Get away, far away, to relieve pressure

Out of your entire coilege career you will probably remember your first and last years the most. While it's possible to be a senior for three years and not uncommon to be a senior for two

years, only dedicated professional students can stretch their freshman year longer than two semesters (with maybe a summer session or two).

The point is, new students are about to embark on a year-long process that should (except for the ones with the extra-thick craniums) bring about some profound changes in their lives and life-styles.

You will be bombarded with bombastic, bureaucratic, red-tape. You'll be shoved into personalized classes of 200 or more. You'll deal with drop/add, pass/fail, 10-page essays, foreign teaching assistants (what did he say?), 200page reading assignments, housing bills, phone bills, bar bills, bounced checks - until one day you get the DO NOT PASS GO card, DO NOT COLLECT 200, GO DIRECTLY TO JAIL - and you finally blow a head gasket (figuratively speaking, of course).

What do you do now? How do you regain your sanity, not to mention that wonderful perspective on higher education that you started the semester with? Well, if you take my advice, which I hardly ever do, you should consider going on one of the outdoor

trips sponsored by the Office of Campus Recreation.

As you become familiar with the campus you will be showered with requests, advertisements and posters to join this or that extracurricular activity. By all means join the ones that interest you or are helpful to your academic and career goals. Probably the worst mistake that many college students make is to get their degree without becomig involved with an activity outside of their class work. A problem with most of these organizations is that they often add to the stress that has been growing in your life rather than relieving it.

Continued on Page 19

Sheldon Art Gallery University of Nebraska 12th&R,Lincoln **NE 68588**

IRSININES S

Tuesday, June 5 through Sunday, June 10 **CITIZEN ICANE (1948/41)***

Thursday, June 14 through Sunday, June 17 THE MAGNIFICENT AMBERSONS (1942)

Thursday, June 21 through Sunday, June 24 THE STRANGER (1946)

Thursday, June 28 through Sunday, July 1 THE LADY FROM SHANGHAI (1946/48)

Thursday, July 5 through Sunday, July 8 CONFIDENTIAL REPORT/MR. ARKADIN (1955) Wednesday, July 11 through Sunday, July 15 TOUCH OF EVIL (1988)

Wednesday, July 18 through Sunday, July 22 THE TRIAL (1982)

Wednesday, July 25 through Sunday, July 29 CHIMES AT MIDNIGHT/FALSTAFF" (1985/86)

Screenings at 7 & 9 p.m. Admission \$3.00 (\$2.00 for senior citizens, children, and members of the Friends of the Sheldon Film *Late show begins at 9:15 p.m.

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Eateries abound

Continued from Page 16 Continental

 The Rotisserie, 1100 O St., 475-9475. Lunch — 11 a.m. to 2 p.m. Dinner 5 p.m. to 10 p.m. Closed Sundays. A variety of delicious food in a unique atmosphere. Price: B

Seafood

· Joe Tess' Place, 1435 Q St., 435-2854. Lunch/Dinner - Monday through Thursday 11 a.m. to 11 p.m., Friday and Saturday 11 a.m. to 12 p.m., and Sunday noon to 11 p.m. Fresh carp, catfish, other freshwater fish. Also serves chicken. Price B

Fast-food restaurants

 Arby's Roast Beef, 1425 Q St., 476-7114.

 Chartroose Caboose, 1321 O St., 477-9567, (Philadelphia-style steaks andwiches).

· George's Greek Gyros, 112 N. 14th St., 435-2615.

 Little King, 1311 O St., 474-4559. McDonald's, 1401 O St., 474-5234.

Pontillo's, 1246 Q St., 475-1246 (Giant sandwiches, Italian food).

 Pete's Chicken N' Skillet, 1404 O St., 474-7923 (chicken, cheese frenchees).

 Runza Drive-Inn, 1227 Q St., 474-9729.

Taco Inn, 1245 R St., 474-1415.

Taco John's, 1209 Q St., 475-7528. Union Square, Nebraska Union.

W.C. Frank's, 1320 Q St., 474-7766. Wendy's, 1400 Q St., 474-2322.

如果是不可以在此所有的自己的方面。但然后可以在此次的。 PO PDAK DRINKS! **TUESDAYS** WORLD FAMOUS DER-10PM BURGER ONE HALF POUND WITH FRIES AND ALL THE TRIMMIN'S ON 322 SOUTH 918 STREET, LINCOLN, NE 68508 · 476-8551