

Business offers evening-toppers

Romantic carriage rides make fantasy real

By Dionne Searcey
Staff Reporter

Snowflakes sprinkle the air on a cold moonlit night. A woman in black velvet stands beside her knight in shining armor. They approach a horse-drawn carriage. The driver tips his top hat to the lady as he opens the carriage door. She sits down on the plush, red seat next to the man of her dreams. He leans over and kisses her as white horses slowly take the carriage down brick streets into the night.

This fantasy can become a reality in the Haymarket at 7th and P streets.

"You can't do this just anywhere," said Sally Oglesby, program assistant for the

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A lot of people will take rides to see the lights. It's a romantic time of year.

Hock

Four Seasons Carriage Rides owner

— 99 —

Historic Haymarket organization.

But many Lincolnites, as well as tourists, have taken advantage of the horse-drawn rides.

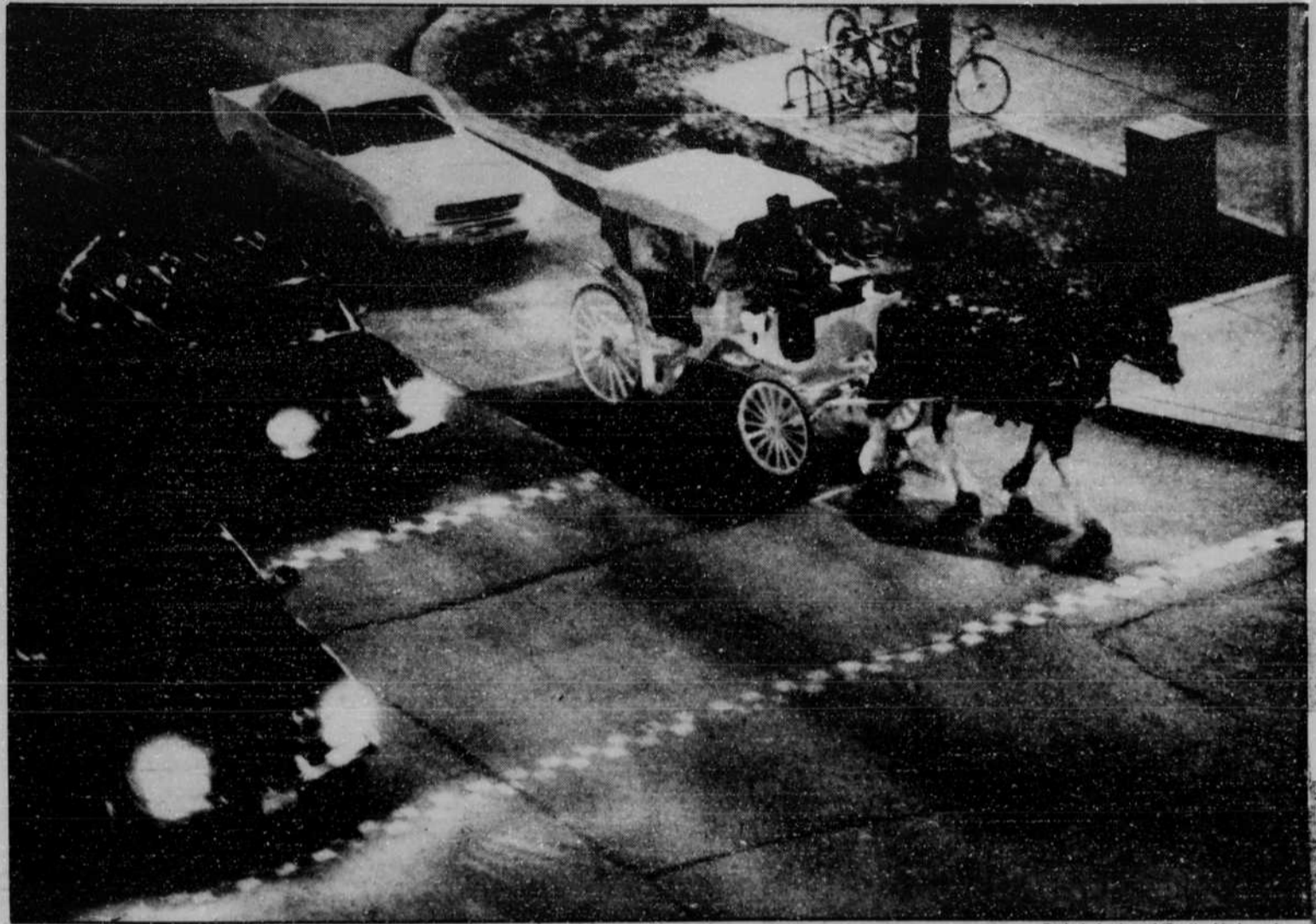
Oglesby said Four Seasons Carriage Rides, which began in October, has been so busy some nights that a reservation system may need to be developed.

Jean Hock, owner of the carriages, said the service gives rides to about 20 people a night. But, she said, there's been some nights when no one has come for a ride.

"The weather has an awful lot to do with it," Hock said.

Oglesby said she anticipates Christmas-time to be busy.

"A lot of people will take rides to see the lights. It's a romantic time of year," she said. Clydesdale horses pull two carriages on



Butch Ireland/Daily Nebraskan

Horse-drawn carriage rides are available for the first time on Thursday, Friday and Saturday nights in Lincoln.

two different routes through downtown Lincoln each night, she said. The routes both originate from 7th and P streets, but one route takes about 45 minutes, while the other lasts 25 minutes, Oglesby said. The

long ride costs \$10 and the shorter one is \$5.

"A lot of people celebrating birthdays or anniversaries down in the Haymarket will see us and take a ride. It tops off their evening," Hock said.

Four Seasons provides horse-drawn carriage rides Thursday through Saturday, 7 p.m. to 11 p.m. and Saturday, 1 p.m. to 4 p.m. Carriages also are available by special arrangements for weddings and other events.

At this age, you can do a lot of damage to your body.



You're picking her up at eight and your face looks like a pizza. Welcome to teenage land. A place where you can do as much damage to your body as it's trying to do to you. But you can also do your body a lot of good—simply by watching what you put into it. By cutting down on foods that are high in fat and cholesterol—like fatty meats and fried foods. And substituting foods that are lower in fat—like fish, poultry and lean meat. By replacing whole milk and cheeses with skimmed-down versions. It all adds up to a diet that

helps keep your weight controlled, your energy level up and your blood cholesterol level low. And any way you look at it, looking good and feeling good can make the journey through teenage land a little less awkward. And maybe just a little more awesome.

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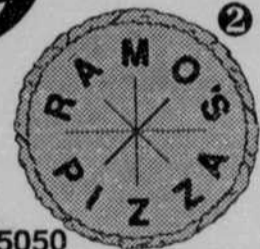
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