

# Huskers 3-1 in weekend tourney

**SOFTBALL** from Page 9

Kremer means to our ball club," Wolforth said. "This summer I wasn't sure how Kremer would shape up as a leader because she had never been in that role before. Now, in her senior year, she has gone far and above coach (Rick) Church and my expectations as a leader. She is the best leader I had since Lori Richins."

Kremer provides the senior leadership on the Huskers' freshman-dominated team. She said the freshmen proved themselves during the tournament, which opened Nebraska's fall schedule.

Wolforth said that besides Kremer, he was impressed with the play of freshman outfielder Kristin Davidson. Wolforth was pleased with the performance of freshmen pitchers Marie Bowie and Deanna Mays.

Bowie had a 2-1 record, including one save while Mays recorded the win against Northern Iowa.

"I thought Marie Bowie showed one heck of a lot of freshman mental toughness," Wolforth said. "(Against Creighton) she gives up two runs she could have packed in her tent and went home."

"She's out there all by herself and all she did was say Creighton — no more — and threw six more innings and kept us in it."

Last night, Creighton's right fielder Morya Nichols reached first on a Husker error in the 1st inning and advanced to second on a sacrifice bunt by center fielder Lisa Elwell. Second baseman Sue Frederick drew the walk and a single by catcher Karyn Rice scored both Nichols and Frederick to give the Bluejays a 2-0 lead.

Nebraska scored in the third inning when Davidson singled and moved to second on a Creighton error. Left fielder Jill Rishel and Kremer sandwiched singles around Mays' pop out

to score Davidson. A Creighton wild pitch and an error scored Rishel to tie the game at 2-2. Kremer's home run in the sixth inning finished the Husker scoring.

***'It's immeasurable what Jane Kremer means to our ball club. . . . She is the best leader I've had.'***

— Wolforth

Creighton coach Mary Higgins said the game was typical of the teams' series.

"It is always a great contest between Creighton and Nebraska," Higgins said. "Both teams really take it to each other."

On Friday night against Iowa State, Kremer's home run gave the Huskers a 1-0 lead in the first inning. In the fourth inning, after Kremer and left fielder Janelle Frese singled, Katy Wolda's single scored Kremer. Michelle Mason's single scored Frese and gave the Huskers a 3-0 lead.

The Cyclones scored a run in the

fifth, but Nebraska held on for the victory.

Against Northern Iowa, Mays pitched a two-hitter. Five Panther errors helped Nebraska's cause.

Bowie limited Iowa State to six hits, but against Illinois State she gave up nine hits, three runs and two walks in the Huskers' loss.

The Redbirds scored a run in the first inning. The Huskers retaliated in the bottom of the first when Rishel reached first on a Redbird error and scored on Kremer's second home run of the tournament to give the Huskers a 2-1 lead.

In the sixth inning, Illinois State won the game with two runs.

Wolforth said the tournament was a learning experience for the Huskers.

"It was a real good chance for the players to see me and how I am," Wolforth said. "I hope they know now a little bit more about what it takes to win at the Division I level."

"What I caution the people about is that this is good softball but it is not top 10 softball," he said. "There might not be a team here that is in the top 10, including Nebraska. I think there's one team that is going to be (in the top 10) and that is Nebraska."

The Huskers will play a double header against Kearney State Friday at the Nebraska Softball Complex.

## in brief

SPORTS

### Nebraska soccer team ties UNO

Nebraska's club soccer team battled the University of Nebraska at Omaha to a 1-1 tie Thursday in a rainstorm at UNO's Al Caniglia Field. The tie moved Nebraska's record to 2-1-1.

Chris Weindel scored Nebraska's only goal, his 5th of the season. He made the goal from about 25 yards, team spokesman Kevin Lang said. "It just split the defense," Lang said, "and the goalie couldn't catch it in time."

UNO scored on a penalty kick after Nebraska defender Jeff Kosicki tripped a UNO player in the penalty box.

### Nebraska basketball season tickets

Nebraska basketball season tickets for students will go on sale from Sept. 26 to Sept. 30 at the South Stadium ticket office.

### Nebraska basketball schedule changes

Nebraska's basketball team has canceled one game and moved two others to alternate dates.

A Jan. 9 road game against Wisconsin-Green Bay was canceled after it was discovered Nebraska had scheduled one game too many.

A Jan. 7 home game against Oklahoma on Saturday afternoon was moved to Monday night to accommodate a Sooner national television game. And a Jan. 3 home game against Sam Houston State has been moved to Jan. 5.

In other basketball news, the Cornhuskers will begin their season on Oct. 15 at 12:01 a.m. with a practice at the Bob Devaney Sports Center. An alumni game at 10:30 a.m. will precede the practice.

### Army-Navy flag football

The University of Nebraska-Lincoln ROTC Army and Navy flag football teams will play their annual flag football game at the former Whittier Junior High School on Oct. 29 at 3:30 p.m.

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Some women think they need to take an occasional rest from the Pill. So they switch to a less effective form of birth control, and increase their chances of getting pregnant. Just how restful this can be is highly questionable. What is certain, however, is that there's no medical evidence that supports this notion of taking a break. None.

# SHOULD YOU TAKE A BREAK FROM THE PILL?

There are other myths, misconceptions and questions about the Pill. What about the Pill and breast cancer? Although there are conflicting reports concerning this issue, the Centers for Disease Control reported that women who took the Pill—even for 15 years—ran no higher risk of breast cancer than the women who didn't. They also reported that ovarian and uterine cancer are substantially less common among women on the Pill. What's more, Pill users are less likely to develop pelvic inflammatory disease (tubal infections), benign breast disease, and iron deficiency anemia—not to mention menstrual cramps.

And the rumor that the Pill makes you less fertile is just that. Rumor. Studies indicate that if you were fertile before you took the Pill, taking it should not affect your ability to have children later. Some women

may experience a short period of readjustment after discontinuing the Pill. But even so, they usually become pregnant soon.

So does the Pill have any real risks? Yes. And you should know what those risks are. For example, if you are taking the Pill, you should not smoke. Especially if you're over 35. Cigarette smoking is known to increase the risk of serious and possibly life-threatening adverse effects on the heart and blood vessels from Pill use. What's more, women with certain conditions or medical histories should not use the Pill. Even if you're already on the Pill, you should see your doctor at least once a year. And be sure to read the patient information that's included in every Pill package.

When it comes to birth control, the best advice is to seek out the best advice. Go to reliable sources. Ask a lot of questions. Discuss all the options with your doctor.

Because only then will you know where the myth ends. And the truth begins.

A message from the Association of Reproductive Health Professionals through an educational grant from Ortho Pharmaceutical Corporation.

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