

# Club chops ninja image

**KARATE** from Page 8

the tournament was to avoid violence. Dunbar said respect for one's training partner is also a priority.

Neely said he studies karate to gain "mental discipline, first and foremost. Physical fitness comes with it."

Dunbar said karate conditions the whole body, increasing limberness and quickness, while developing both upper and lower body and right- and left-side strength.

"Your whole body has to be in tune," he said.

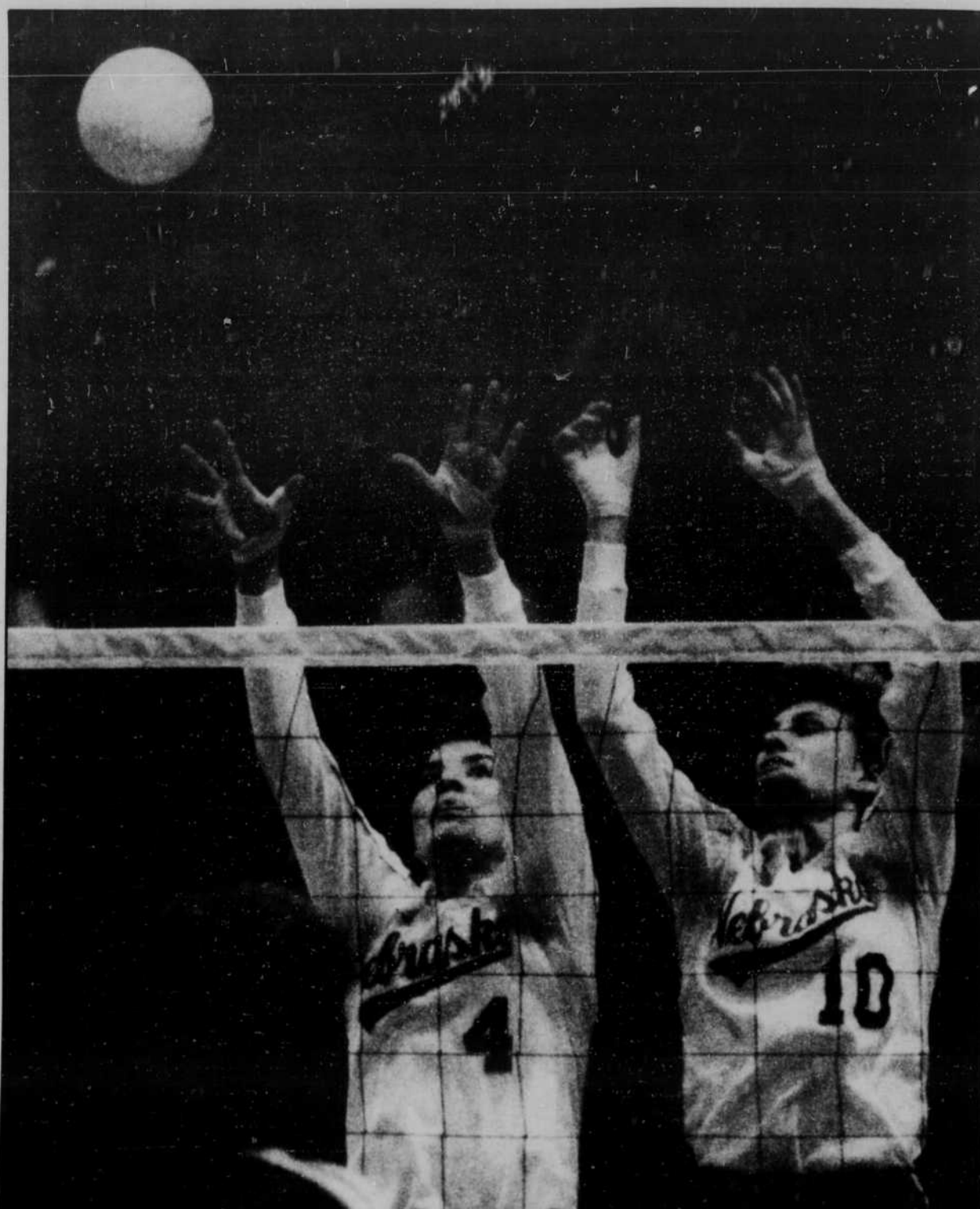
Korinko said the karate club is not

suitable for overly aggressive people. Much of the emphasis is on Japanese martial culture, with required readings and written tests for promotion.

None of the club members said they studied to learn self-defense. All said they never expect to use karate to defend themselves.

Neely, who works as a security guard, said, "I don't hang around those kind of people. I try to avoid those situations."

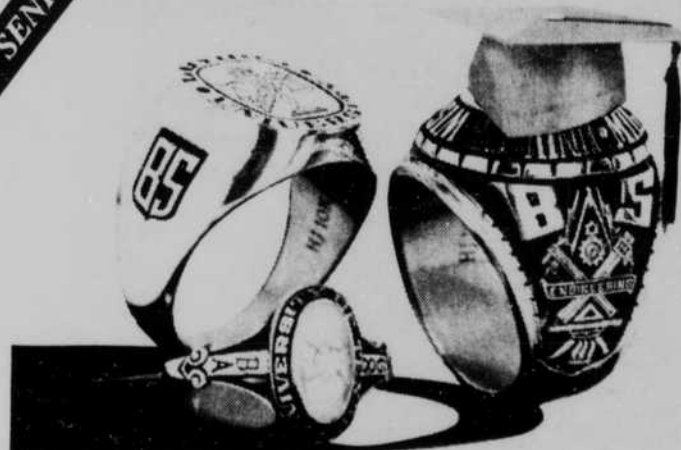
The UNL Karate Club meets Tuesdays and Thursdays from 7:30 to 9:30 p.m., and Saturdays from 10 to 11:30 a.m.



Butch Ireland/Daily Nebraskan



Carla Baker (left) and Kathi DeBoer

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## Volleyball team earns bye, hopes for 12th Big Eight title

By Mark Derowitsch  
Senior Reporter

Despite winning 11 consecutive Big Eight volleyball titles, Nebraska middle blocker Virginia Stahr said the Cornhuskers cannot afford a letdown in the conference tournament this weekend at Salina, Kan.

"Everybody will be out to get us," Stahr said. "They play their best against us. We don't take any team for granted because we play against ourselves. That comes through teamwork."

Nebraska volleyball coach Terry Pettit said he isn't worried about the Huskers not playing hard.

"I think we've played much better," Pettit said. "We're going to have four good practices this week. I think we'll continue to get better all the time."

**'I think we'll continue to get better all the time'**  
— Pettit

The Huskers, 26-3 overall and 12-0 in the Big Eight, earned a first-round bye in the tournament and will face the winner of the Kansas-Kansas State match Saturday at 6 p.m. at the Bicentennial Center.

Pettit said the bye will make no difference to the Huskers.

"I don't know if it's any advantage or disadvantage because of the type of team we have to play being the No. 1 seed," Pettit said. "The only advantage is we get to go down a day later and we have an extra day to practice."

But Iowa State coach Vicki Mealer said the bye will probably help the Huskers.

"It can do one of two things," Mealer said. "Their first match will be in the semifinals, and the opponent will have a game under their belts. Since we're playing in a new facility, not playing a first-round game could hurt them. But they will be fresh coming in and have an extra day of practice."

Mealer said the Cyclones, 19-10 overall and 8-4 in the Big Eight, are keying on their semifinal match against Oklahoma.

"I think we're playing well right now, but we're looking to the semifinal match against Oklahoma," Mealer said. "That will be a critical match for us because we haven't beaten them this season."

Mealer said Iowa State has a chance to win the tournament if the Cyclones get past Oklahoma.

"If we make it to the championships, we will give Nebraska a good match," Mealer said.

Stahr said the rest of the Big Eight will see a different Nebraska team throughout the tournament.

Following a 15-8, 15-5, 15-10 match against Kansas last week, Stahr said the Huskers rededicated themselves for the rest of the season. She said the Huskers were in a slump before a 40-minute team meeting after their straight-set win against the Jayhawks.

"We were like going down a ladder," Stahr said. "But now we're climbing back up."

Stahr said the different team was evident last Saturday as the Huskers defeated Missouri in straight sets in their final tuneup before the conference tournament.

Pettit said Nebraska was going through some hard times.

"The players wanted to play hard the last few days," Pettit said. "We just went through a midseason slump, but it's hard not to have those things happen."

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