

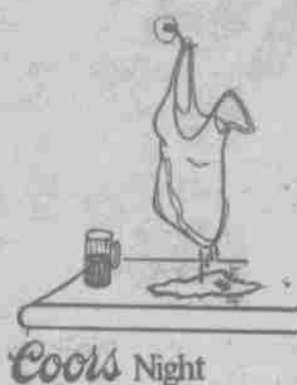
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WE ROCK LINCOLN

Faculty offered help in stress workshop

By Margon Brouillette

The traditional belief that teachers have less stress than other white-collar workers is no longer true, said a UNL associate professor.

Wes Sime, an associate professor of health, physical education and recreation, said today's economy puts new stress on teachers. Budget cutbacks, inflation and low salaries help contribute to that stress, Sime said.

To help teachers handle their stress correctly, Sime and two other UNL professors will conduct a faculty stress workshop Feb. 27 and 28. It is free and open to all UNL professors.

Professor Robert Brown, with the education and psychology departments, will present a survey on occupational stress at UNL. The survey relates more directly to faculty than previous similar surveys, Wheeler said.

This makes the workshop unique, he said, because the participants will be able to relate their levels of stress to definite information.

The workshop's second phase will help faculty learn how to correctly reduce physical stress. Sime will show faculty members specific physical techniques. Daniel Wheeler, a career consultant with the Teaching and Learning Center, will help teachers look at their life-work situations and pinpoint stress-causing factors. Wheeler said he hopes to help provide a reservoir of support systems from which they can draw.

Sime said there will be a list of campus sources that can assess stress levels to help faculty members deal with their stress.

For UNL students, Wheeler said the counseling center can help. Students also will benefit indirectly from the faculty workshop, if the faculty learns how to deal with stress, he said.

Daily Nebraskan

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Off The Wire

National and international news
from the Reuters News Report

Iowa opens caucuses; Mondale a flushing success

DES MOINES, Iowa — Iowans opened the presidential selection season Monday with precinct caucuses expected to boost Walter Mondale toward the Democratic nomination and provide the first clue to whether any rival can catch him. After a year of preliminary skirmishes, the former vice president and seven rivals led by Sens. John Glenn, Alan Cranston and Gary Hart finally faced the judgment of the voters at a series of party-meeting ballots all across this midwestern farm state Monday night.

The meetings started at 8 p.m., and firm vote results will be announced today.

In Emmetsburg, Iowa, the residents forecasted former Vice President Walter Mondale as the winner of Monday night's Iowa presidential precinct caucuses in a poll conducted by the flushing of their toilets. Coming in last place in the survey with only a trickle of support was former Florida Gov. Reubin Askew. For several years the poll has been an election day event conducted by radio station KEMF-FM. The radio station reads the names of the candidates and asks listeners to indicate their choice by flushing their toilets.

In Monday's poll, which used up 19,000 gallons of water, Mondale came out on top with 1,755 flushes. Ohio Sen. John Glenn was second with 945. Sen. Gary Hart of Colorado came in third with 540. Former South Dakota Sen. George McGovern and the Reverend Jesse Jackson were tied for fourth with 405. Sens. Alan Cranston of California and Ernest Hollings of South Carolina, each had 270 flushes.

Crowd cheers, jeers Reagan

WATERLOO, Iowa — President Reagan was welcomed Monday by 7,000 chanting supporters calling for "four more years" as he delivered jibes at Democrats who "promise the moon, but deliver green cheese." Reagan spoke at a concrete hockey rink. Reagan's fun was dampened a bit by a public opinion poll released Monday that showed a majority of Iowans think he has had four years too many.

A poll by the Des Moines Register newspaper said Reagan now trails former vice president and Democratic frontrunner Walter Mondale by 14 percentage points in Iowa. Reagan's motorcade was jeered by several hundred sign-bearing protesters lamenting what they called the president's failed economic policies. "We call it Reaganomics and it doesn't work," one sign said.

Italian troops leave Beirut

BEIRUT, Lebanon — Italian troops Monday left Beirut as informed sources said that Syria, as one of its conditions for backing a settlement in Lebanon, was refusing to link a withdrawal of its forces to an Israeli pullout. About 1,000 Italians, part of a four-nation force deployed in late 1982, sailed from Beirut port in two car ferries, leaving 270 colleagues behind in a naval vessel offshore and 100 onshore to guard the Italian Embassy. Most of the 1,300 American Marines in the force are due to follow the Italians and a small British unit has already gone. Only 1,250 French troops will remain. After the Italians left, key negotiator Rafiq Hariri, a Saudi-Lebanese businessman, arrived in Beirut to present to beleaguered President Amin Gemayel the latest Syrian proposals on ways of ending the fierce factional warring that forced the multinational contingents to pull out. Syria backs anti-government Druze and Shi'ite Moslem militias which have seized control of West Beirut and large areas of the country and are demanding Gemayel's resignation. Informed sources said one of three Syrian conditions was that a proposed withdrawal of its 40,000 troops occupying much of east and north Lebanon should not be linked to a pullout of Israeli forces in the south.

Transferred priest stirs protest

WARSAW, Poland — Nine Polish parishioners are on a hunger strike inside their church to protest the decision of the Roman Catholic authorities to transfer their popular anti-Communist priest. A spokesman for the five women and four men said they were accepting only water with a little salt and would continue their protest until the priest, the Rev. Mieczyslaw Nowak, was reinstated.

The spokesman, who declined to give his name, was speaking to Reuters from a room at St. Joseph's Church in the Warsaw suburb of Ursus.