



WANT TO COMMUNICATE BETTER?

LEARN ASSERTIVE SKILLS

Would you like to communicate your thoughts and feelings more effectively with others? Our group will help you to become more direct and honest while respecting the rights of others. We will meet for 7 weeks, Tuesdays, February 6-March 20, from 1:30-3:30. If interested, contact Sue at the Counseling Center, 226 Administration, 472-3461

Female sprinter hits career-best mark; Nebraska team wins 28 of 29 events

By John Adkisson and Sara Bauder
Staff Reporters

Nebraska sprinter Ximena Restrepo hit her career-best mark in the 400-meter dash Saturday and earned a berth in the NCAA indoor finals this March.

Restrepo teamed with dual-event winner Sammie Resh-Gdowski to lead the Nebraska women to the team title against Colorado State and Wichita State. The Cornhuskers finished with 108 points. Colorado State was second with 23. Wichita State finished third with 19.

In the men's competition, Nebraska claimed the team title with 110 points. Colorado State was second with 28, while Wichita State was third with 20.

Restrepo said she used the friendly

confines of the Bob Devaney Sports Center to record her blistering 400-meter clocking.

"The run felt really good," said Restrepo, whose 53.38 second mark bested her nearest competitor by seven seconds.

"I like to run here," she said. "Everybody's watching you and cheering you on. It helps a lot."

Nebraska track coach Gary Pepin said he was extremely pleased with Restrepo's performance because the senior from Medellin, Colombia, has been bothered by a hamstring injury she suffered before the season began.

"She's really a strong runner," Pepin said. "She's very unusual in the fact that she excels in all sprints, from the 55 (yard dash) on up."

Resh-Gdowski also excelled Saturday when she won the 1,000-meter run in 2:47.94 minutes. That time tied

the school record which was set by Nicole Ali in 1985.

Resh-Gdowski also won the mile-run in 4:53.32.

Nebraska won 28 of Saturday's 29 events. The only event that the Huskers did not win was the women's 600-meter dash, which it did not enter.

Jacques van Rensburg was top performer for Nebraska, winning the mile run with 4:06.54. Senior Joe Kirby finished second in 4:11.61.

"We turned in a lot of solid performances," Pepin said, "and a few really outstanding performances."

Pepin said he was not surprised by Nebraska's success.

"I thought we'd win team-wise fairly easily," he said. "We're a pretty balanced team; and for someone to beat us in a meet like this, they'd have to be one of the better teams in the nation."



475-6363

50c off Any Pizza

Name _____
Address _____

Limited delivery area.
Expires June 15, 1990



475-6363

\$1.00 off Any Pizza

Name _____
Address _____

Limited delivery area.
Expires June 15, 1990

Woods

Continued from Page 7

ary 24.

"They're a good ball team, tal-

Loss

Continued from Page 7

Iowa State guard Terry Woods prevented Nebraska from doing that, as he steered the Cyclones to a 12-point lead. Woods, who at 5-foot-9 is the shortest player in the Big Eight,

ented at each position . . . I'm sure they'll be jacked up to beat us after we came down to their place and got a win," he said. "But we'll be up at the Hilton (Coliseum)."

Hilton Coliseum has been a snake

scored 14 of his game-high 25 points in the second half.

Woods' performance proved to be critical, as it dropped Nebraska's record to 7-10 and 0-4 in the conference.

Ne said he was disappointed by the loss.

"We played well enough to come back," Ne said, "but not well enough

pit this season, as the Cyclones are 5-2 in it. Iowa State's home losses have been a two-point loss to Iowa and a double-overtime setback against Creighton.

"We'll be ready," Woods said.

to hold on.

Nebraska was led by Carl Hayes, who tallied a career-high 22 points.

"Hayes is an excellent player," Iowa State coach Johnny Orr said.

"He (Dapreis) did a real good job on offense. Owens did a heck of a job for them. He had some great plays at the end."

9TH ANNUAL

Sunchase

SPRING '90

BREAK CELEBRATION

It's Hot!

RESERVATIONS AVAILABLE NOW!

DAYTONA BEACH from \$129*

THE REEF AND CAROUSEL HOTELS & KITCHENETTES • 7 NIGHTS

SOUTH PADRE ISLAND from \$129*

SHERATON CONDO & HOTEL, GULF VIEW, LANDFALL TOWER, SAIDA CONDOS, HOLIDAY INN • 5 OR 7 NIGHTS

STEAMBOAT from \$101*

SHADOW RUN CONDOS OR OVERLOOK HOTEL • 2, 5 OR 7 NIGHTS WITH ALL LIFTS - PICNIC - RACE

FORT LAUDERDALE from \$132*

LAUDERDALE BEACH HOTEL • 7 NIGHTS

HILTON HEAD ISLAND from \$127*

HILTON HEAD ISLAND BEACH & TENNIS RESORT CONDOS • 7 NIGHTS

CORPUS CHRISTI/MUSTANG ISLAND from \$99*

PORT ROYAL OCEAN RESORT CONDOS • 5 OR 7 NIGHTS

DON'T DELAY!

CENTRAL SPRING BREAK TOLL FREE INFORMATION & RESERVATIONS

1-800-321-5911

7AM-7PM M-Th, 7AM-5PM Fri, 9AM-5PM Sat, Mountain Standard Time
Reservations may be made by credit card

24 HOUR FAX RESERVATIONS (303) 225-1514

*Depending on break dates and length of stay

The 1st Amendment

What rights do you have?

HENTOFF VS. RUSHER

Tuesday, January 30, 8:00 p.m.
Nebraska Union Centennial Room
Free Childcare Provided

Admission
\$1 Students (with UNL Picture I.D.) \$2 Non-Students

Talks & Topics Committee Nebraska Press Association
UNL College of Journalism

Do You Know Your Number?

Cholesterol Screening
January 31, 1990
East Campus Union
Great Plains Room
9:00 a.m.-4:00 p.m.
Cost: \$4.00

No fasting required.
No appointment necessary.

Sponsored by
the University Health Center
&
Abbott Laboratories

The University of Nebraska-Lincoln does not discriminate in any of its academic, admissions, or employment programs and abides by all federal and state regulations pertaining to same.