



THE SEMESTER IN SPORTS

INTRAMURAL SPORTS

SCHEDULE OF MEN'S, WOMEN'S & CO-RECREATIONAL ACTIVITIES

Legend: M=men; W=women; C=co-recreational; NA=no advanced entry required, enter on sight; O=open
 *=held in conjunction with the Nebraska Union Rec Room; **=Esprit de Corps event; #=held as part of the annual OCR All-nighter

ACTIVITY	ENTRY PERIOD	PLAY BEGINS	ACTIVITY	ENTRY PERIOD	PLAY BEGINS
Campus Recreation Information Meeting	NA	August 30	Bowling (M,W)	NA	October 19-21
Punt, Pass & Kick (M,W,C)	NA	September 5	**Table Tennis Doubles (M,W,C)	Oct. 3-Oct. 16	October 23
**Cross Country (M,W,C)	NA	September 6	Basketball (C)	Oct. 10-Oct. 23	October 29
Tennis Singles (M,W)	Aug. 27-Sept. 5	September 10	Volleyball (M,W)	Oct. 10-Oct. 23	October 29
Tennis Doubles (C)	Aug. 27-Sept. 5	September 10	Indoor Soccer (C)	Oct. 10-Oct. 23	October 29
Slow Pitch Softball (M,W)	Aug. 27-Sept. 5	September 10	*Backgammon (O)	Oct. 10-Oct. 23	October 29
Flag Football (C)	Aug. 27-Sept. 5	September 12	3-on 3 Basketball (M,W,C)	Oct. 10-Oct. 23	October 29
Mud Volleyball Tournament (C)	Aug. 29-Sept. 11	September 14	*8-Ball Pool (M,W)	Oct. 17-Oct. 30	November 5
Outdoor Racquetball Singles (M,W)	Aug. 29-Sept. 11	September 17	**Olympic Weightlifting Meet (M,W,C)	NA	November 6
Outdoor Racquetball Doubles (C)	Aug. 29-Sept. 11	September 17	Turkey Trot (M,W,C)	NA	November 11
Fast Pitch Softball Tournament (M,W,C)	Sept. 5-Sept. 18	September 21	Water Basketball Tournament (M,W,C)	Oct. 31-Nov. 13	November 16
*#Frisbee Skills (M,W,C)	NA	September 21	*Pitch (O)	Oct. 31-Nov. 13	November 26
#Hackey Sack (M,W,C)	NA	September 21	Pre-season Basketball Tournament (M,W)	Nov. 7-Nov. 27	November 30
#Wallyball Tournament (C)	NA	September 21	Swimming Relays (M,W,C)	NA	December 2
Horseshoe Singles (M,W)	Sept. 5-Sept. 18	September 24	**Tug-of-War (M,W,C)	NA	December 5
Archery (M,W,C)	NA	September 25 & 26	160 lb. Tug-of-War (M)	NA	December 5
Flag Football (M,W)	Sept. 12-Sept. 25	October 1	135 lb. Tug-of-War (W)	NA	December 5
Soccer (C)	Sept. 12-Sept. 25	October 1	**Sports Trivia (M,W,C)	NA	January 17
Golf Tournament (M,W,C)	Sept. 12-Sept. 25	October 5	Chess (O)	Dec. 5-Jan. 15	January 21
Innertube Water Basketball Tourn. (M,W,C)	Sept. 19-Oct. 2	October 5	Volleyball (C)	Dec. 5-Jan. 15	January 21
Badminton Singles (M,W)	Sept. 19-Oct. 2	October 8	Basketball (M,W)	Dec. 5-Jan. 15	January 22
**Placekicking Contest (M,W,C)	NA	October 14	Snow Softball Tournament (M,W,C)	Dec. 5-Jan. 22	January 25
10K/5K Run (M,W,C)	NA	October 14	*Table Soccer Doubles (M,W,C)	Dec. 5-Jan. 22	January 28
*Racquetball Singles (M,W)	Sept. 26-Oct. 9	October 15	FACULTY/STAFF INTRAMURAL SPORTS		
*Table Tennis Singles (M,W)	Sept. 26-Oct. 9	October 15	Racquetball Singles (M,W)	Sept. 5-Sept. 18	September 24
Rifle Shoot (M,W,C)	NA	October 16-18	Volleyball (C)	Sept. 12-Sept. 25	October 1

CAMPUS RECREATION INFORMATION MEETING THURSDAY, AUGUST 30, 1990

**6:30 P.M. IN THE
NEBRASKA UNION**

**FIND OUT MORE ABOUT WHAT
CAMPUS RECREATION HAS TO OFFER YOU!**

**INTRAMURAL SPORTS
OUTDOOR ADVENTURES
FITNESS CLASSES
INSTRUCTIONAL CLASSES
EQUIPMENT TO RENT
INFORMAL RECREATION
HUSKER RED'S PRO SHOP**

**ALL-NIGHTER
CLUB SPORTS
AND LOTS MORE!!**

HOPE TO SEE YOU THERE!!

SPORTING EQUIPMENT AVAILABLE FOR CHECK-OUT

Indoor Soccer Balls
Weight Belts
Volleyballs
Frisbees
Volleyball Nets
Horseshoes
Tug-of-War Ropes
Jump Ropes
Softball Bases
Tennis Table Paddles
Golf Club Sets
Racquetball Racquets
Badminton Racquets
Stopwatches
Canoes
Canoe Trailer
Sleeping Bags
Bicycle Packs
Ice Skates
Ice Racks

Handball Gloves
Footballs
Softballs
Basketballs
Softball Bats
Water Polo Balls
Softball Gloves
Soccer Balls
Flip Scorers
Volleyball Standards
Croquet Sets
Tennis Racquets
Squash Racquets
Megaphones
Canoe Accessories
Tents
Backpacks
Camp/Kitchen Gear
Snow Shes
Cross-country Skis & Boots

For more information contact us at 472-3467!

OUTDOOR ADVENTURES TRIP SCHEDULE

September 14-16, 1990

CANOEING ON THE NIobrARA RIVER, NEBRASKA

A favorite in the fall when the leaves have started to change and the crowds are gone, the Niobrara offers an exciting setting for this trip.

SIGN-UP DEADLINE: SEPTEMBER 11 LIMIT: 12 MEMBER COST: \$55

September 21-23, 1990

BASIC ROCK CLIMBING SEMINAR, SOUTH DAKOTA

The basics of technical rock climbing will be introduced in this one-evening, one-afternoon, and one-weekend instructional program. The program site will be Palisades State Park near Sioux Falls, South Dakota. Pre-trip meetings on campus are mandatory.

SIGN-UP DEADLINE: SEPTEMBER 18 LIMIT: 12 MEMBER COST: \$60

September 30, 1990

CANOEING DAY TRIP ON THE ELKHORN RIVER, NEBRASKA

A nearby canoe trip on this wooded Nebraska stream.

SIGN-UP DEADLINE: SEPTEMBER 25 LIMIT: 12 MEMBER COST: \$18

October 5-7, 1990

CANOEING ON THE DISMAL RIVER, NEBRASKA

Narrow and winding, the Dismal River presents Nebraska's greatest canoeing challenge as well as some of its most beautiful scenery.

SIGN-UP DEADLINE: SEPTEMBER 25 LIMIT: 12 MEMBER COST: \$55

October 7, 1990

HIKING IN WILDERNESS PARK, LINCOLN

Enjoy an autumn day of hiking through Wilderness Park, including a picnic lunch. T-shirt or hat available to participants for an additional \$5.00.

SIGN-UP DEADLINE: OCTOBER 2 LIMIT: 12 MEMBER COST: \$4

October 14, 1990

BICYCLING DAY TRIP TO ARBOR LODGE IN NEBRASKA CITY

Cycle to Nebraska City for living history exhibits. Van transportation home provided.

SIGN-UP DEADLINE: OCTOBER 9 LIMIT: 20 MEMBER COST: \$12

October 14, 1990

LAKE CANOEING & KAYAKING CLINIC, LINCOLN, NEBRASKA

Here's your opportunity to try out a tandem canoe, solo canoe, and/or kayak on an area lake. Instructors provided, t-shirt or hat available to participants for an additional \$5.00.

SIGN-UP DEADLINE: OCTOBER 9 LIMIT: 12 MEMBER COST: \$4

October 21, 1990

HIKING AT INDIAN CAVE STATE PARK, NEBRASKA

Enjoy the autumn colors while hiking the high wooded bluffs overlooking the Missouri River. A stop will be made in Nebraska City for apple cider.

SIGN-UP DEADLINE: OCTOBER 16 LIMIT: 12 MEMBER COST: \$12

October 26-28, 1990

BICYCLING APPLE CIDER TOUR OF SOUTHEAST NEBR. & SOUTHWEST IOWA

This three day ride to Waubesa State Park in Iowa gives a cyclist's view of the apple orchard country and the Missouri Valley.

SIGN-UP DEADLINE: OCTOBER 16 LIMIT: 20 MEMBER COST: \$40

November weekend, 1990

CAVING THE DEVIL'S ICE BOX, MISSOURI

Explore the natural world from the inside of the Devil's Ice Box in Missouri's Rock Bridge Memorial State Park near Columbia. This trip will include a full day of spelunking.

SIGN-UP DEADLINE: OCTOBER 30 LIMIT: 8 MEMBER COST: \$50

November 17, 1990

EARTH THANKSGIVING, PUBLIC LANDS CLEAN-UP SERVICE PROJECT

This a voluntary event to help preserve the environment. The project may involve trash pick-up, trail maintenance, or planting trees. Give something back to our favorite planet-stand up for what you stand on and volunteer to help!

SIGN-UP DEADLINE: NOVEMBER 15 BEFORE NOON MEMBER COST: FREE

December 8 or 15, 1990

CROSS-COUNTRY SKIING CLINIC, LINCOLN, NEBRASKA

Snow permitting, either of these clinics will provide basic instruction in Nordic skiing techniques. T-shirt of hat available to participants for an additional \$5.00.

SIGN-UP DEADLINE: DEC. 7 OR 14 BEFORE NOON LIMIT: 10 COST: \$4

December 26, 1990-January 12, 1991

BACKPACKING IN MEXICO

Sunshine and rugged trails lure us to Copper Canyon in Mexico, but this trip also presents the opportunity to learn more about our neighbors to the south.

SIGN-UP DEADLINE: NOVEMBER 13 LIMIT: 10 MEMBER COST: \$395

December 1990-January 1991

JOURNEY TO THE HIMALAYAS OF NEPAL

Experience backpacking and trekking in one of the most picturesque places on earth. Actual dates and cost pending confirmation of air fare.

SIGN-UP DEADLINE: OCTOBER 5 LIMIT: 10 MEMBER COST: \$2500-2900



OFFICE OF CAMPUS RECREATION

55 Campus Recreation Center

32 East Campus Activities Bldg.

472-3467

472-2479