Health center sponsors program to help 'whittle away' the pounds

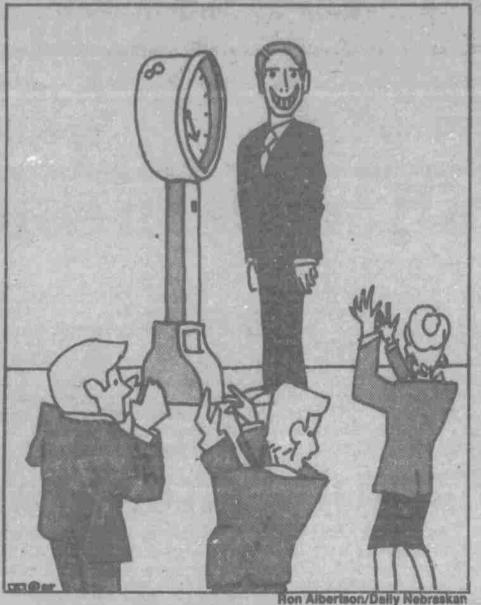
The University Health Center will offer a 10-week weight control program starting Feb. 18.

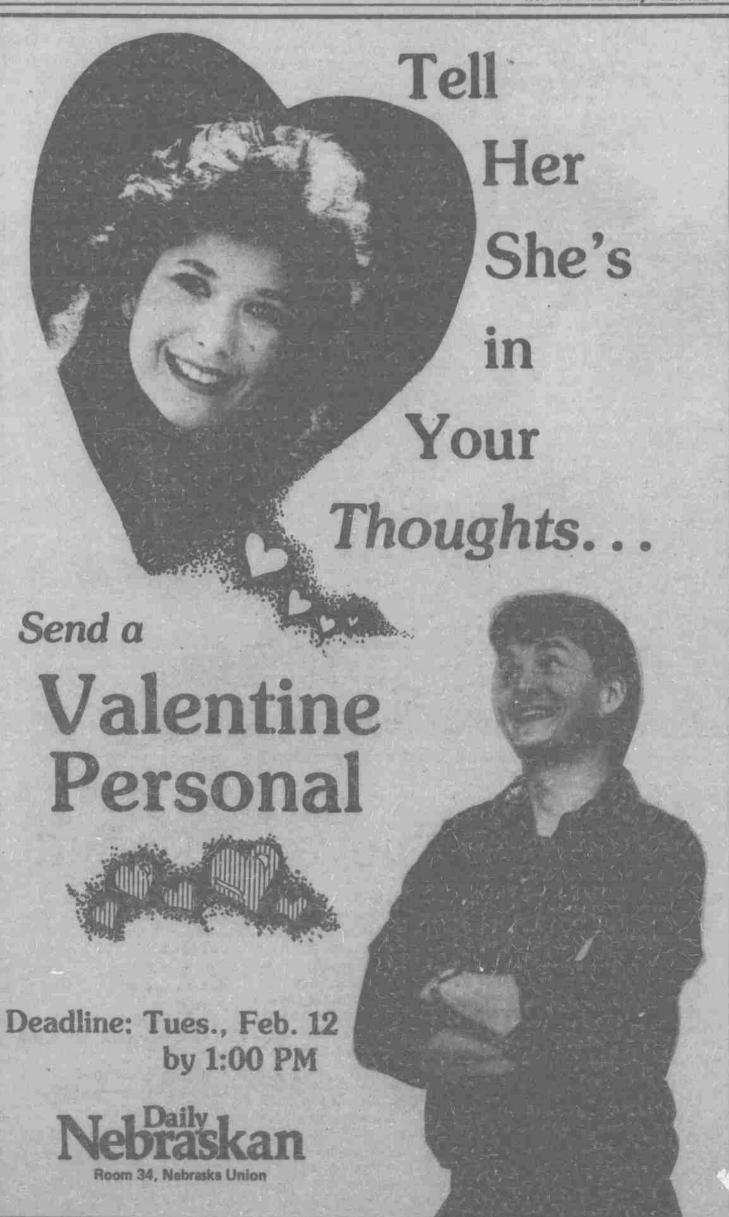
Margaret Eager, weight control group coordinator, said the program will help people wittle away up to 22 pounds from February to April. Participants, who must be at least 15 percent overweight, get help shedding pounds through weekly weighlins, rap sessions and a diet designed to fit individual lifestyles, Eager said.

Although the program helps cut pounds, its emphasis is on weight control, Eager said. During the weekly, one-hour meetings, she said, an educational program will be presented. Participants learn to eat to maintain an ideal weight, she said.

Interested students should call the health center before Feb. 15 for a physical and meeting with a dietitian, Eager said. The first 20 people who meet the weight requirement are admitted, she said.

Participants pay \$25 at the first meeting, Eager said, but can be refunded up to \$20 at the last meeting. Meetings run from 3:30 to 4:30 p.m. on Mondays.





Reuter Report

White House proclaims Reagan's fitness at 74

WASHINGTON — Ronald Reagan, the oldest serving president in U.S. history, turns 74 today with the White House firmly convinced he is as fit

"The president is in first class, A-I health. He gets younger every year," White House spokesman Larry Speakes said Tuesday.

Reagan's doctor, Burton Smith, also said the president, who survived a would-be assassin's bullet to the chest in March, 1981, enjoys excellent health.

Kennedy, Falwell debate S. Africa

WASHINGTON — Sen. Edward Kennedy and fundamentalist preacher Jerry Falwell Tuesday clashed politely over what approach the U.S. government should take to encourage reform in South Africa.

Speaking to an audience of mostly right-wing Christian broadcasters, Kennedy said that opposing apartheid was indisputably a moral issue and called for support of measures to be introduced in Congress which would impose sanctions on South Africa unless reforms were made. Kennedy (Mass.-D) made a highly publicized week-long visit to South Africa last month to dramatize his opposition to that country's racial policies.

Falwell, a right-wing supporter of President Reagan, said he too deplored apartheid, the South African system of racial separation. But he said South Africa had made great progress in dealing with its racial problems and the United States should show more patience with the white-minority government in Pretoria, a bulwark in the region against communism.

Meese passes Senate committee

WASHINGTON — The Senate Judiciary Committee Tuesday recommended confirmation of President Reagan's controversial choice of Edwin Meese as the nation's 75th attorney general.

The panel cleared the selection of Meese, 53, a senior White House aide for the past four years, by a 12 to 6 vote, largely along partisan lines. His nomination next goes to the full Senate, with a vote expected late this month.

The Meese nomination sparked the most controversy of the five new cabinet members named by Reagan for his second four-year term in office as Senate Democrats raised questions about his financial affairs and fitness to be the nation's chief law-enforcement officer.

Sen. Edward Kennedy (Mass.-D) voted against the nomination, citing what he said was the administration's record in opposing legal services for the poor and the small number of women and minorities named as judge. "Mr. Meese stands for inequal justice," Kennedy said.

Pentagon gets toilet cover refund

WASHINGTON - The price of Pentagon tollet covers dropped dramat-

ically Tuesday.

Stung by unfavorable publicity over the toilet covers it sold the Navy for \$600 each, the Lockheed Corporation cut the price to \$100, the Pentagon said. It said it had received a refund check from Lockheed for \$29,160 for the 54 covers the Navy bought, considerably more than an earlier \$4,600 refund it had been offered and which it rejected.

Sen. William Cohen (Maine-B) disclosed the cost of the toilet covers — plastic units which fit around toilets on P-3 patrol planes — during a hearing Monday on the Pentagon's \$313.7 billion 1986 budget. Shortly after the disclosure, the Pentagon issued a press release saying it was conducting an investigation.

Reagan gives rosy economic report

WASHINGTON — President Reagan Tuesday told Congress that the nation can simultaneously enjoy lasting economic health and reduce federal budget deficits by shrinking the size of government.

"Economic conditions in 1984 were more favorable than during the second year of a typical recovery, and we see none of the warning signs that usually precede the end of an expansion," Reagan said in his annual economic report. He restated his philosophy that less government is better government.

Congress questions Weinberger

WASHINGTON — Defense Secretary Caspar Weinberger, under pressure to justify a big hike in the 1986 military budget, was told by Congress Tuesday he would have to explain why NATO spends more than the Warsaw Pact yet lags behind in arms production.

Weinberger told the House Armed Services Committee the discrepancy resulted because Soviet arms were produced with "slave labor."

But Rep. Les Aspin, the panel's new chairman, dismissed that explanation as invalid and said the issue would be explored further at future hearings.

Accused murderer refuses mercy

TORUN, Poland — One of the security officers accused in the murder of pro-Solidarity priest Jerzy Popieiuszko refused to beg for mercy Tuesday and two others burst into tears.

Security police Capt. Grzegorz Piotrowski, facing death for his part in the murder of the priest, told the court he would not seek mercy and

the murder of the priest, told the court he would not seek mercy and regretted that the killing had harmed Communist authority in Poland.

Piotrowski's calm final speech to the court in Torun contrasted with emotional expressions of guilt and contrition from Lt. Waldemar Chmielewski and Lt. Leszek Pekala, his co-defendants.

Chief Judge Artur Kujawa said he would deliver verdicts on the three accused killers and their Interior Ministry chief, Col. Adam Pietrusaka on Thursday.