

# Extravaganza offers students healthy fun

By Andy Pollock  
Staff Reporter

An upcoming extravaganza of games and entertainment will offer UNL students an opportunity to improve their mental, emotional and physical health, said coordinator Alan Sands.

Everyone is encouraged to participate in the Health for All — All for Health challenge, Sands said.

Sands described the event, April 12 to 13, as a cross between a three-ring circus, state fair and track meet. It features nationally known speakers, comedians and other celebrities, plus a number of workshops and athletic events, he said.

One of the comedians scheduled to appear at the Bob Devaney Sports Center is Lou Goldstein. Goldstein has entertained celebrities with his "Simon Says" routine on television shows such as "The Super Stars" and "Battle of the Network Stars."

A number of other speakers will present ideas for mental, physical and emotional relaxation, Sands said.

For example, Ellen Rosenberg, author of "Ellen Rosenberg's Growing Up Feeling Good," will conduct a program designed to help people learn to feel better about themselves, communicate better and deal with day-to-day feelings and pressures more effectively.

Rowdy Gaines, olympic record-setter

in the 100-meter freestyle swimming sprint, and former UNL gymnasts Scott Johnson and Steve Elliot, will perform and conduct workshops at the extravaganza.

Sporting events and other activities will give people a chance to actually participate in the extravaganza, Sands said. The sporting events, in which competition is downplayed, include tennis, soccer, volleyball and a number of "New Games."

"New Games" are a number of activities in which all participants, no matter how athletically skilled, are equal. Ron Hager of Lincoln is the creator of "New Games" and will introduce them at the extravaganza.

Tickets for the extravaganza go on sale today in the Nebraska and East Unions and will be sold until the event. Tickets are on sale also at the Bob Devaney Sports Center. Student tickets are \$5.

UNL organizations may receive a commission of up to 30 percent for tickets they sell, Sands said. The UNL Office of Financial Aid will be among the organizations that receive some money raised by the extravaganza, he said.

Sands said that he hopes the event, which is receiving national media attention, will be successful enough to be put on at other sites around the nation.

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UNL Division of Continuing Studies  
**1986 Summer Reading  
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Pick up the Daily Nebraskan Thursday or Friday  
or call at 472-1392 for more information.  
UNL is a non-discriminatory institution. 

**THURSDAY**  
  
**the ROYAL GROVE**  
Lincoln's Entertainment Oasis 340 W. Cornhusker 477-2026  
**Thurs. April 3**  
**Return of the ROMANTICS**  
TICKETS:  
\$7 Advance—Pickles, Dirt Cheap and Royal Grove  
\$9 Day of Show—Royal Grove only  
Doors Open At 7 PM

## Digest

### Tax help

Beta Alpha Psi will offer an income tax service to students free in the Nebraska Union today, on April 8, 10 and 15 from 3 to 5 p.m. and in the East Union on April 3 from 3 to 5 p.m.

### Honors convocation

The 58th Annual All University Honors Convocation will be Friday, April 11, in the Bob Devaney Sports Center. Classes and laboratories will be dismissed from 10 a.m. to noon on East Campus and 10:30 a.m. to 12:30 p.m. on City Campus to allow faculty

and students to participate.

Students being honored during the ceremony will be excused from classes to attend the reception in the track area of the sports center at 9 a.m.

### Speed reading

The Canterbury Press will be teaching a one-day speed reading course on the campus April 5 and 19. University students, alumni and friends of the university are offered a reduced tuition of \$155 per course.

For more information contact the UNO Division of Conferences and Community Programs, 554-2755.

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|--|---|--|
| Smart Theatre<br>2:00, 5:00, 7:00<br><b>ROBERT MERYL STEED</b><br><b>OUT OF AFRICA</b>       | State<br>8:10, 7:10, 9:10<br><b>CROSSROADS</b><br>Ralph Macchio<br>Joe Seneca                           | Double 1<br>8:00, 7:00, 9:00<br><b>POLICE ACADEMY 3</b>  |
| Double 2<br>8:10, 7:10, 9:10<br>Woody Allen · Michael Caine<br><b>HANNAH AND HER SISTERS</b> | Double 3<br>8:20, 7:20, 9:20<br>The laughter. The tears. The tears. The tears.<br><b>pretty in pink</b> | East Park 1<br>8:20, 7:20, 9:40<br><b>GUNG HO</b><br>Michael Keaton                            |
| East Park 2<br>8:10, 7:10, 9:10<br><b>POLICE ACADEMY 3</b>                                   | East Park 3<br>8:00, 7:00, 9:00<br>Walt Disney's CLASSIC<br><b>SLEEPING BEAUTY</b>                      | Phase 1<br>8:30, 7:30, 9:30<br>It's about falling in love. For the first time.<br><b>LUCAS</b> |
| Phase 2<br><b>RAD</b> 8:10   | Phase 3<br>8:00, 9:00<br>Billy Wilder · James Garner<br><b>MURPHY'S ROMANCE</b>                         | Phase 4<br>8:00, 7:00, 9:00<br>Michael Keaton<br><b>GUNG HO</b>                                |
| Cinema 1<br>8:30, 7:30, 9:30<br><b>TOM HAWKS · SHELLEY LONG</b><br><b>THE MONEY PIT</b>      | Cinema 2<br>8:00, 9:00<br><b>The Color Purple</b>   |  |