

## Honey Sunday funds to aid retarded citizens

An estimated 2,300 volunteers, many of them UNL students, rang doorbells throughout Lincoln Sunday afternoon to sell jars of honey during the 20th annual Honey Sunday.

Sponsored by the Association of Retarded Citizens-Capital, the goal of the 1983 Honey Sunday was to raise \$18,000 to fund programs benefiting the 5,000 to 6,000 mentally retarded citizens in Lincoln and Lancaster County, said Elaine Rod, Honey Sunday coordinator.

Honey Sunday is a statewide project, but all profits from the day remain in the community where they are earned, Rod said.

About 3 percent of the U.S. population is mentally retarded, Rod said. The association supports various programs to aid those people and their families.

Sixty-five percent of the Honey Sunday volunteers were members of UNL fraternities and sororities, she said.



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## Competitive anger necessary to survive, entertainer says

By Sara Thomassen

"I'm convinced that everyone of us on this planet needs to have competitive anger to survive," author and performer Tom Sullivan said Thursday at UNL. "You have got to be competitively angry or the world will eat you alive."

Competitive anger drives motivation, not hostility, and develops out of necessity, Sullivan said.

Sullivan, the author of four books, competes in several sports, is an actor, song and script writer, stage and TV performer and musician. Sullivan also has been blind for most of his life.

"I hated being blind," Sullivan said, "but I didn't know I was blind until I was 9 years old," when called "Blindy" by a neighbor boy in Boston.

In his earlier years, Sullivan said, he was a militant and aggressive person.

## Alcoholic . . .

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Schiff, who has worked in the field of substance abuse for seven years, said the first step toward treating elderly alcoholics is family consultation. Families resist outside help because they don't realize the seriousness of the problem and they believe the victim has only a short time to live, she said. They don't want to talk about the problem because it might be affecting more persons than just the elderly person. Many families even aid the elderly by getting the alcohol for them, Schiff said.

Schiff said different approaches are necessary to help elderly alcoholics.

Methods that can be used include individual counseling, family participation in the counseling process, and later, group treatment.

After counseling has been completed, Schiff recommended that the victims participate in available area support groups in addition to Alcoholics Anonymous.

She said the signs of alcoholism among the elderly are often confused with the signs of Organic Brain Syndrome, therefore expert diagnosis is necessary to establish the problem. Some signs to look for include slurred speech, a change in the way the person walks, memory loss, falls and bruises and a personality change, Schiff said.

"When I competed as an athlete, I did not care how I won, I didn't care who got hurt or what price I had to pay to be successful. I was completely involved in my own world. I was not interested in anybody else."

Sullivan's attitude changed when he nearly lost his baby daughter after she fell into a swimming pool.

"When Blythe fell in the pool and I rescued her, I realized that there was a whole world out there I had better pay attention to."

Sullivan said he believes many of the problems facing handicapped people are brought on by their own hostility and anger.

Every April and October, Sullivan tours college campuses to try to add "motivational spirit." He said society has been closing down on young people, making them afraid of life.

"I am fundamentally convinced that life is a celebration," Sullivan said during his show, "If You Could See What I Hear." The show, sponsored by the University Program Council's Talks and Topics Committee, had the same title as a movie made about Sullivan depicting his carefree years at Harvard University.

In the performance, Sullivan sang songs of his own and of friends, told stories about his childhood and school days and answered questions from the audience.

## Shorts

Hearings to review budget proposals for UNL's 2-percent budget reallocation plan continue today on the City and East campuses. Today's hearing schedule includes: Support Program Evaluation Committee — 9 a.m., physical plant, maintenance, custodial services; 11 a.m., personnel; 2 p.m., pre-admissions; 3 p.m., admissions and advising. Meetings in the Rostrum Room, Nebraska Union. Academic Planning Committee — 8 a.m., Nebraska Center for Continuing Education; 8:30 a.m., Instructional Media Center; 1 p.m., Division of Anthropological Research; 2 p.m., international studies; 3 p.m., food science and technology. Meetings in Great Plains Room, East Union.

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Wednesday,

November 9, 1983

10:30 a.m.

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The Public is Invited.