

Poetry contest features cash prizes Caramel corn recipes cure evening munchies

International Publications has announced its National College Poetry Contest, Fall Concours 1984.

The contest is open to all college and university students who want to have their poems anthologized. Cash prizes will go to the top five poems: \$100 for first place, \$50 for second, \$25 for third, \$15 for fourth and \$10 for fifth. All accepted manuscripts will be printed in the anthology "American Collegiate Poets."

The contest rules are:

1. Any student is eligible to submit his or her verse.

2. All entries must be original and unpublished.

3. All entries must be typed, double-spaced, on one side of the page only. Each poem must be on a separate sheet and must bear, in the upper left hand corner, the name and address of the student as well as the college attended. Also put name and address on envelope.

4. There are no restrictions on form or theme. Poems can be up to 14 lines long. Each poem must have a separate title. Avoid "Untitled." Small black and white illustrations welcome.

5. The judge's decision will be final. No information by phone.

6. Entrants should keep a copy of all entries because they cannot be returned.

7. There is an initial \$1 registration fee for the first entry and a 50-cent fee for each additional poem.

8. All entries must be post-marked no later than Oct. 31, and fees must be paid cash, check or money order, to:

International Publications
P. O. Box 44044-L
Los Angeles, Calif. 90044

By Judi Nygren
Daily Nebraskan Staff Writer
August is here and so are all-night study sessions.

All-nighters usually mean lots of caffeine and junk food. But what do you do after the snack bars have closed and you have ripped the potato chip bag open in search of the final crumb and licked the candy bar wrapper clean? Pull out your popcorn maker and make some gooey caramel corn or one of the other popcorn delights listed below.

stir together butter, honey and brown sugar. After mixture has cooked for 4 minutes, pour over popcorn.

Cheese Popcorn
3 tablespoons vegetable oil
1/3 cup popcorn
1/4 cup butter or margarine
3 tablespoons grated American cheese food (usually available in 3-ounce tube container and is usually near the grated Parmesan cheese.)

Pop popcorn.
Pour melted butter over popcorn. Sprinkle cheese over popcorn and mix together.

Bacon and Cheese Flavored Popcorn
3 tablespoons vegetable oil
1/3 cup popcorn
1/4 cup butter or margarine
1/4 teaspoon seasoned salt
3 tablespoons grated Parmesan cheese
3 tablespoons cooked bacon bits or bacon flavored chips
Pop popcorn.

Pour melted butter over popcorn. Sprinkle salt, cheese and bacon bits over popcorn and toss together.

Herb Buttered Popcorn
3 tablespoons vegetable oil
1/3 cup popcorn
1/4 cup butter or margarine
1/2 teaspoon seasoned salt
1/4 teaspoon dried parsley flakes
1/4 teaspoon dried basil
1/4 teaspoon freeze-dried chives
Pop popcorn.

Pour melted butter over popcorn. Sprinkle salt, parsley flakes, basil and chives over popcorn and toss together.

Eats

Caramel Corn
3 tablespoons vegetable oil
1/3 cup popcorn
1/4 cup butter or margarine
2 tablespoons light or dark corn syrup
1/2 cup lightly packed light or dark brown sugar
1/4 teaspoon baking soda
Pop popcorn.

In popcorn popper or hotpot, stir together butter, corn syrup, brown sugar and baking soda. After mixture has been cooked 4 minutes, pour over popcorn.

Add peanuts, raisins or coconut to caramel corn if desired.

Honey Caramel Corn
3 tablespoons vegetable oil
1/3 cup popcorn
2 tablespoons butter or margarine
2 tablespoons honey
1/3 cup firmly packed brown sugar
Pop popcorn.
In popcorn popper or hot pot,

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