

Late Night Show.

T.V. Turn You Off?

Tune-In To 24 Hour Nautilus.

Now featuring...

\$15.59
a month*

You can work out with our Nautilus equipment, free weights, indoor swimming, indoor running, racquetball, relax in our steam and sauna rooms, enjoy our whirlpool, aerobic and exercise classes and so much more.



So Turn Off The Tube.

24^{HOUR} Nautilus
Swim and Fitness Center, Inc.

Lincoln
1400 N. 48th
467-5551

(*based on a one year membership with \$35 down and 12 payments of \$15.59 including 18% a.p.r.)

Facilities vary with each location