

Dark colors, dusty shades lead fall wardrobe parade

When the heat of summer gives way to cooler fall temperatures, shorts will give way to fall fashions. But, before going out to buy a whole new wardrobe, check out the collection of old clothes you've pushed to the back of the closet or the bottom drawer first.

"The styles change every two to three years," Fran Fiala, of Joffe's in the Atrium, said. "They do it to get you to buy something. These fashions in the stores now were fashionable in Europe two to three years ago."

For the style-conscious shopper, here's what Lincoln experts say is "in." Dark colors are in vogue for women, Fiala said.

"Purples are strong in all shades. . . burnt rust and dark greens like eggplant colors. Black is also big if you wear makeup with it," Fiala said.

Dusty shades are chic for men. These include gray, heather brown and burgundy.

"There is a lot of dressing up and much less blue jeans," Bill Bronson of the Hitchin' Post said. "Pleats are coming back. It's a turn back to a dressy feeling."

The European influence is coming in. Double-breasted suits and sportcoats are popular again, Bronson said.

"Blazers are straight-cut, double-breasted and longer," Fiala said. "There are also cuffs. Everything seems to be geared to the working person. Jeans are dressy."

Fabrics are all-natural, like silks and cotton, she said. Sweaters sport sequins and beads. Bright colors are out for women.

"Rugby is the sportswear look (for men)," Bronson said. "Bold, awning (wide) stripes are the style in sportswear. . . There are a lot of collar treatments; these include collar bars and button-down collars."

Bronson said men's fashions don't separate into working and everyday fashions. "Basically, there is just the dressy fashion," he said.

Costs can range from \$120 to \$200 for a suit. Some may run up to \$300. A blazer for women costs about \$80, skirts go for \$60, and sweaters cost about \$30. A sportcoat, shirt and tie would run around \$125, Bronson said.

Confused? Try counseling

Floyd, a UNL sophomore Latin major, has problems. The job market is desolate. He lost all his money at the horse races. His roommate, Max, stole his girlfriend, Lois. Max and Lois are into pot and pina coladas, and Floyd feels pressured to try them. Floyd toys with a tiny paper umbrella wishing he was with his parents back in Wahoo, where life was somehow less complicated.

Coping with college life is not always easy. UNL offers career and personal counseling centers tailored to the needs of students.

Career Planning and Placement Center, Nebraska Union 230, 472-3135. The center offers one-on-one career counseling; programs on resume and interview preparation; a career information library; a schedule of on-campus interviews by employers; listings of available jobs and information on graduate and professional school tests.

Students interested in the center's job placement services should plan to register for one orientation session. The sessions are scheduled as follows:

Aug. 30 — 3:30 p.m. and 7 p.m.
 Aug. 31 — 3:30 p.m.
 Sept. 1 — 9:30 a.m. and 3:30 p.m.

Orientations will be in the Rostrum in the Nebraska Union basement. There are no charges for registering and establishing a file at the center. John Holmes, assistant director, said an appointment can be made by phone or office visit.

University Counseling Center, Seaton Hall 1316, 472-3461. The center offers personal and career counseling. All interviews are confidential. Problems with boyfriends or girlfriends, parents, sex, alcohol or drugs may be best dealt with in individual counseling sessions. One to 15 sessions may be scheduled, depending on the needs of the student.

The center also offers a variety of services to students who have questions about making a career choice. Some of these services include career interest testing; a career booklet; occupational information library and a career seminar.

Women's Resource Center, Nebraska Union 118, 472-2597. Short-term counseling, particularly geared to the needs and problems women experience, is available through this office. Men are also served. Counseling is free.

Mental Health Clinic, University Health Center, 472-2102. Stress, insomnia, depression and other emotional difficulties that seem beyond a student's control are treated at the clinic. Brief therapy may help solve the problem. Medication is prescribed temporarily if needed. The clinic can also assist students with drug, alcohol or eating problems. The first four visits to the clinic are free; a minimal charge is assessed for subsequent visits. Mental health professionals are on call at all times.

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