

## Dinners pass test Company markets soy foods

All health food isn't green, dry and bland.

Since June 1982, Royal American Foods has been selling a variety of nutritional foods that are cholesterol free, meatless, low in calories and high in protein.

Taste-test participants discovered Tuesday that meat-free dinners like chunky stew, sweet and sour and chicken noodle taste normal with a protein supplement — soy — instead of meat.

Taster Carman Spitsnogle said she couldn't tell that the chicken noodle

dinner had soy instead of meat.

Soy, a high-protein soybean product, was in the form of morsels and chunks in the three entrees served.

Royal American foods are made simply by adding water and heating. The food is dehydrated and sold in packages at a retail price or sold at wholesale to those who pay the minimum \$28 Royal American one-year membership.

Whey, a cheese by-product, is a low-fat mild substitute Royal American uses in beverages. It comes in orange, vanilla or chocolate flavors.

"Whole milk is too hard for people to digest," said Gary Sanford, a Lincoln distributor. "But you're better off if you're drinking two percent low-fat milk. Although, it's still not good for you."

Besides three entrees, taste-testers were served three whole-grain breads and whey-based beverages and tofu-based ice cream and mousse.

Akavi, Barb Rowen and Sanford sponsored the free taster. For more information, call 435-5130 and ask for Mina or Barb or contact any local distributor.

## CFA favors ASUN budget hike, student executives may get salaries

The Committee for Fees Allocations voted Tuesday in favor of allocating more than \$76,000 to ASUN, UNL's student government. More than \$2,000 extra will be allocated as salaries for ASUN executive officers if this referendum meets voter approval at the ASUN elections March 13.

CFA's most significant cut on ASUN's proposed budget was on conference registration costs, which were reduced from \$400 to \$200. This money is allocated to defray the costs of regional

and national conference attendance.

In its subcommittee report, CFA said ASUN had "no particular conference in mind" before allocation requests were made to support the \$400 sum.

ASUN's budget increase is less than 5 percent from last year, with significant increases in the salaries of the director of development, from \$22,000 to \$23,000; and in part-time attorney's salary, from \$2,800 to \$4,200. The full-time attorney's salary will increase from \$22,000 to \$23,000.

ASUN President Mark Scudder said he thinks the requested salaries match the employees' contributions to ASUN.

If students approve ASUN's referendum to pay salaries to student executives, next year's first and second vice presidents will receive salaries of \$998. Nebraska law prohibits regents to receive payment for their duties, therefore next year's ASUN president will not be eligible for a salary, since he is a student regent.

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