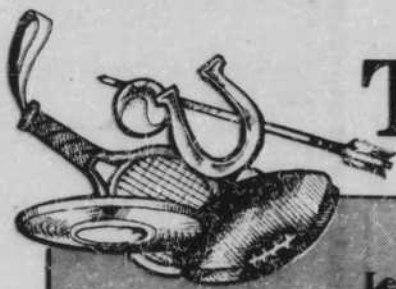


CLIP & SAVE



THE SEMESTER IN SPORTS

INTRAMURALS

SCHEDULE OF MEN'S, WOMEN'S & CO-RECREATIONAL ACTIVITIES
 Legend: M - men; Women - women; C - co-recreational; NA - no advanced entry required, enter on sight; O - open
 * - held in conjunction with the Nebraska Union RecRoom ** - Esprit de Corps event

ACTIVITY	ENTRY PERIOD	PLAY BEGINS	ACTIVITY	ENTRY PERIOD	PLAY BEGINS
Volleyball (C)	Dec. 7-Jan. 17	January 23	Volleyball Marathon (M,W)	Feb. 22-March 7	March 10
Basketball (M,W)	Dec. 7-Jan. 17	January 24	Wrestling Meet (M,W)	NA	March 13
Snow Softball Tournament (M,W,C)	Dec. 7-Jan. 24	January 27	Badminton Doubles (M,W,C)	Feb. 22-March 7	March 13
*Table Soccer Doubles (M,W,C)	Dec. 7-Jan. 24	January 30	Intramural T-Shirt Design Contest (O)	Feb. 1-March 14	March 14
Water Polo Tournament (M,W)	Jan. 18-Jan. 31	February 3	Floor Hockey Tournament (M,W,C)	Mar. 1-Mar. 14	March 17
Innertube Water Polo Tournament (C)	Jan. 25-Feb. 7	February 10	Soccer (M,W)	Mar. 8-Mar. 21	April 4
Indoor Soccer (M,W)	Jan. 25-Feb. 7	February 13	Slow Pitch Softball (C)	Mar. 8-Mar. 21	April 4
**Swim Meet (W)	NA	February 15	3-on-3 Outdoor Volleyball Tourn. (M,W)	March 15-April 4	April 7
*Swim Meet (M)	NA	February 16	10K/5K Run (M,W,C)	NA	April 9
Basketball Golf (M,W,C)	NA	Feb. 21 & 22	**Horseshoe Doubles (M,W,C)	Mar. 22-Apr. 11	April 17
**Free Throw Contest (M,W,C)	NA	Feb. 21 & 22	Tennis Doubles (M,W,C)	Mar. 22-Apr. 11	April 17
Indoor Track Meet (M,W)	NA	February 26	**Powerlifting Meet (M,W,C)	NA	April 18
1-on-1 Basketball (M,W)	Feb. 8-Feb. 21	February 27	3-on-3 Volleyball Tournament (C)	April 5-April 18	April 21
2-on-2 Basketball (C)	Feb. 8-Feb. 21	February 27	Ultimate Frisbee Tournament (M,W)	April 5-April 18	April 21
Indoor Wiffleball Tournament (C)	Feb. 15-Feb. 28	March 3	Outdoor Track Meet (M,W)	NA	April 23
Racquetball Doubles (M,W,C)	Feb. 15-Feb. 28	March 6	Fishing Derby (O)	Mar. 25-April 25	April 25
9-Ball Pool (O)	Feb. 15-Feb. 28	March 6	16" One Fitch Softball Tourn. (M,W)	April 12-April 25	April 28
			**Frisbee Golf (M,W,C)	April 12-April 25	May 2



TRIP PROGRAM SCHEDULE

January 21, 23, February 4 or 11, 1989

CROSS-COUNTRY SKIING CLINICS

Snow permitting, these Saturday clinics will provide basic instruction in nordic skiing techniques. T-shirts available for participants for an additional \$5.00.

SIGN-UP DEADLINE: FRIDAY NOON LIMIT: 10 STUDENT COST: \$4.00

January 25 or February 12, 1989

ICE FISHING CLINICS

Weather permitting, we will travel to an area lake to fish through the ice. Bring your own pole. T-shirts available for participants for an additional \$5.00.

SIGN-UP DEADLINE: FRIDAY NOON LIMIT: 10 STUDENT COST: \$4.00

February 25-26, 1989

WINTERING EAGLES CANOE TRIP, Platte River

This stretch of the Platte is the temporary home to one of the greatest concentrations of migrating eagles in the continental U.S.

SIGN-UP DEADLINE: FEB. 14 LIMIT: 16 STUDENT COST: \$40.00

March 4-5, 1989

BIRDS! BIRDS! BIRDS! CANOE TRIP, Platte River

Migrating birds, including sandhill cranes, can be viewed on this pleasurable canoe trip on the Platte River.

SIGN-UP DEADLINE: FEB. 21 LIMIT: 16 STUDENT COST: \$35.00

March 11, 1989

ORIENTEERING, Pioneers Park, Lincoln, Nebraska

Designed for fun as a "treasure hunt" event, participants will use map and compass to find control points strategically placed in Pioneers Park. T-shirts available to participants for an additional \$5.00.

SIGN-UP DEADLINE: MARCH 7 LIMIT: 12 STUDENT COST: \$4.00

April 12, 13, 14-16, 1989

BASIC ROCK CLIMBING SEMINAR

The basics of technical rock climbing will be introduced in this one-evening, one-afternoon, and one weekend instructional program. The program site will be Pikes State Park in South Dakota.

SIGN-UP DEADLINE: APRIL 11 LIMIT: 12 STUDENT COST: \$55.00

April 22, 1989

CANOEING on the Little Blue River

A nearby canoe trip on this pretty eastern Nebraska stream.

SIGN-UP DEADLINE: APRIL 18 LIMIT: 15 STUDENT COST: \$15.00

April 28-30, 1989

BACKPACKING/CANOEING the Nebraska Sandhills

Which do you choose? Backpacking through the sandhills of Halsey National Forest? Or canoeing on the Niobrara River? Great choices for a great weekend.

SIGN-UP DEADLINE: APRIL 18 BACKPACKING LIMIT: 5 STUDENT COST: \$40.00

CANOEING LIMIT: 5 STUDENT COST: \$50.00



March 25-April 2, 1989 BACKPACKING IN THE GRAND CANYON

Descend into the towering depths of the Grand Canyon and experience its majesty and grandeur.

**SIGN-UP DEADLINE: MARCH 2
LIMIT 12
STUDENT COST: \$225.00**

May 14-21, 1989 WHITEWATER RAFTING

A rafting trip on a whitewater river in the Western U.S. Location to be determined pending permit issuance in the Spring.

**SIGN-UP DEADLINE: APRIL 25
LIMIT 12
STUDENT COST: \$245.00**

SPRING BREAK EXPEDITIONS

March 24-April 2, 1989 CANOEING CANYONS OF THE RIO GRANDE

One of America's largest wilderness areas is located in the Big Bend country of southwest Texas. This trip will be spent canoeing in this area on the Rio Grande, which forms the border between the United States and Mexico.

**SIGN-UP DEADLINE: MARCH 2
LIMIT 12
STUDENT COST: \$225.00**

SUMMER 1989 EXPEDITIONS

May 18-28, 1989 SAILING IN THE BAHAMAS

Spend seven full days sailing the crystal clear waters of the Bahamas on a Morgan 41 foot Out-Island Ketch Rig Sailboat. Participants will also have the opportunity to snorkel and explore uninhabited islands.

**SIGN-UP DEADLINE: APRIL 4
LIMIT 12
STUDENT COST: \$715.00**



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