

# Workshop eases fears of non-traditional students

By Richard Cooper  
Daily Nebraskan Staff Reporter

Going back to school may be easier for adults because of a back-to-school workshop conducted in recognition of National Adult and Continuing Education week. Ruth Harper, a UNL counselor, said the workshop will give adults information about financial aid, scholarships, counseling

and master's and doctoral programs.

The workshop was divided into two sessions. In the first session, the adults had a choice of two mini-seminars, undergraduate admissions and registration. They also could talk to representatives of UNL programs and schools. The second session was about scholarships and financial aid.

Harper said the workshop has

taken place for several years. It is scheduled in October and March before early registration.

"We want to assist the non-traditional student in whatever way to continue their education," Associate Dean of Continuing Education John Buskey said.

Non-traditional students usually are working adults who return to school for degrees.

Buskey said 20 to 28 percent of

UNL students are non-traditional students and the percentage rises every year.

Susan Perk is a non-traditional student. Last year she earned a degree in sociology and now is working on her master's.

Perk said non-traditional students can expect to work hard because their routines change.

"I expected too much too soon," Perk said. "I thought it would be

easy to get back into the study habits, but it wasn't."

Perk recommends that returning students take a light load during their first semester. She said she thinks most adults go back to school because they want more money and better jobs. For more information about returning to school, call the Adult Learning Services of the Division of Continuing Studies at 471-1392.

## Labels to be rotated

# Stricter cigarette package warnings draw fire

By Joan Korinek  
Daily Nebraskan Staff Reporter

President Reagan signed a bill Saturday requiring tougher warnings to be placed on cigarette

packages.

The warnings caution smokers of the link between smoking and lung cancer, heart disease and fetal injury. Taking effect in one year, the four labels will be rotated.

Gerald Fleischli, medical director at the University Health Center, said he hopes the warnings will deter smoking. People are more inclined to believe something when it is written, Fleischli

said.

The warnings may be heeded by people on the borderline of deciding whether or not to smoke, Fleischli said.

On the other hand, people who act according to cognitive dissonance would not pay attention to the warnings, Fleischli said. In this case, he said, the person has decided to smoke and the warnings would make no difference.

Alan Byrn, assistant to the president of the Tobacco Institute in Washington, D.C., said he can't predict what effects the law will have on the tobacco industry.

Experts testified in Congress that the public is aware of the current warning label, Byrn said. Ninety percent of the experts said the public knows and understands the current label, he said.

The tobacco industry sees the labels as unwarranted and unnecessary, Byrn said. People need to realize the harmful effects of smoking, but the industry does not agree with the labeling, he said.

In 1970, the first label appeared on cigarette packs, but sales increased despite the warning, Byrn said. Cigarette consumption was 536.6 billion in 1972.

The tobacco industry was instrumental in determining the final warning although the industry did not support the bill, Byrn said.

Byrn said he doubted that the warnings will change the tobacco industry's image. Cigarette ingredients must be listed with the Federal Trade Commission, he said.

Byrn said he does not think the labels will affect the price of

cigarettes. Thirty-seven percent of the price is taxes, he said.

Steve Andersen, a junior industrial engineering major who smokes, said he thinks cigarette consumption will decrease because the warnings will have a great impact.

"I think it will make people more conscientious of it," Andersen said.

The warnings will give people an impression different from the current label and will help people realize the effects of smoking, said Mary Polodna, a sophomore fashion design major who does not smoke.

Although people will think about the warnings more, she said, she does not know whether people will adhere to them.

Fleischli agreed. "It's one thing for a person to know something," he said, "and it's another thing for them to do it."

Colleen Langdon, an undeclared junior who smokes, said she does not think the warnings will make a difference in consumption. The current warning has not changed a thing, she said.

The four new warnings are:

- Surgeon general's warning: Smoking causes lung cancer, heart disease, emphysema and may complicate pregnancy.

- Surgeon general's warning: Quitting smoking now greatly reduces serious risks to your health.

- Surgeon general's warning: Smoking by pregnant women may result in fetal injury, premature birth and low birth weight.

- Surgeon general's warning: Cigarette smoke contains carbon monoxide.

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