# Capitol lunch gets reviewer's vote

By Chris Welsch Senior Editor

restaurant in town.

#### Dining Review

It is etched with maize and bison, and the sower broadcasts seed to the

peon in the state bureaucracy, I ate them. where the Big Cheeses go: The State House Cafeteria.

As we approached the Capitol, I 49 legislative Happy Chefs serve that apple muffin, a lemon log dessert and a

VARIETY IN FOOD

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**O**Lunch

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pushed.

The cafeteria is on the first floor. The It is a monument to nourishment. clatter of trays and the rumble of con-Towering, regal, massive, the State versation make it easy to find. Inside, Capitol is the most impressive looking state personnel milled around and sat at wooden tables, gesturing, talking and eating.

I saw no senators. They must have been eating with lobbyists at the Nebraska Club, probably relieved that no limits had been placed on their free meals earlier in the session.

Earlier in the day, however, a secrefertile plain below. The place reeks of tary told me that senators do eat there when they don't have lunch appoint-At the urging of a friend who is a ments. Maybe I just didn't recognize

The lack of power brokers didn't bother me long. I was drawn into a quick-moving line, which sped past decided only one thing could make it a sandwiches, a short-order grill and more attractive restaurant: a button finally the hot food counter, where a like the one at Happy Chef restaurants helpful person dished up an order of that would make the Sower tell dumb noodles and beef and some broccoli. jokes. My lunch pal reminded me that The meal was \$3.79 and included an

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purpose, and no buttons need be carton of milk. My friend ordered an inexpensive cheeseburger, fries and a chocolate milk.

> We settled at a table in the center of the dining room, and despite the noise and bustle, enjoyed a tasteful repast.

The beef and noodles smacked of the farm - heavy, simple and filling, without being bland. They stuck to my ribs. The broccoli was tired. It had endured too much steam and had lost its freshcooked crispness. That's not to say it was bad; it was average, and I ate all of breakfast or lunch, the cafeteria is a gallery for a before- or after-dinner

The lemon log tasted as great as its sor Crystal Kroese. name. Enough said.

The cheeseburger was just fine, but the fries were lukewarm and tasteless.

All in all, it was the best cafeteria meal I've had in about 17 years of institutional dining. If I were a senator and no lobbyists would take me to The Cornhusker, I would eat at the Capitol. In fact, I may eat there again if I'm in powers that be (if they are there), try the Capitol at lunchtime.

training school, according to supervi- belly laugh.

People with emotional, mental or physical disabilities, work and learn at the cafeteria. Four instructors guide the trainees through three months to a year of work and training to prepare them for a job in the open market.

So, if you're in need of a hearty lunch and you want to rub shoulders with the the State Capitol Cafeteria. You can On top of being a good place for always get a seat in the Unicameral

## 'Friends' top Billboard's list

By The Associated Press

**Hot Singles** 

1. "That's What Friends Are For" Dionne & Friends (Arista)

2. "Say You, Say Me" Lionel Richie (Motown) 3. "Burning Heart" Survivor

(Scotti Bros.) 4. "Talk To Me" Stevie Nicks

(Modern) 5. "I'm Your Man" Wham! (Colum-

6. "My Hometown" Bruce Springsteen (Columbia) 7. "Walk Of Life" Dire Straits

(Warner Bros.) 8. "I Miss You" Klymaxx, (MCA) 9. "Party All the Time" Eddie

Murphy (Columbia) 10. "Spies Like Us" Paul McCartney (Capitol)

Top LP's 1. "The Broadway Album" Barbra Streisand(Columbia)-platinum (More than 1 million units sold.) 2." 'Miami Vice' Soundtrack" (MCA)

 platinum 3. "Heart" Heart (Capitol) -

4. "Scarecrow" John Cougar Mellencamp (Riva) - platinum

5. "Promise" Sade (Portrait) 6. "Brothers in Arms" Dire Straits (Warner Bros.) - platinum

7. "Afterburner" ZZ Top (Warner Bros.) — platinum 8. "Knee Deep In the Hoopla"

Starship (Grunt) — platinum 9. "Welcome to the Real World" Mister (RCA)-Gold (More than than 500,000 units sold.)

10."Born in the U.S.A." Bruce Springsteen (Columbia) - platinum **Black Singles** 

 "That's What Friends Are For" Dionne & Friends (Arista)

2. "Say You, Say Me" Lionel Richie (Motown)

3. "Go Home" Stevie Wonder (Tamla) 4. "Digital Display" Ready For the World (MCA)

5. "Secret Lover" Atlantic Starr (A&M)

6. "The Sweetest Taboo" Sade (Portrait)

7. "Do Me Baby" Melisa Morgan (Capitol) 8. "Let Me Be The One" Five Star

(RCA) 9. "What You Been Missin" Star-

point (Elektra)

10. "Your Personal Touch" Evelyn "Champagne" King (RCA)

### 'Love Boat' cruise keeps affairs afloat

LOVE from Page 9

"Meet our first guest," the host announced. "This is Scott, who has area until age 30. Let's see if one of our lovely ladies changed his mind."

The three choices soon appeared. The first was Connie Sue Culpepper, an evangelist "stripper for God" from Texarkana, Texas.

Connie brushed her bleach-blond curls out of her face and cooed, "I like a man who loves the Lord as much as I an' grindin' for God, I always check out weeth my tutti-frutti hat."

all the men and tell 'em, 'This is my temple, y'all, so if y'be fixin' to worship me, y'all better treat me like a lady.'

The second choice was Brigid Von declared himself a national recreation Schnapzak, a witchcraft marketing a red satin dress bordered with ruffles. executive from Berlin, Germany. "I like a man who I can treat like loaded down with pineapples, coco-

dirt," she snarled. "All my men are pigs nuts and bananas. who need discipline." The third was Senorita Suzita Gize- Mr. Harrah," the host said.

linoa Manuelina, a flamenco dancer from the tropics.

"Suzita likes a man who breengs her bananas instead of roses," she said. do. When I'm out on the stage bumpin' "Roses taste terrible and they don't go

Once they had all spoken, the host asked whom I chose.

"Suzita!" I replied. She immediately appeared sporting On her head was a huge tutti-frutti hat

"Tell us about your date with Suzita,

"It was splendid!" I squealed. "I took her to a charming truck stop and we had a delicious dinner consisting of egg-salad sandwiches and orange drink. Then we went to an amusement park and I won three giant stuffed bananas."

"Wheech he kept for himself," Suzita hissed. "He said that he won them, so he was gonna keep 'em." "How did the date go for you overall,

Suzita?" the host asked.

"Seemply awful!" she shrieked. "When he picked me up, he was wearing a Velcro Batman suit. He had a Velcro Batgirl suit for me to wear, but I refused because it just deedn't go weeth my hat. Then he told me I had no sense of style."

"Are you saying that he's a selfish, depraved geek that expects his dates to dress like Batgirl?" the host probed.

"Let's put it thees way," she replied. "If you could earn half of what he theenks he's worth, you could retire and buy your own banana plantation."

"We're sorry we couldn't make a Love Connection," the host purred. "Now let's see who the audience chose."

The votes were tallied and Brigid was revealed as first choice.

"Would you like to go out with Brigid?" the host asked.

"Of course!" Brigid suddenly appeared in the lit-

tle box on the screen.
"Oh, neat," she barked sarcastically. "I get to go out with a chicken." "A chicken?" The host was confused.

"Yeah," she quipped. "Look at his hair. He looks like a rooster. No, make that Bugs Bunny. What's up, doc? Not the chicken's muscles. Now hear this: You can't have me - ever."

Brigid then sneered and pushed a button as she mysteriously disappeared from the screen.

Suddenly, I woke up. I'd had it with ludicrous love scenes and vowed to sing the praises of self-inflicted celibacy from that day on. For now, I'll learn about love by indulging in such realistic affairs of the heart as "The Love Boat" and the fine literature of Harlequin. Unless, of course, I find some depraved soul that's into Bugs Bunny and Velco and would like to get together with me sometime.

#### "IT IS VERY IMPORTANT TO ME TO HAVE MY CONTACT LENSES FITTED PROPERLY.

Like most people, I'm on the go alot. I tried contact lenses a few years ago and was never really happy. Wearing contacts helped my vision but they became a hassle because of the mild discomfort and occasional fuzzy vision.

I asked several of my friends who wear contacts to recommend a specialist, and most of them recommended Dr. Powell at the International Contact Lens Clinic

I went to their clinic for a no charge consultation to talk about new contact lenses. Their office offers complete contact lens services and complete optical services including

- thorough examination, individual fitting, and close supervision
- curbside parking, convenient central Lincoln location appointments available lunch hours, and Saturdays
- eight week trial program for
- close observation of comfort and eye health
- lens strength or fitting modification if indicated
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- spare glasses, sunglasses and special solutions for sensitive eyes
- a continuing care program future upgrading of contact lenses as scientific progress is made.

I decided to have them fit my eyes, and I was very comfortable with their professional approach, their fees, and their thoroughness.

Everyone in their office helped me become a successful wearer. I consider their office outstanding, and I recommend them to all my

<sup>5</sup>20/Month Budget Plan (no interest or carrying charge)





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