

# Harris Labs gives 'great figures' for time

By Kelli Maggione  
Staff Reporter

"Spend a few days at Harris and leave with a great figure."

Contrary to the image that this advertising slogan might conjure, Harris is not a new health resort and figure is not referring to physical shape, but money. But good physical condition is a prerequisite to get into Harris.

Harris Laboratories is a clinical research laboratory where studies of prescription and over-the-counter medications are done on study participants.

"The drugs being used have previously been studied in humans in other countries," said Bob Marshall, marketing manager, life sciences at Harris Labs. "From the chemistry of the compound, we usually know what will happen. You are safer taking medication here than at home."

Marshall stressed that at Harris they "are not looking at drug efficacy (if the drug works) but the basic pharmacology, or the effect on living organisms."

"What we are concerned with are blood levels: absorption, retention, and elimination rate of the drug," he said.

Thus, frequent blood draws are part of each study, which may be unfortunate for those who fear needles but want to earn money.

Phil Gosch, a junior political science major at the University of



Jeff Reiner/Daily Nebraskan

Nebraska-Lincoln, is one of those people.

"I've gone in twice, taken the physical, but have never gone back for the studies," Gosch said. "Although the money would be great, I have an aversion to needles and farsighted nurses."

Even Carol Meyerhoff, the recruiting services manager responsible for recruiting possible study participants, admitted having had "needlephobia."

"Since I recruit people, I figured I needed to know what it was like (to take part in a study.) I couldn't look at the blood draw. I didn't even want to go through

with the physical, but it was a piece of cake. If I can do it, anybody can."

Money is a major incentive for participation. Earnings range from \$100 to \$2,000, depending on the length of stay at the laboratory. UNL senior Charlie Liakos, a math/actuarial science major, has completed four studies at Harris and earned a total of \$1,350.

"It's relaxing as can be," Liakos said. "It's the most stress-free time you can have. The money can't be beat."

During a stay at the lab, free time can be spent in recreation areas, playing pool and video

games, in TV lounges or out in the courtyard.

"You have all the time to do things, get caught up. I wrote two papers," said senior psychology major Jamie Winter.

The process of becoming a study participant begins with a phone call, where recruiters like Meyerhoff screen a person's medical history, registering those who fit the criteria needed.

"We need a fairly uniform population -- homogenous," Meyerhoff said. The studies have varying age and sex requirements, and some studies are only for smokers or non-smokers.

From there, possible participants come in for a physical exam. At this point, they are given detailed information about the medication and what to expect. Marshall advises potential participants to take that opportunity "to ask questions, take a look around the facility, talk to the staff."

Most studies are for men. Because of pregnancy liability, studies involving women usually require them to be surgically sterile or post-menopausal, even though pregnancy tests are given to women during the physical exam.

A stay at Harris Laboratory is required in most studies so as to administer the necessary tests and control food and medication intake, with most of the studies being conducted on weekends so as not to interfere with school and work.

# Ticket checking going smoothly after rule change

By C.J. Schepers  
Staff Reporter

The new University of Nebraska-Lincoln student football ticket system is operating "rather smoothly," according to Joe Selig, ticket manager of the UNL Athletic Ticket Office.

During the system's kick-off Saturday, Selig said, gate personnel had no problems checking IDs for the Nebraska-Northern Illinois game.

"To my knowledge, things did not bog down," Selig said.

With the new system, UNL students -- for the first time -- now can legally transfer their tickets to other part- or full-time students or even non-students.

The old method allowed only the student who owned the ticket to use it.

Owners of student tickets must present their full-time photo IDs or traditional IDs.

Selig said students also can transfer their tickets to other full-time students, but non-owners must present their full-time IDs at Gate 21 for full-time verification. Those with traditional IDs must present some type of photo ID as well.

Students who want to transfer their tickets to a part-time student or non-student must pay the difference between the student and public price, and have the ticket validated by the Athletic Ticket Office, he said.

This season, the price tag of a student ticket is \$7 versus \$18.50 for the general public. The difference of \$11.50 would have to be paid at time of validation.

The ticket price for the Nebraska-Oklahoma game is the only exception, he said, because of the higher \$25 public rate. That raises the difference to \$18.

Students can validate their tickets the week of the game on Wednesday or Thursday, or game days from 9 to 11 a.m.

Only ticket owners can have their tickets validated, he said.

According to Selig, 250 student tickets were validated for the Nebraska-Northern Illinois game on Sept. 9, and slightly more than 100 full-time students were admitted with other students' tickets at Gate 21.

The total number of student tickets sold this season is about 9,700, he said.

Selig said gate checkers will meet Saturday before the Utah game as a follow-up to last week's smooth procedure.

"We will be monitoring the situation," he said.

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graduates one year after graduation and concentrates on the support those students had received from family, employers and the institution.

The final part of the study is conducted five years following graduation, she said, and focuses on what education does for life satisfaction.

An average of 60 percent of non-traditional UNL graduates respond to the survey each year, Eversoll said. Most people are eager to "tell their story," she said.

Eversoll said she began her study in 1981 because she felt there was a need for research that focused on the successful degree completion by nontraditional students.

The information supplied by non-traditional graduates is helpful in encouraging and counseling adults who consider returning to higher education, Eversoll said.

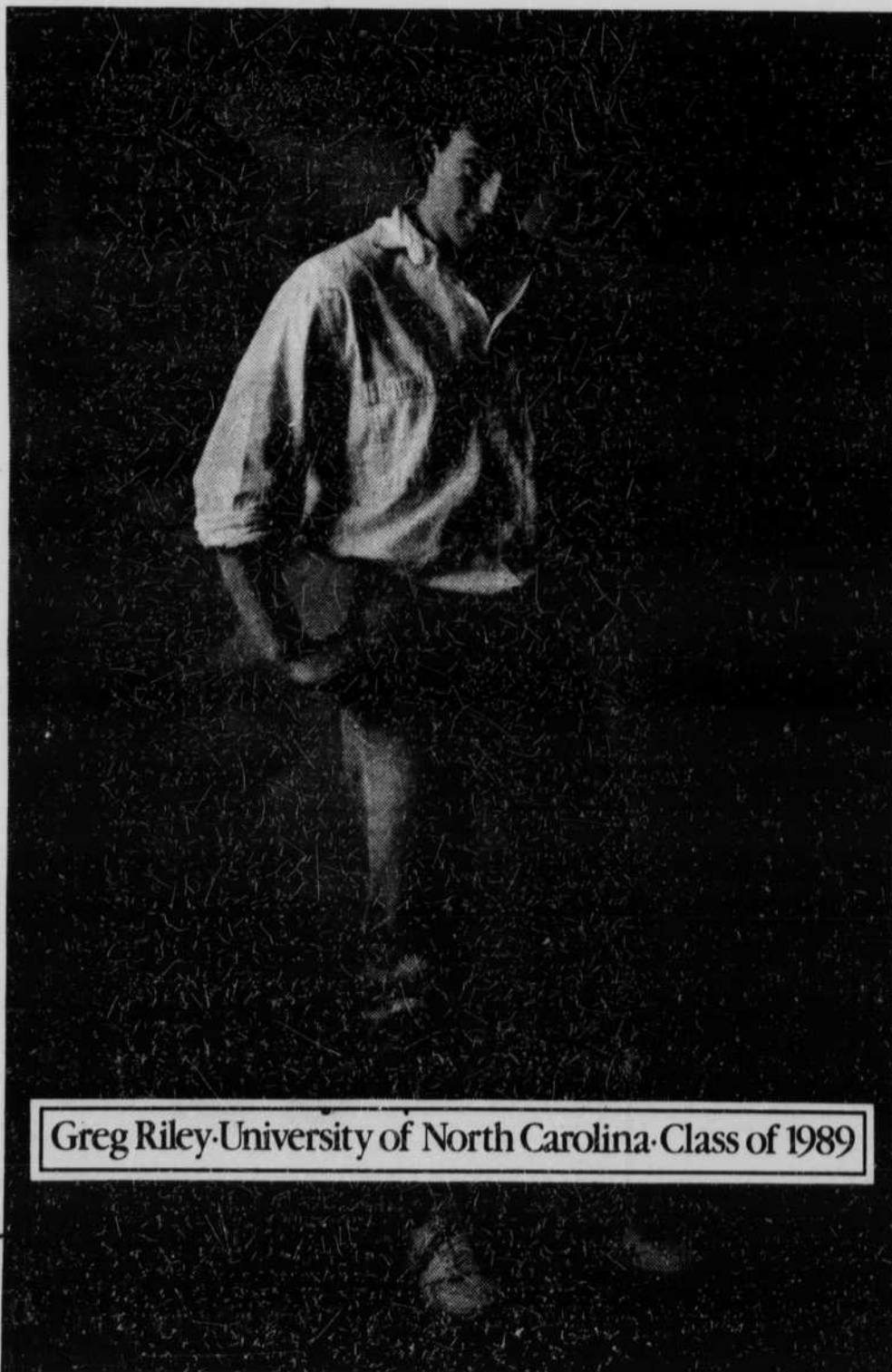
Graduates give new returning students realistic advice, Eversoll said.

"New students are told that it is not easy, and not to expect it to be a piece of cake, but that returning to school is well worth it," she said.

Some graduates have reported not being accepted by traditional-age students as one of their greatest fears in returning to school, she said. Many also have reported having made some strong relationships, Eversoll said.

Despite the difficulties, more than 90 percent of respondents reported they would make the same choice if they had to do it over again, she said.

"I don't want a lot of hype. I just want something I can count on."



Greg Riley-University of North Carolina Class of 1989

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