Indian substance abuse

Professor: Durg- and alcohol-treatment programs weak

By Mary Nell Westbrook Staff Reporter

Treatment programs have not helped curtail an increase in alcohol and drug abuse and in serious crimes among Native Americans, a UNL professor said last week.

Early prevention is the key to stopping drug and alcohol abuse, which often leads to crime, said Elizabeth Grobsmith at a Center for Great Plains Studies seminar.

Grobsmith, a UNL associate professor of anthropology, conducted a study of 102 jailed Native Americans from 15 tribes. She found that 90 to 100 percent of the crimes committed were drugand alcohol-related.

Treatment programs have failed because of the absence of negative sanctions against drunkenness in Indian society, she said. Sixty-two percent of those studied said a person should forgive and forget what another person did while drunk.

"The Indians feel no shame in being drunk," Grobsmith said.

Programs such as Alcoholies Anonymous haven't worked because many Indians don't want to get up in front of others, she said.

The failure of treatment programs and an increase in alcohol and drug use among the young Native American have swung the pendulum of efforts from treatment to prevention.

The roots of the problems begin at a young age, she said.

alcohol than American youth," Grob-

The average age of a Native Amerias early as age 8, she said.

The juvenile justice system has been



Doug Carroll/Daily Nebraskan

Grobsmith

Indian youth arrested for drinking are the problem. sent home to drunk parents - where "More Indian youth use drugs and the problem began. Most Native American youth have alcoholic or physically and mentally abusive parents.

"Parents who are drunk can hardly can's arrest is 15.6. Some are arrested teach their children the perils of alcohol," Grobsmith said.

Tribal planning efforts, aimed mostly ineffective, Grobsmith said, because at children, have been set up to combat

A \$5 million appropriation from Congress specifically for substance-abuse prevention is hoped to be granted to the Native Americans.

"It's really just a drop in the bucket. It won't pay for much but it will allow tribes to start their own programs," Grobsmith said.

The Clipper Hairstyling for those who care 125 North 12th Street Lincoln, NE 68508 Mon. - Fri. 8 a.m. - 8 p.m. 474-4455 Sat. 8 a.m.- 4 p.m.



MON: Monday Night Football 25¢ Pitchers (beer or pop)

*with food purchase Special Begins at 6:00 p.m.

TUES: Twilight Tuesday \$2.00 OFF Large or \$1.00 OFF Med./Small Special Begins at 5:30 p.m.

WED: Crazy Wednesday
Look Crazy with Rocky Glasses

> But: Show us a picture first. ALL DAY

THURS: Comedy Corner 9-11 \$1 Imports 8-11

All You Can Eat \$4.25 SUN: Comedy Corner 9-11

Hersh criticizes Reagan's politics

HERSH from Page 1.

for the West German disco bombing, he and other kinds of terrorism. said.

the bombing of Libya to thwart future the United States was planning to also won the Polk Award, the Scribbsacts of terrorism, Hersh said.

There was some question "whether we had targeted Gadhafi personally or Gadhafi's possible retaliations if he his investigation of the CIA's involveif the bomb just happened to fall on his heard these reports, he said. tent," Hersh said.

He questioned whether there is a tive reporter and national corresponddifference between "state-sponsored" ent for the "Atlantic Monthly." He won

Reagan told the media he ordered to send false reports to the press that the My Lai massacre in Vietnam. He has bomb Libya again, Hersh said. But Rea- Howard Public Service Award and the gan did not regard speculations on Zenger Freedom of the Press Award for

Hersh is now a free-lance investiga-

a Pulitzer Prize for international In August, the White House decided reporting in 1970 for the uncovering of ment in the overthrow of Chile.

"IT IS VERY IMPORTANT FOR ME TO HAVE MY CONTACT LENSES FITTED PROPERLY."

Like most people, I'm on the go alot. I tried contact lenses a few years ago and was never really happy. Wearing contacts helped my vision but they became a hassle because of the mild discomfort and occasional fuzzy vision.

I asked several of my friends who wear contacts to recommend a specialist, and most of them recommended Dr. Powell at the International Contact Lens

I went to their clinic for a no charge consultation to talk about new contact lenses. Their office offers complete contact lens services and complete optical services including:

-thorough examination, individual fitting, and close supervision

-curbside parking, convenient central Lincoln location

-appointments available lunch hours, and Saturdays

-eight week trial program for

oclose observation of comfort and eye health

olens strength or fitting modification if indicated

ono charge for damaged lenses

-spare glasses, sunglasses and special solutions for sensitive eyes

-a continuing care program - future upgrading of contact lenses as scientific progress is made.

I decided to have them fit my eyes and I was very comfortable with their professional approach, their fees, and their thoroughness.

Everyone in their office helped me become a successful wearer. I consider their office outstanding and I recommended them to all my friends.

\$20/Month Budget Plan (no interest or carrying charge)



