## Classified 472-1761



Century Fitness Club

## Guidelines:

- exercise can be done anywhere distances must be accurate - no approximations members are on their honor units must be recorded on an official mileage card and depositod at
an appropriate distribution conter. Available when members reach the $100,250,500,750,1000$, and $1000+$
units. First tshirt costs only $\$ 2.101$ Awards: Unts

8 Minute
10 Minutes
11 Minutes
12 Minutes
Jogging (averege mile)
Swimming ( $50 \mathrm{yds} / \mathrm{min}$
5 wimming ( 50 yds/minute)
Requetball, Badminton, Tennis
Bosketail (continuous)
oesand many momes.

## - Distribution

points:

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CROSSWORD PUZZLE



