

**Weather:**

Partly cloudy and mild today. Winds will be westerly 5-15 mph with a high of 63. Clear and cool tonight. Low of 40. Mostly sunny on Tuesday. High of 65.

**Martin Sheen shares his sensitive side**

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**Huskers manhandle Cowboy running backs**

Sports, page 8



# Daily Nebraskan

October 14, 1985

University of Nebraska-Lincoln

Vol. 85 No. 35

## Wellness Week Program success is 'joint effort'

By Molly Adams  
Staff Reporter

The University Health Center's Fourth Annual Wellness Week begins today with a ribbon-cutting ceremony to dedicate the recently renovated health center.

The ceremony will be at 11 a.m. in front of the center. Tours of the building will follow.

The success of Wellness Week is possible because of the resourcefulness and contributions of many people, said Vicki Highstreet, wellness program coordinator.

"It's been a joint effort of a lot of people, not just people from the health center," she said.

Officials in physiology, nutrition and other areas with expertise in health and fitness were consulted and helped plan Wellness Week, Highstreet said.

The center's community health department, which coordinates wellness programs, used many sources to organize this year's Wellness Week.

"There are a lot of resources on campus to tap from, and we've really tapped from some of the

best," Highstreet said.

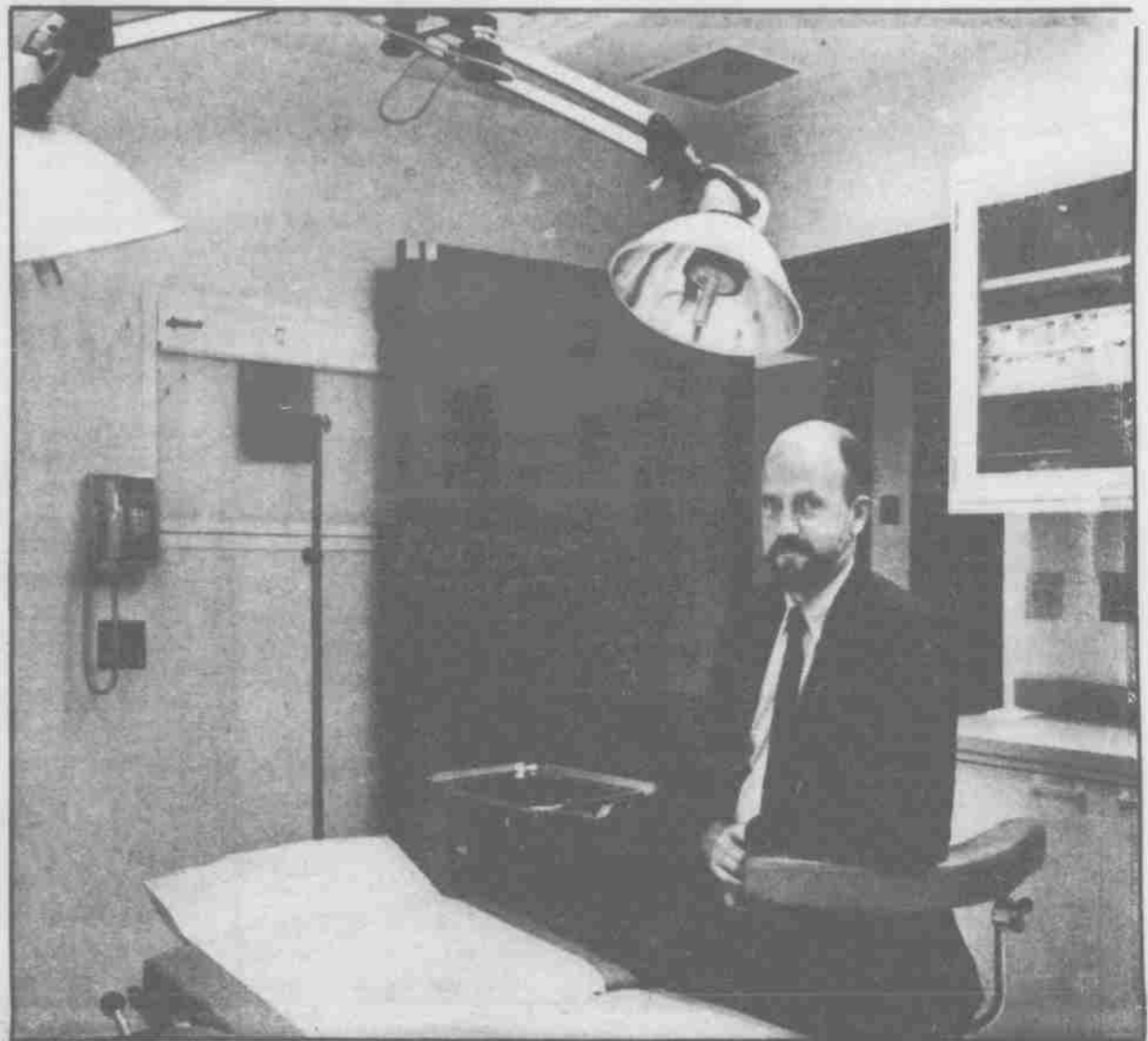
The result of their work is a lineup of speakers and health programs, Highstreet said.

Today at noon in the Nebraska Union, Dr. Wesley Sime, director of the UNL Stress Physiology Lab, will speak about stress management and how to get "more zest out of life with less effort."

At 7:30 tonight, Jean Kilbourne, assistant director of the New England Screen Education Association, will be the keynote speaker for "Do It Sober III." The program, sponsored by Sigma Alpha Epsilon fraternity, Delta Gamma sorority and the Lincoln Council on Alcoholism and Drugs, is in its third year and deals with alcohol awareness.

Michael Pollock, director of human performance and cardiac rehabilitation with Universal Services Rehabilitation and Development Inc. in Houston will discuss the benefits of exercise and the importance of fitness, Highstreet said.

Most of the activities during Wellness Week are scheduled to accommodate students' schedules, Highstreet said.



David Fahleson/Daily Nebraskan

Fleischli in a remodeled operating room of the University Health Center.

## Chambers says violence will end apartheid

By Michael Hooper  
Staff Reporter

South African blacks have been pushed to the point where they can only resolve the injustices of apartheid through violence, State Sen. Ernest Chambers said Friday at an anti-apartheid rally.

Speaking to a crowd of about 200 at Broyhill Fountain, Chambers said blacks no longer can ignore the oppression in South Africa. Apartheid is the legal segregation of a minority.

"Violence is certainly coming to South Africa," he said.

Chambers said if the blacks in South Africa killed all of the racist whites there, the injustices of apartheid would be eliminated.

"On the first Sunday in December

—to give the white people a chance to change if they choose to — at 9 a.m., every black person, since there is 22.7 million black people and 4.7 million white people, every black person should grab a white person and off him or her, and in less than half an hour, the whole problem will be solved," Chambers said.

Chambers said that solution is reasonable, "as long as violence and killing is being inflicted on black people by the government," he said.

Chambers said UNL practices a form of apartheid, referring to a recent Daily Nebraskan article that said UNL has 1,062 white, 56 Asian, eight Hispanic and three black faculty members. He also said there is a hypocrisy when it comes to the UNL football team and

UNL faculty members.

"So where they can find a way to spend hundreds of thousands of dollars to recruit black athletes to make money for this school," he said, "they can't find the will or the money to recruit black faculty members to demonstrate the true mission of this university."

Chambers said it is easy for people to show concern about problems 10,000 miles away, but people "cut out" on problems close to home.

"Unfortunately, in a state like Nebraska and on a campus like this one, matters such as football and basketball, panty raids and things of that nature have a much higher profile and take the student attention," he said.

"When the faculty members and the administration, the (NU) Board of

Regents and the Legislature can see that students are more concerned about panty raids, (that) is why you get no consideration from those people," Chambers said.

"They could spit on you, and you would swallow it and go along and not make a protest of any significance," he said.

Chambers said students have to speak "the language of oppressors" if they want to accomplish something.

Chambers told the apartheid protestors not to get discouraged because so few were there.

"Let this day be a beginning, not just to continue trying to do something about South Africa, but to correct some of the inequities and racism on this campus," he said.

He said white leaders in South Africa are meeting with members of the outlawed African National Congress because the economy is about to collapse, "not because they suddenly developed an understanding and appreciation for human rights."

"The racists in South Africa, with the complicity of Ronald Reagan and the racists in this country, have said, 'If it's necessary to keep our economy by dismantling apartheid, we'll dismantle it. If we can keep it by dismantling aspects of it and retaining others, that's what we'll do,' and went right down the line following the pattern laid out by Abraham Lincoln," during the Civil War, Chambers said.

Please see **CHAMBERS** on 3

### Department practices shared

## UNL, Missouri scout police operations

By Todd von Kampen  
Senior Reporter

The Nebraska-Missouri football game may be a week away, but scouts from each university already are sizing up each other's operations — police operations, that is.

Sgt. Derick Amos of the University of Missouri Police Department spent last week working with UNL police officers. UNL Police Sgt. John Lustrea met with Missouri police in Columbia, Mo., at the same time, said UNL Police Chief Gail Gade.

The exchange was arranged so UNL

and Missouri police can work together better and get a better look at each other's departments, Gade said. Although many college police officers visit other campus departments, they rarely have enough time while there to pick up hints on how to improve their own departments.

"When the (UNL) officer comes back," Gade said, "hopefully some ideas will crop up that we can look at."

While at UNL, Amos studied the operation of the department's parking, criminal and patrol divisions. Other activities included reviews of security at Memorial Stadium and the Bob Devaney Sports Center and a tour of the

Lincoln Police Department. He also accompanied officers on patrol.

Amos said he was impressed with the communication among UNL police officers and between the department and the UNL community. He said UNL police's practice of calling on residence halls and Greek houses "to make sure everything's OK" helps police and students understand each other better.

"There is a certain type of contact here that is missing in Columbia," he said. "And it's a suggestion I'm going to take back with me."

During his visit, Amos said, he met most of the officers and got to know

them by their first names. He said good rapport between UNL and Missouri departments will make it easier for them to exchange information.

Amos said he toured Lincoln. He liked what he saw, he said, but he regretted missing Nebraska's football game with New Mexico.

"I'm a little sorry about that — I would have looked forward to getting quite involved," he said.

Gade said he will have a better idea of how UNL police could learn from Missouri after Lustrea comes back to Lincoln. The UNL department is considering an exchange with University of Colorado police later this year, he said.

### UNL, Japan begin exchange program

Officials from UNL and Senshu University in Japan will sign an agreement today to establish a new exchange program for the two universities' students and faculty members.

Senshu officials Masayoshi Deushi, Yoshiyuki Oshima and Norio Takemura and UNL Chancellor Martin Massengale will sign the agreement.

The idea for the exchange began last year when Takemura visited a UNL faculty member.

Senshu is a private university with about 20,000 students on two campuses.