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Freshman backs up Nebraska starter

By Sara Bauder
Staff Reporter

After a redshirt year to get used to playing defense again, freshman David White has moved up the depth chart to split time with Nebraska's starting outside linebackers.

Tony Samuel, Nebraska's outside linebackers coach, said White has become his "swing man," replacing either of the two starters, Mike Croel or Jeff Mills.

"David plays as much as the starters," Samuel said. "He is usually in the game by the first quarter."

White said that after playing tight end his last two years in high school, he had lost some of the instincts a defensive player needs.

"The redshirt year was the best thing I ever did," he said. "I played on the scout team and ran against the

No. 1 offense. It built up my confidence again."

Samuel said White is a tough player who works hard and learns his assignments quickly.

White said part of the credit for his quick ascent up the depth chart is from his being in the right place at the right time. He said the graduation of Broderick Thomas and Jon Marco gave younger players a chance to move up.

White also said his ability to learn Nebraska's system made it possible for coaches to give him playing time.

"Coach Samuel put me in because I learned the system," he said. "I've heard the outside linebacker position is the hardest to learn."

"It wasn't easy, and I'm still learning."

White said he still makes mental mistakes, but he knows what he has

done wrong:

"The coach will ask me 'What should you have done?' and I can tell him," White said. "It's just a mental lapse sometimes."

White said he wants to concentrate on improving his speed and learning his assignments better.

"If you know your assignments to a 't', there is no reason to hesitate on the field," he said.

Having the right attitude is also important to success on the football field, White said. He said keeping team goals in mind and not worrying too much about individual goals helps a player improve.

"No matter how many times my picture is in the paper, or my name is in the paper, I'm still going to be the same person," he said. "I'm not a booster or a bragger. I just want to contribute to the team."

PERRY from Page 7

looned up to 145 pounds. In this plan, there's no therapy, no special diets and, best of all, no complicated treatments.

There is just one thing -- hot dogs.

To begin this plan, simply make a trip to your nearest grocery store and purchase as many cheap packs of hot dogs as you possibly can. Cheap hot dogs are better than the more expensive variety because they don't have any taste -- and remember, you're going to be eating as many as 10 hot dogs a day for weeks on end so you don't want to consume anything that has flavor.

On your way to the check stand, pick up as many cheap loaves of bread as you need. Bread is better than hot dog buns because it's cheaper, and also because it seems like you're eating less when you wrap your hot dog in a single piece of bread as opposed to an entire bun.

When you proceed to move through the check stand, prepare to subject yourself to funny looks and strange remarks. After all, you

should only have five to 10 packs of 75-cent hot dogs (the 49-cent variety makes me ill) and three or four loaves of bread.

If you feel embarrassed by all of this, make up an excuse. The easiest one is, right when you feel someone's eyes glaring at you or sense that someone's mouth is about to spit out a sarcastic remark, to tell them you're going to have a cookout.

Or, if you're like me, tell them the truth and say you don't know how to cook anything else. Tell them that when you were growing up, your mom never explained to you that you were supposed to drain the water out of the macaroni and cheese before you stir in the milk (no wonder it tasted so bad) and that you could never figure out why your hamburgers were so raw in the middle until someone told you that it helps if you turn the flame down.

Once you get through all the excuses and finally make it home, your new diet should begin. Throw out any other food you have in your refrigerator and prepare yourself to live on hot dogs for the course of

the entire diet. When you run out, simply repeat the above process all over again.

Psychological boundaries are an important part of this diet, so you are allowed to reward yourself once a week with fast food. Personal favorites are tacos (no more than four), hamburgers (a maximum of two) and Mountain Dew (an unlimited supply).


And, if you really want to be different, try a plan that is personally endorsed -- eat raw hot dogs one week and cooked ones the next. This not only makes it seem like you're eating something different, but it often changes the color as well.

If Perry followed this plan, instant weight loss would be guaranteed. He'd shed those triple-x jerseys like he sheds offensive linemen against the run, and his pass defense would improve.

And most of all, he wouldn't be the fat-faced blob he is now.

Angel is a senior news-editorial major and is the Daily Nebraskan's sports editor.

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