

Job search: The methods, the fears

By Peggy Polacek

Don't get sad — get angry!
This advice for unemployed women was given by Barbara Kerr, UNL assistant professor of educational psychology and social foundations, during part of a February "Chilly Climate" forum for women Thursday.

"Women: After Graduate School, What?" emphasized ways to look for jobs, options in finding a job and ways to cope with not having one. Four speakers were featured in the program, which was presented by the Women's Resource Center.

Kerr said fears of not getting a job or of rejection are intense, and often individuals cannot present themselves in the best light to their prospective employers.

"I don't think Mahatma Gandhi ever worried where his next check would come from," Kerr said, referring to money matters.

She explained that after college, some things don't count in the job search.

Grades and test scores fall into this category.

Skills and interests that match a job's requirements do count, she said. A specialty is helpful, so in being in the right place at the right time. Often people move to a city in which they want to work and then wait for a job opportunity.

Last-chance methods include combining personal skills with growing industries' demands. Computers, daycares and hospitals all are growing businesses, she said, and women with skills in these areas will find a job.

"You have much to contribute," Kerr said, "and rather than waiting to get a paycheck for it, go out and do it!"

Dan Wheeler, a faculty career consultant for the UNL Teaching and Learning Center, expressed his views on the changing job scene.

In the past, a career was viewed as a ladder, Wheeler said, and people seemed to be successful only if they climbed it. Now a career is seen as a spiral that requires a mixture of learning and development.

Wheeler said a job must provide personal satisfaction, which allows individual growth. Individual values also must fit the job.

Career changes are natural, he said, and the transition period provides time to get things done. Gains, not losses, must be focused on as a plan of action is developed.

This plan of action often may lead to a decision to continue studies through research. Jane Ollenburger, a post-doctoral researcher for the Midwest Council for Social Research on Aging, explained that pre- and post-doctoral fellowships and scholarships for research are an option to a traditional job. These all provide funding for research for a year or two.

Ollenburger said to look for jobs in traditional ways, but also to look for research grants. She said it is important to talk to someone who previously has received the research funding to find out what the screening committee looks for.

Gamble and weigh the odds, she said, on finding a job or a research opportunity. It may take 20 to 30 hours to put together a research proposal for a committee, but it

could result in a year of overseas study.

The gamble of finding that right job may result in unemployment, as Cynthia Didion, manager for the Planned Parenthood-Lincoln Center clinic, said.

Didion was unemployed for six months after receiving a master's degree in psychology from UNL. She warned against letting society's views — "If you're not employed, you're not a worthwhile person" — take over.

"Don't say 'I'm not employed, I don't count,'" Didion said, "but instead, take care of yourself."

Throughout the ordeal of job searching and unemployment, support from friends is essential, Ollenburger said. Support is not only received, but also given to someone else with the same needs.

Didion said to keep friends, entertainment and exercise a part of life to help offset any depression while job hunting.

The ultimate goal of job hunters is to have the companies they interview with create jobs especially to fit their skills, she said.



A regular customer leaves the Mar-Shel cafe after his daily lunch.

HOMEMADE Nothing instant but the service

By Dulcie Shoener

Traffic moves swiftly less than 10 feet from the front door of the Mar-Shel Cafe, 125 S. 27th St. Probably few of the people driving through the busy intersection of 27th and O streets have ever passed through that door into the quiet, relaxed interior.

Relaxed, yes — but efficient. Owner Lee Stokes arrives each weekday morning at 4:30 a.m., along with Shelly Ostagard, a former owner, who is the Shel of Mar-Shel. Together they start the coffee, get booths ready and start the day's baking before the cafe opens at 5 a.m.

Only breakfast and lunch are served at Mar-Shel. The cafe, which seats 50, is open from 5 a.m. to 2 p.m. Monday through Friday, and 6 a.m. to 11 a.m. Saturdays.

The cafe uses about 150 pounds of

potatoes each week, mostly in hash browns and mashed potatoes. The fresh, tasty homemade food is one reason customers say they keep coming back.

"They've got good variety, and it tastes homemade," said Teri Tenney, 230 S. 27th St. She and her husband, Larry, said they eat lunch at Mar-Shel every day.

"They've got good breakfasts, too," Tenney said. Since breakfast is served all day, his lunch often consists of eggs, ham and hash browns.

Breakfast prices range from a 25-cent doughnut to \$2.95 for a breakfast steak. A complete breakfast of ham, two eggs, hash browns, Texas toast and coffee is \$2.70.

Stokes, who has owned the cafe for three years, attributes his steady business to low prices and fresh ingredients.

"We don't use anything instant," he said.



From left: Shelly Ostagard and Lee Stokes; a glimpse of cook Helen Enriquez through the kitchen window behind the counter.



Staff photo by Dulcie Shoener

ASUN approves fees

By Vicki Ruhga

The ASUN Senate unanimously approved the Committee for Fees Allocation's recommendation of \$85.40 per student per semester student fees for 1983-84.

John Leif, CFA chairman, said the student fee probably would be more than \$85.40 because Fund B recipients (recreation department, health center, Nebraska Union and debt service) did not include salary increases in their budgets.

ASUN Sen. Kay Hinn commended Leif on the CFA performance this year, and said it probably was the first time there were no questions or discussion on the CFA proposal.

Nette Nelson, Government Liaison Committee chairman, submitted her resignation to ASUN and ASUN appointed Ruth Bohan of GLC to take over Nelson's duties.

ASUN President Dan Wedekind said it was necessary to appoint someone to the GLC chair quickly, because the university budget soon will come up in the state Legislature.

ASUN rejected a proposal to rescind a bill passed last week that allowed the UNL Nuclear Weapons Freeze Campaign to place a question about nuclear freeze on the March 9 ASUN ballot.

ASUN Sen. Steve Grasz, who proposed the motion, said the wording of the question approved last week was slanted. The question is: "Should the U.S. and U.S.S.R.

pursue a complete halt to the nuclear arms race, and decide when and how to achieve a mutual and verifiable freeze on the amounts of their strategic nuclear arsenals?"

Grasz argued that the question was placed on the ballot with the minimum amount of votes needed, and that several senators were not present at the meeting when voting took place.

"It is putting the question to students as if it were a statement of act," he said. "There is a more fair way of putting it on the ballot."

He said he would like to see the question have three parts. The first would state the freeze group's position; the second, the Reagan administration's position; and the third, an undecided option. It also would state the current positions of the United States and the Soviet Union.

Jennifer Fager, Election Commission chairperson, said ASUN could not change the question, but could state only whether the question could be placed on the ballot.

Fager said the student freeze group met all deadlines and went through the proper channels to have its question placed on the ballot. If the question were changed, she said, ASUN would have to pay the \$300 to have it placed on the ballot, because the freeze group would be unwilling to pay. Also, the new question would not meet the Election Commission's Feb. 9 deadline, she said.

NU Medical Center students to appeal football ticket decision

The NU Board of Regents Saturday will hear appeals about UNL Chancellor Martin Massengale's decision to take football tickets away from NU Medical Center students. The regents will meet at 8 a.m. at Regents Hall, 3835 Holdrege St.

Four medical center students and four physicians will speak in favor of football tickets for medical students, said Verlin Janzen, president of the medical center's student senate.

The first priority for football tickets should be UNL faculty and staff, and all medical center students agree with this, Janzen said.

"But we are convinced that the medical center tickets will not go to UNL student, staff and faculty," he said.

Medical center students are university students who have traditionally received tickets, he said.

Football tickets are important to the medical center campus. UNL football

is the only activity that makes students feel they are part of the university, Janzen said.

"We see ourselves as being singled out as the only student group having our tickets taken away," he said.

The medical center appeal will be heard during the business affairs subcommittee meeting. The appeal needs to be moved to the formal meeting for action to be taken by the board.

In other action Saturday, the board will vote on proposed partial retirement revisions for NU faculty. The proposal would enhance the current retirement income to faculty with partial retirement status.

Regents will vote on a proposal to increase 1983-84 room and board rates in UNL residence halls \$35, from \$1,825 to \$1,860.

The board also will approve UNL faculty summer research fellowships, which are decided on a competitive basis.