

Sports

Husker football no child's play

If you don't like football, go to the game with a 10-year-old. I guarantee you won't see the game.

Because my cousin had never been to a Nebraska game, I took him to watch the Huskers play. I figured he



Bill Allen

would just sit there in awe and eat hot dogs and watch the game.

I should have been suspicious when his parents dropped him off and immediately headed back to North Platte.

"Just send him home after the game," they said. "We'll pay the postage."

We entered the gate and while I went after a cold drink, he spent \$128 at the souvenir stand, leaving me to pay the bill. I wrote the lady a check and decided to use the money that was

left in my account to buy a gun.

I found him sitting in his seat, surrounded by four gorgeous blondes. Maybe taking a kid wasn't a bad idea after all.

"Oh, he's so cute," I heard one say, brushing back his hair.

"There's my cousin, Bill," Tommy said, pointing at me.

They all waved and smiled. With visions of "Fantasy Island" dancing in my head, I started down the row. Almost there, I tripped and spilled my Coke all over one of the blondes. She screamed, Tommy laughed and then this bodybuilder came up and hovered over my prone body. I was still holding the dripping cup that had made his girlfriend look like contestant number one in a wet T-shirt contest.

He picked me up by the back of my shirt and pulled my face within inches of his.

"You just spilled Coke on my girlfriend," he snarled.

"You have an eye for the obvious," I stuttered. "But it was an accident."

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Rec Scoreboard

The following scores are from flag football and softball action Wednesday night from games completed before 7:30 p.m. Results from the 7:30 to 9:30 p.m. games will run in Thursday newspaper.

If you are involved in an intramural event sponsored by campus recreation other than flag football or softball and wish your scores to be included in the scoreboard, please call 472-1765 between 9 a.m. and noon the day following the event.

CO-REC FOOTBALL

Division A
Sigma Nu-Alpha Chi Omega 16, Abel Eight-Sandoz Nine 12
Heppner Two & Three 12, Cather Ten-Pound Nine 7
Sigma Alpha Epsilon-Delta Gamma 34, Untouchables 26
Selleck 8300-8300 52, Sud Soakers 7
Abel Eight-Sandoz Eight 28, RKPB 6

Division B
Tau Kappa Epsilon-Little Sisters 62, Triangle 18
Sandoz Six-Abel Eleven 13, Abel Three 6

Don Ho's 35, Abel 12
Nada 32, Cather Twelve-Pound Eight 6
Pi Beta Phi-Delta Tau Delta 32, Sandoz Five-Abel Six 6
Tau Kappa Epsilon-Gamma Phi Beta 34, Abel Ten 12
Phi Pal Express by forfeit over Fairhouse

SOFTBALL

Fraternity League B
Theta Xi 7, Acacia 6
Tau Kappa Epsilon 6, Alpha Tau Omega 5
Beta Theta Pi 11, Chi Phi 7

Independent League A
Mac Attacks 4, Master Batters 3
EPT's 8, Team America 8
WTS 12, Smegma 1
Magic Markers 9, P.O. Pears 7
Siezes 6, Mess 6
Hoofers by forfeit over Ex S Team

Independent League B
Brew Crew 10, Boys in the Band 3
Mickey D 10, War Eagle 8
Hoosers 21, Old 6'ers 2
Master Batter 14, Financial Aid 7
LXIXERS 16, Jesters 1

Residence Hall League A
Burr Three West 10, Cather Six 9

Tuesday Scores
Fraternity League B
Delta Upsilon by forfeit over Kappa Sigma
Sigma Alpha Epsilon 7, Delta Tau Delta 5
Triangle 10, Lambda Chi Alpha 7

Fraternity League C
Delta Upsilon 16, Triangle 2
Alpha Gamma Rho 11, Farmhouse 9
Sigma Chi 8, Beta Sigma Psi 0

KARATE:

The 'art of empty-handed fighting' aims to motivate self-cultivation

By Scott Ahlstrand

Karate is the martial art of empty-handed fighting.

Mention of it to a nonpractitioner conjures up images of karate greats Bruce Lee and Chuck Norris, but these misconceptions actually help to promote it in America.

"I think most of the students that take the credit class in karate at the university are drawn to karate and some of the other martial arts primarily because it's a little bit mysterious to them," said Richard Schmidt, assistant professor of health, physical education and recreation at UNL. "It's oriental and also they take it perhaps as



a way of fantasizing with some of the Bruce Lee movies.

Many women take the course in order to learn some basic self-defense techniques, Schmidt said. After the students are in the class for a while their attitude changes to one where they have a clearer understanding of the true purpose of the Budo (martial way), he said.

Martial arts are often misunderstood in America, Schmidt said. By definition they are the traditional military arts of Japan, and are not taught in the United States.

The entrance to karate is a ritual. It is a ceremony where students are introduced to the dojo (martial art practice hall) by the instructor.

The practice of karate is a self-cultivation as well as a physical training. Many participants undertake the practice of the martial arts. Martial arts includes Japanese (Judo, Jujitsu, Karate) and Chinese (Tai Chi, Kung Fu) and others (Brazilian Jiu-Jitsu).



Staff photos by Craig Anderson

Richard Schmidt delivers a kick to assistant Greg Kansas.

Schmidt, a third degree black belt in Shotokan karate, has been an instructor since 1967.

He currently teaches approximately 250 students in university karate classes. There are a variety of benefits that the students and he want to acquire from their study of karate.

"Most of the students have reported in course evaluations that they have obviously improved their self-defense capabilities, but that it's also given them ... a clearer understanding of themselves," he said. "I think when they see the way they have probably learned to find out a little bit more about their own personal physical and psychological limitations in terms of this activity. Also, I think they acquire a certain degree of self-discipline, and a certain amount of ability in introspection."

As far as what karate study has done for Schmidt, he said the "one thing that it's done for me personally is that it's acted like an anchor. It has helped me deal with some of the stresses of my life. It's acted as a form of self-discipline to a certain extent."

Schmidt said karate is a physical activity (karate) that is a self-cultivation as well as a physical training. It is a ceremony where students are introduced to the dojo (martial art practice hall).

The history of karate in Nebraska dates back to the early 60s. In 1963, Richard Lee, a former member of the U.S. Air Force who was stationed in Korea, returned to Omaha to open a karate do (Korean karate) school. Lee had learned Judo in Korea and invited his Korean partner, Hank Lee to come to Omaha to help him get

his school started. The two gave a demonstration at the Nebraska Union in November, 1963.

"The karate do was or has been the direction of Mr. Lee in Omaha," Schmidt said. "He did most of the advertising, provided the teaching and they provided other people in the Omaha area."

In 1965, Larry Dorst, who was also in the Air Force and was stationed in Okinawa, Japan, opened the first karate school in Lincoln. He teaches the Japanese style called Shotokan.

Another early influence in karate in Nebraska is John Boncherry. Boncherry teaches the Okinawan Gyo style. He started his school in Lincoln in 1965.



Schmidt said the quality of instruction in Nebraska is fairly high.

"We have very good Tai Judo do schools, very good instructors ... they teach mostly in the traditional fashion and have good techniques."

Among the misconceptions in karate are what people think is training.

"Some of the schools are a little bit more toward the sport aspect of it, but most of them are more toward the traditional aspect of it," Schmidt said. "I think that karate is a very physical activity, but it's also a mental activity. It's a self-cultivation as well as a physical training."

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