## Homemade dressings add flair to salads <br> Cossed green salads have always <br> ing, sour cream, lemon juice, vinegar <br> 1 tablespoon sugar <br> 13 cups.

been a summer favorite. Just toss together some cucumbers, carrots, green peppers, mushrooms, dill weed, basil and lettuce leaves and you have a light meal that involves very little preparation. To add a homemade nair, pour on any of the following dressings.
$\square$ Eats

## Blue Cheese

$1 / 3$ cup crumbled blue cheese (about one ounce)
1 tablespoon finely chopped onion $1 / 2$ clove garlic, minced
$1 / 2$ cup mayonnaise or salad dressing 1/2 cup dairy sour cream
1 tablespoon lemon juice
1 tablespoon vinegar
On a low speed for three minutes, mix together blue cheese, onion and garlic. Add mayonnaise or salad dress-
and pepper to cheese mixture; mix 2 minutes more or until smooth. Chill. cheese. Makes about $1 / 2$ cups.

## Thousand Island

1 cup mayonnaise or salad dressing cup chili sauce
hard-cooked eggs, chopped
2 tablespoons chopped green pepper 2 tablespoons chopped celery
$11 /$ tablespoons finely chopped onion teaspoon paprika
1/2 teaspoon salt
Combine mayonnaise or salad dressing, chilisauce, hard-cooked eggs, green pepper, celery, onion, paprika and salt gtir together until well mixed. Chill. Makes 2 cups.

## Italian-Cheese

$1 / 1 / 3$ cups salad oil
1/2 cup vinegar
$1 / 4$ cup grated parmesan cheese

2 teaspoons sait 1 teaspoon celery salt $1 / 2$ teaspoon white pepper 1/2 teaspoon dry mustard $1 / 4$ teaspoon paprika 1 clove garlic, minced

Avocado
13 -ounce package cream cheese, softened

1. avocado, seeded, peeled and cut up

1 tablespoon lemon juice
1/2 cup mayonnaise or salad dressing
$1 / 4$ teaspoon salt
$1 / 4$ teaspoon garlic powder
$1 / 4$ cup milk
In an electric mixer, blend all ingredients together. Once blended, add milk to achieve desired consistency. Chill. Makes $11 / 2$ cups.

Inblender combine salad oll, vinegar, salt, white pepper, dry mustard, paprika and garlic. Blend ingredients till well combined. (Or, shake in a screw top jar until well combined). Chill. Mix again just before serving. Makes about

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