### Monday, February 29, 1988

### **Daily Nebraskan**

# 'Iron Mike' Epperson pummels his way back from wrist surgery

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bone from his pelvis.

'It takes months and months for the wrist to reestablish its blood supply, and that's why he had to wear a cast for so long to protect it," Clare said.

He said Epperson's wrist will never be 100 percent healed. The fractured bone has not completely been filled in with new bone yet, Clare said, but it does have a common bond.

Epperson said he wouldn't have undergone the surgery if he would've known the extent of the injury.

"Looking back, if I knew I was going to miss a year-and-a-half of gymnastics, I would've waited until after the 1988 Olympics to have the surgery," Epperson said. "I really think the operation cost me a spot on the `88 Olympic team.

"I competed from December 1985 until April of 1986, and did pretty good," he said. "Sure, the wrist hindered me, I couldn't work out as long and as hard on a couple of events, namely pommel horse and parallel bars, but I did pretty well."

Allen said he made Epperson do tedious jobs such as scrubbing mats and painting walls during his redshirt season so he still felt he was a part of the team.

"I made him do everything around the gym," Allen said. "I know it wasn't a lot of fun for him, but I didn't want to lose him. I wanted to make him feel like he still owed something to me and the University of Nebraska. Apparently it paid off, be-cause all that stuff when added up helped him to come back.'

Epperson said the hope of regain-ing his gymnastic skills is what kept him from quitting last year. He said his most difficult moments were having to sit by and watch while Schlesinger and Davis had their best seasons.

"It was difficult for me to just stand back and watch Tom and Kevin go great guns and finish 1-2 at the NCAA Championships," he said. They were my peers, they were the people I competed against and the three of us were very close competitively. They really had a good year rhythm because the year off had while I was off, But I had to accept robbed him of those talents. that.'

'The only thing I could do once l got back in the gym was keep trying. I would look at the other guys in the gym and say to myself, 'One day I'm going to be able to do all those things they can do."

Epperson said when he came back, he had to regain his timing and

Epperson said there were days when he would wake up wondering if he could handle the pain and the pressure of coming back.

"The only thing I could do once I got back in the gym was keep trying," Epperson said. "I would look at the other guys in the gym and say to myself, 'One day I'm going to be able to do all those things they can do."

Allen said Epperson got into shape in January, but still has prob-lems on pommel horse and parallel bars because those events require strength and flexibility in the wrist.

But despite the problems, Allen said, Epperson is beginning to con-tribute. Epperson had his best meet of the season Feb. 13 at the UCLA Invitational, where he averaged a 9.4 score in the six events he competed in.

"Lately Mike has been one of the more consistent gymnast on the team," Allen said. "Every week he is getting better and better."

Epperson said his immediate

goals are to help Nebraska win a NCAA Championship and to beat some of his teammates.

"Since I've been here at Nebraska every year we've come so close to winning the NCAAs," Epperson said. "I think we have the best shot to win it this year. But I also want to beat the underclassmen on the team and then maybe some day Tom or Kevin."

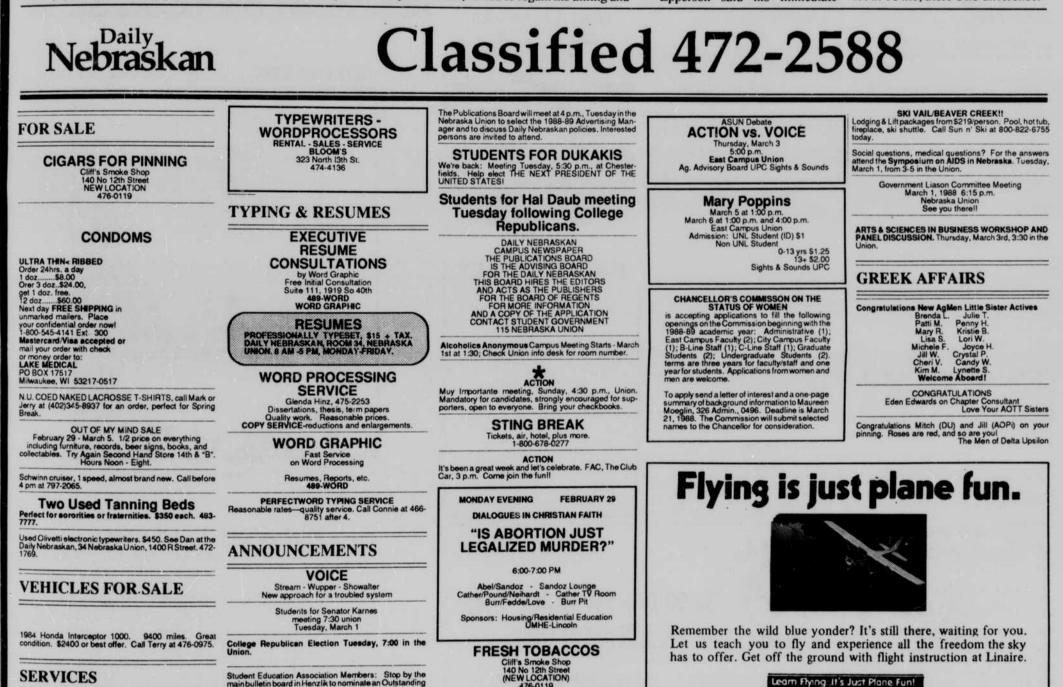
Davis said he would love to get beat by Epperson someday.

"I hope Mike beats me in the all-around," Davis said. "Mike is a tough guy and when he does finally beat me I'll shake his hand because it takes a lot to come back like he has.

Epperson said his injury has taught him how hard gymnastics really is.

"Before I hurt myself gymnastics was a God-given gift," Epperson said. "But when I came back I had to learn almost everything all over again. I don't plan on quitting after I'm done here. I still want to go to the Olympics whether it's in 1988 or 1992. To me, there's no difference.'

-Epperson



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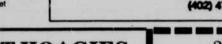
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