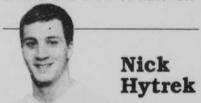
Thursday, March 22, 1990 Page 18 **Daily Nebraskan** Emotional high can carry team to victory

strength or render one a helpless mass of quivering Jell-O. It also can inspire one to achieve more than his or her normal capability.

Up until this last year when the achievements of the Colorado foot- until about 10 minutes before kick-



ball team and now the Loyola Marymount basketball team were witnessed, it was difficult to realize just how important emotion can be to the success of a team.

It was difficult even when flash-

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backs took me back to my four years Emotion is a funny thing. backs took me back to my four y It can give a person Herculean of playing high school football.

Back then, I never really realized why coach made us sit in the locker room without saying a word. We also weren't allowed to say anything during pregame stretching and warmups off.

wondered why he didn't let us yell our heads off and blow off the anticipation before the game.

Now, it's obvious what his strategy was. All of the bottled-up energy which had been building since setting foot in the locker room came out during the game in the form of emotion. We weren't always the most superior team in terms of athletic ability, but we won a lot of games.

Why? Emotion.

We played the whole game on an notional high in which defeat was up to and beyond their capability. champion Michigan, a team with more talent and better athletes. emotional high in which defeat was something totally inconceivable. After the game we were left emotionally drained, but winning was a nice compensation.

What's the point, you ask? Why is this point being brought up?

To illustrate a point. My high school football team won a lot of games because of the emotional level my teammates played on.

It's now more obvious why Colorado and Loyola Marymount have been successful this year -- they have been playing on an emotional level far above that of their opponents.

Although the Sal Aunese story got very old, the Colorado players and fans were rallying around the memory of their fallen hero. It allowed all

Now, just three short months later, Loyola Marymount players have dedicated the NCAA basketball tournament to the memory of their dead teammate, Hank Gathers. Gathers collapsed during the first half of the Lions' West Coast conference tournament game against Portland earlier this season, and was pronounced dead a short time later.

His official cause of death was

Loyola Marymount's emotion is very intense, as memories of Gathers were everywhere in its first two NCAA tournament wins. Because of emo-

Although they are both extreme examples, the Gathers and Aunese tragedies are two examples of the impact that emotion can have on an athlete's performance. From high school football to big-time college basketball, coaches get the most from their players not only by getting them physically prepared for their games, but emotionally as well.

It goes to show that sporting events aren't just a matter of who is bigger, faster and stronger -- they also can be a battle of emotions.

Will emotion carry Loyola Marymount to the championship? We can only wait and see.

Hytrek is a sophomore news-editorial major and a Daily Nebraskan sports reporter and

This emotion carried them to a Big Eight title and to the brink of a national championship.

listed as a heart condition.

of the players to reach an elevated tion the Lions blew away defending columnist. Spring Break matches give duo chance to show off 21st - place national ranking

By Paul Domeier Senior Reporter

Rachel Collins can show off a national ranking to her Southern California friends when the Nebraska women's tennis team travels to San Diego for four duals during Spring Break

The Cornhuskers will play Washington on Friday, San Diego State on Sunday, California-San Diego on Monday and U.S. International on Wednesday.

Collins, a sophomore from Thou-sand Oaks, Calif., and Nancy Tyggum, Nebraska's No. 1 duo, are 21st in the latest doubles rankings. Collins said she didn't expect to be ranked that high for the first time.

"I kind of think it's generous, but on the other hand, all I have to do is

dence," she said.

She said national recognition also motivates her and her teammates to drill and improve to give numbers to more Husker entries.

"Getting a national ranking isn't that (far) out of reality," she said.

And, yes, the ranking is something to brag about. She said that when she found out about the ranking she called a friend on the top-10 Pepperdine team. After all, Pepperdine doesn't have a doubles team ranked that high.

Thousand Oaks is north of Los Angeles, but Collins, who also plays No. 4 singles, said she hopes her parents can make the drive through Los Angeles to see her play.

trip closer to Thousand Oaks last

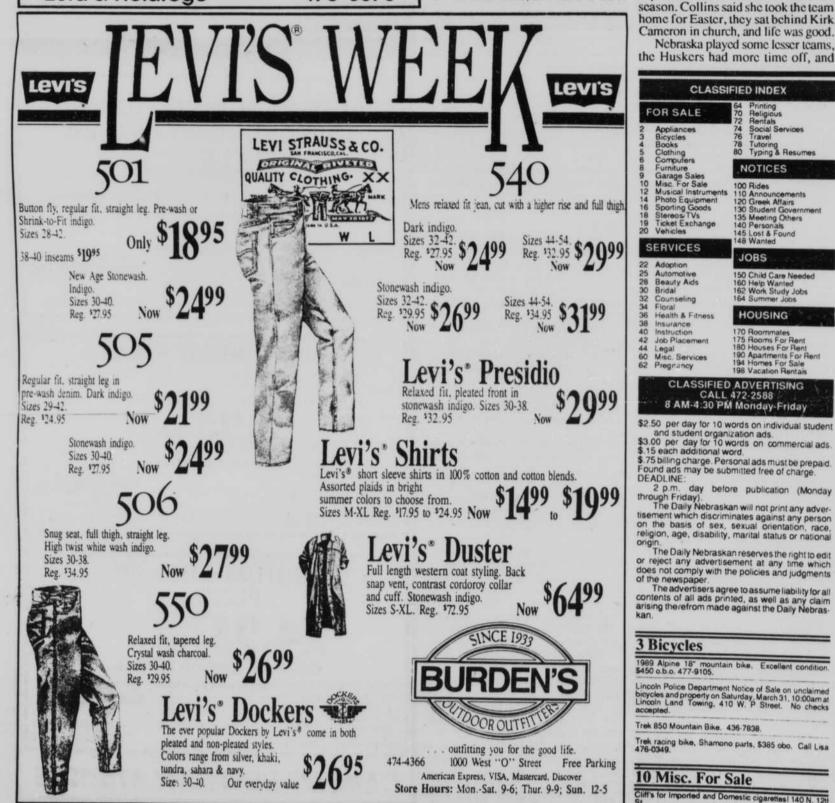
"We'll be down and back before we know it," Collins said. And Calvin said Collins and Tyggum will have a chance to increase those bragging rights. The Huskers made a Spring Break

off.

"This will give them a chance to play really good teams," he said. That is all the incentive Collins

needs

"We don't have anything to lose," she said. "I want to see what we can



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Nebraska played some lesser teams, the Huskers had more time off, and do. CLASSIFIED INDEX Cliffs for Beer Steins! 140 N. 12th Earth Day T-Shirts for sale at Bud's Beverages, south of 11th and Cornhusker. Also at Q-4 Quik on 17th and Vine. Buy one for Spring Break! Social Ser Travel Tutoring Eye Contact: Replacement and Spare lenses. Starting at \$19,95 each. 1-800-225-2020. Tutoring Typing & Resu Jim's Journal Merchandise. Send for FREE catalog: T-shirts, Boxers, mug Furniture Garage Sales Misc. For Sale Musical Instru Photo Equipm NOTICES Ameriprint P.O. Box 680 Marshall, WI 53559 or Call (608) 655-4248 100 Rides 110 Announcement 120 Greek Affairs 130 Student Govern 135 Meeting Others 140 Personals 145 Lost & Found 148 Wanted Sporting Goods Stereos TVs Ticket Exchange Love seat and matching chair, good condition, \$100 435-2186 18 Stereos/TVs JOBS 150 Child Care Neede 160 Help Wanted 162 Work Study Jobs 164 Summer Jobs

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think about it and it gives me confi- Collins was an inexperienced freshman playing No. 5 singles and No. 3 doubles.

Coach Gregg Calvin said the 1990

trip will be tougher than the 1989 trip.

San Diego State is ranked 14th, he

said, U.S. International is close to the

top-25, California-San Diego is the

defending Division III champion and Washington lost 5-4 to Weber State, a

team Nebraska recently beat 5-4. This

year's trip has more of a tennis em-

phasis, and the Huskers have one day

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