

# Sports



Andrea Hoy/Daily Nebraskan

Nebraska women's swimming coach Ray Huppert and new assistant coach Mike McManus discuss strategy during a workout Wednesday at the Bob Devaney Sports Center.

## New assistant coach McManus will emphasize 'stroke efficiency'

By Jeff Apel  
Senior Editor

It took a little influence and a big cut in pay, but new Nebraska assistant women's swimming coach Mike McManus has finally entered the collegiate coaching ranks.

McManus, who replaced Mike Hayhurst as the Cornhuskers' assistant coach and recruiting coordinator, said he chose to end his 16-year coaching career at the high school and club levels in Minnesota to take his position at Nebraska because he always dreamed of becoming a collegiate coach.

McManus said his decision also was influenced by Kristen Neuenfeldt, a Husker freshman whom he coached while she was with the Mach III Flyers club team in Minneapolis. He said Neuenfeldt always called to see if he had made a decision on whether he was coming to Nebraska.

"It was a continuous process," McManus said. "I finally decided that I had to get off my butt and make the change."

McManus said his transition to Nebraska has been both smooth and rough since his arrival in mid-August.

He said the most difficult aspect he had to conquer was the challenges presented by the academic tutoring he voluntarily performs

twice a week. He said he used the 10 years of teaching experience he acquired while coaching at Apple Valley High School in Minneapolis to overcome the problems.

"What I like to do is break down the material," McManus said. "I'm pretty good at that, I guess."

McManus said his adjustment was also rough because his annual salary of \$9,600 is "about half" of what he earned while teaching and coaching in Minnesota. He said his social life also has suffered since moving to Lincoln.

"There hasn't been a whole lot of social activity," McManus said, "but slowly that aspect will start to pick up."

McManus said all the members of the Nebraska women's swimming team have helped him ease into the transition by being receptive to his new ideas. He said he has been surprised by how cooperative the Huskers have been.

The transition also was smoothed, McManus said, because he knew Nebraska women's swimming coach Ray Huppert through previous recruiting visits. He said he was also familiar with the Husker program because five swimmers he coached at either the high school or club levels attended Nebraska.

"I felt it was time for a change," McManus said, "and this seemed

like the ideal situation."

Huppert said McManus was chosen from a wide field of applicants because of his previous coaching experience. He said McManus' experience at the high school and club levels placed him "head and shoulders" above the rest of the applicants.

"Any time you take someone with head coaching background you're that much further along," Huppert said. "We lost a very good coach in Mike Hayhurst, but we also gained a very good one."

Huppert said McManus will give the Huskers strong recruiting ties in Minnesota. He said there is a "strong possibility" that more swimmers from the Minneapolis area will be coming to Nebraska in the future.

Huppert said McManus had an immediate impact on the Husker program because he introduced stroke efficiency. He said that was an area neither he nor Hayhurst had emphasized in the past.

"I needed a boost in that area," Huppert said.

McManus said he has emphasized stroke efficiency throughout his coaching career. He said it is through proper training that leads to stroke efficiency that swimmers can see drastic improvements in their times.

## NU women's soccer club triumphs in first match

By Lori Griffin  
Staff Reporter

In its first competition, the Nebraska women's soccer club recently defeated Benedictine College with a score of 4-1.

The club, a brainchild of University of Nebraska-Lincoln sophomore Tricia McGill, has been proposed by several students the last two years, said Stan Campbell, director of Campus Recreation and soccer club adviser.

McGill said she contacted Campbell in early September about forming a club. She said about 40 women attended an organizational meeting where the members decided on a practice schedule and planned matches. The club now has about 20 members who attend practices regularly, she said.

Campbell said he liked the idea of having a women's soccer club.

"I think that it is an appropriate time to survey the interest," Campbell said. He said that with the help of the interest shown by McGill, it became a reality.

The team will be competing in fall and spring seasons. A Big Eight tournament will be held in conjunction with the men's club during the spring season, Campbell said.

McGill, a transfer student who played varsity soccer while attending Quincy College in Quincy, Ill., said getting the club together has been hard on the pocketbook. She said club

members are required to pay \$10 to \$15 per trip, and are also expected to pay any annual expenses that exceed the \$200 allotted by the Office of Campus Recreation.

The funding the club receives from campus recreation is used for referee fees and some equipment, McGill said. She said the team is in the process of purchasing uniforms.

All club sports are required to pay at least 50 percent of their funding, Campbell said. McGill said the women's team is trying to get a fund raising project together, but has not decided what it will do.

Campbell said he thinks the interest in soccer at the college level will soar in the future.

Campbell said with the recent passing of the Nebraska School Activities Association legislation that recognizes soccer as a sanctioned high school sport interest will grow. He said he hopes high school soccer participants will continue to play the game as a club sport at the college level.

Campbell also said soccer at the youth level is beginning to grow. He said growth will continue to increase over the years, which will help the sport at the college level.

McGill said she is happy that a women's soccer team has formed at Nebraska.

"It's about time that it is here," she said.

## Preconditioning program shapes up women athletes

By Kyle Schurman  
Staff Reporter

Five members of the Nebraska women's basketball team took a conditioning class over the summer that they say helped them to become stronger and get in shape for the team's preseason program.

Members of both the women's basketball team and the Cornhusker

football team took the class. Nebraska junior guard Amy Bullock said the program was different from others she has participated in because it adjusted to fit each person's progress.

Nebraska senior guard Pam Fiene said it was important that the class adjusted for the individuals because football and basketball players need different conditioning.

"Whereas the football players worked on things that helped them," Fiene said, "there was a program designed for us, too."

The class consisted of running stadium stairs, agility drills and weight lifting. The class was originally designed for football players, but Nebraska women's basketball coach Angela Beck started asking her play-

ers to take it when she came to Nebraska in 1986.

Beck said this is the second year members of the women's basketball team have taken the class.

Beck said Bullock, Fiene, seniors Maurice Ivy and Heather Smith, and junior Kim Harris took the class this summer. Beck said she started asking her players to take the class to "try and keep the players involved with conditioning."

"Those players who took the class are in better condition," Beck said. "They went through a challenging five weeks."

Fiene, Bullock and Ivy all said the weight lifting helped. Fiene said the weight lifting made her much stronger and will help make her less injury-prone.

Bullock said the class helped her get ready for the basketball team's preseason.

"It gave me a taste of what it would be like this fall when we started our preconditioning," she said.

Bullock said the class members did a lot of spring and distance running to improve agility and condition. She said she is in better shape than team members who didn't take the class.

Bullock said Beck encouraged everyone to take the class if they could fit it into their summer schedule.

"This is the best shape I've ever been in," Bullock said. "I'm glad I took the class."



Fiene

## Volleyball team not relaxing, Pettit says

By Mark Derowitsch  
Senior Reporter

Nebraska volleyball coach Terry Pettit said the Cornhuskers can't afford to relax the rest of the season even though they clinched at least a share of the Big Eight championship.

"That's what we work for," Pettit said. "We don't want to relax, but we want to work harder so no one overtakes us. I think we'll improve in the remaining weeks of the season, so I don't think there will be a letdown."

The Huskers also clinched the No.

1 seed in the Big Eight Tournament with their 15-7, 8-15, 15-7, 15-4 win against Kansas State Tuesday night at Manhattan, Kan.

Pettit said although he wasn't displeased the Wildcats won the second set, the Huskers could improve.

"I wasn't disappointed we lost but that we missed 11 serves in the game," Pettit said. "Kansas State is a good team, but if we wouldn't have missed all those serves we probably would have won the game."

Nebraska committed 20 service errors in the match. Although serving

has been one of the Huskers' strongest areas this season, Pettit said the serving wasn't consistent as it has been.

"Mentally, we were a little too tight," Pettit said. "Plus, the crowd was fired up and it changed our focus."

Even though Kansas State won the second set, Pettit said the victory could have hurt the Wildcats in the long run.

"I think the second game was just too long for them," Pettit said. "It took a long time to complete and afterwards they were kind of spent emotionally."

Kathi DeBoer led the Huskers with 22 kills. Her 391 kills this season move her into fifth place on the Huskers' single-season kill list. DeBoer, a senior from Firth, needs 103 kills to become the all-time kill leader during a season.

Carla Baker had 13 kills, and Virginia Stahr added 11. As a team, the Huskers had a hitting percentage of .376.

Pettit said the Huskers attacked the ball well.

"We played well as a team," Pettit said. "Lori Endicott had an exception-

ally good match. She set the ball very well, and our middle attack hit well."

Endicott had seven kills and no hitting errors, and added two solo blocks. She also had 45 setting assists.

Pettit said the Huskers also shut down the Wildcat offense. Kansas State hit .184 percent.

"They're a real good team and they played a good team," Pettit said.

"They have a real good outside hitter in Shawnee Call.

"We struggled a little but we came back hard."