

Michelle Paulman/Daily Nebraskan

The stationary bicycles and stair-climbing machines are popular workout choices at the Lee and Helen Sapp Recreation Center's weight room.

## UNL rec center offers students free activities

By Todd Cooper  
Staff Reporter

For first-time students at the University of Nebraska-Lincoln campus, the Lee and Helene Sapp Recreation Facility, which opened last fall, is a welcome hand to a host of healthy opportunities.

The recreation center offers full-time UNL students a variety of free activities, including weightlifting, racquetball, swimming, basketball, volleyball, squash and jogging.

"There are certain advantages to the building," said Kenda Scheele, assistant director and coordinator of intramurals at the center. "It promotes a healthy lifestyle, and it's a great way to meet a lot of new people."

"We've had very positive responses from the students. There's been a marked increase in the use of the building."

Use of the building has increased not only because of the wide range of offerings, but also because of its accessibility, according to Scheele.

"It offers many of the same programs (of other gyms), and it's conveniently located on campus," Scheele said.

When work is completed on the reconstruction of the NU Coliseum, the diversity of the programs at campus recreation should be even greater, according to Scheele. Work on the Coliseum will begin sometime this fall.

Part of that remodeling of the Coliseum includes the improvement of the men's and women's locker rooms with a sauna added to each locker room, the re-laying the gym floor and the addition of a martial arts area in the basement.

Students also have access to Cook Pavilion, the indoor practice field, whenever Nebraska athletic teams are not using it.

## Football ticket forms available

Except for football and men's basketball, attending regular season games of sporting events at the University of Nebraska-Lincoln is free for students who show their UNL student ID cards.

To order tickets for this year's seven home football games, full-time students need to fill out an application. Those going through New Student Enrollment should have received a ticket application. If not, one can be picked up at the south stadium ticket office.

Cost of student tickets is \$49; add another \$136 for a spouse ticket. The deadline for ordering is Aug. 21.

A student does not need to be registered or have a student ID card at the time of ordering, but must be registered and bring an ID card to pick up the tickets.

Applications for men's basketball tickets will be available in September.



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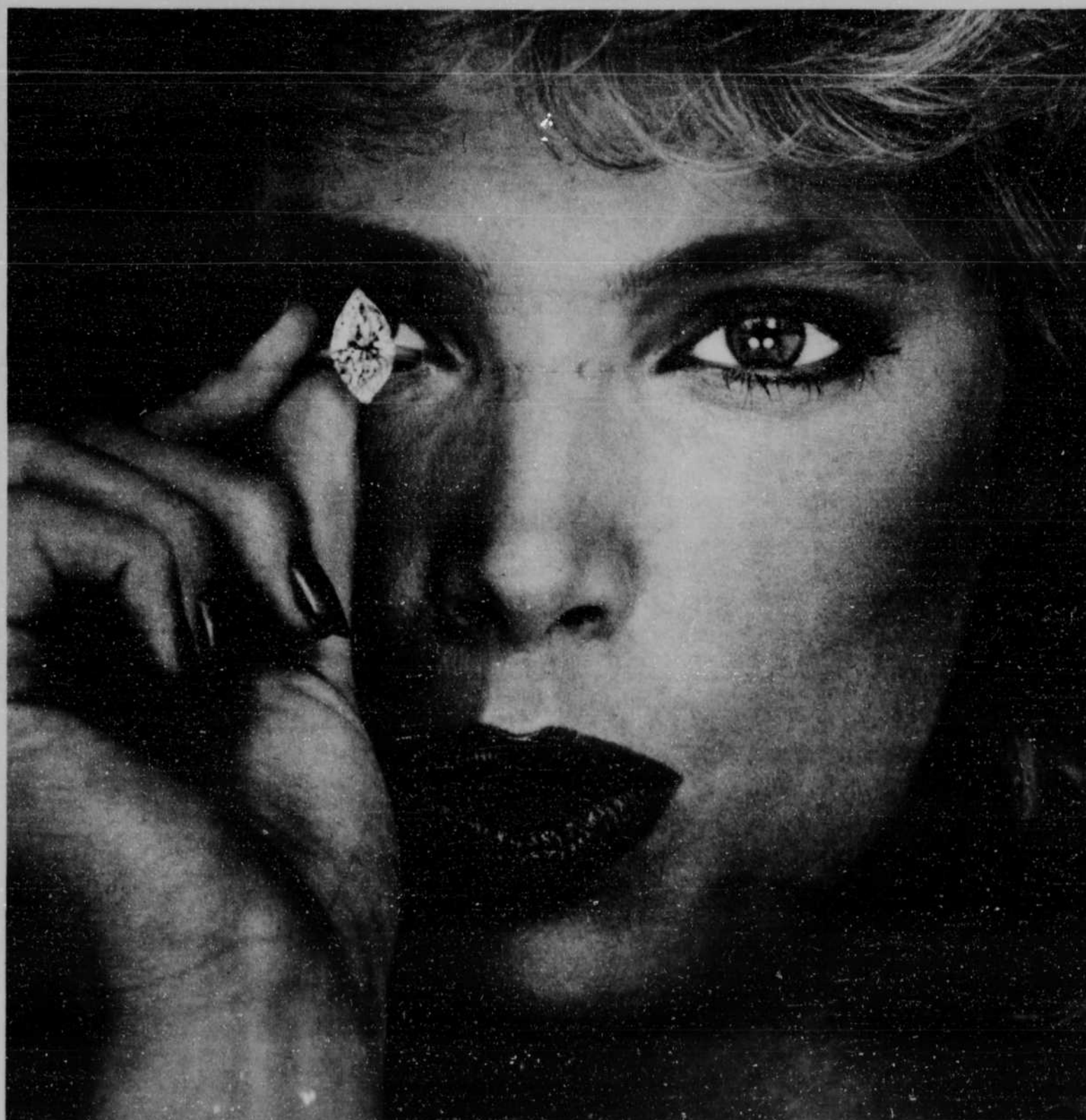
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