said it would have to wait until the governor had a break in his schedule.



After the crowd's gone home...

Al Schaben/DN

Stan Groth hugs his wife, Wisner-Pilger coach Jean Groth, after the Gators' championship loss to Yutan in the Class C1 State Volleyball Finals Saturday at Pershing.

## Recycling

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degree. Applicants with liberal arts and social science degrees should be considered, members said, as well as those with administrative, science and engineering degrees.

The new coordinator will work under the direct supervision of Jack Goebel, vice chancellor for business and finance. The coordinator will handle recycling policies on campus, recycling education and pickup and resale of recycled materials.

Committee members suggested that the new coordinator supervise student interns or volunteers who would work with him or her in carrying out recycling policies.

The committee confirmed the formation of both a new advisory board to provide feedback and suggestions to the new coordinator, as well as a smaller operations committee to work with the coordinator to implement programs.

The university will finance the re-cycling position for the first year with plans for the program to become selfsupporting in following years.

Committee members looked at the savings the university would reap from recycling and methods of financial support for the program. Small allocations from the budget of each university office, a 5-cent tax on pop sold on campus and donations from departments based on savings realized from the program were mentioned.

Committee members also discussed a plan to standardize the recycling of Centrex directories on campus. The directories now are recycled on an ad hoc basis.

### Ice

Continued from Page 1

trucks and cars ended up in ditches because of the icy conditions. The most serious accident was a five-car pileup that sent at least one person to the hospital, he said.

After the bus was pulled out of the median by a Des Moines towing company, the band arrived in Ames about two hours behind schedule and was greeted by University of Nebraska-Lincoln Chancellor Graham Spanier. I thought, 'What the heck is this snow?

> McCarthy bus driver

Spanier was speaking at the UNL Alumni Association's Husker Huddle. He said his family drove to Des Moines Friday night and avoided the bad roads.

The band managed to get to Ames to witness another stroke of bad luck: Nebraska's 19-10 loss to Iowa State.

## **Diabetes**

Continued from Page 1

Her disease not only got Skrabal interested in her major, it also influenced her to become a health aide for the University Health Center and to help form a new support group on campus for students with diabetes. The group, called Friends and Support: The Diabetes Network, will begin meeting next semester.

Skrabal said it was fun to talk to other students with diabetes who could relate to each other and provide support. That support builds the confidence of those with the disease, she

Making the health center a place that provides resources and support to students with diabetes is the goal of physician's assistant Deb Vokal, who is in charge of a new diabetes educational program at the University of Nebraska-Lincoln.

The educational program helped start the support group, Vokal said. It also encouraged efforts to better equip the health center to deal with newly diagnosed cases of diabetes, rather than referring them to off-campus medical professionals.

A newly diagnosed patient needs intensive and immediate education, Vokal said.

"People with diabetes have to manage their own disease," Vokal said. Their ability to control it is not up to doctors, she said.

When Vokal considered the need to step up educational efforts, she surveyed health center records and found about 40 diagnosed cases at UNL. Vokal said she thought there were more cases the health center did not know about.

Nationally, the number of people with type 1 diabetes, which usually appears before the age of 20, is 1.4 million, according to the American Diabetes Association. The disease's symptoms, which include sudden weight loss, fatigue, increased hunger, thirst and frequent urination, occur over a short period of time. A person with type 1 diabetes must take insulin to survive.

An estimated 11 million people have type 2 diabetes, which usually occurs in people who are 40 or older or are overweight. Type 2 diabetes does not require insulin for survival and usually can be modified with diet.

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