

**'Anger released in the form of battering'**

**Help offered to wife batterers**

By Lori Sullivan

Mental illness is rarely the cause for domestic violence; the violence is behavior which is learned and can be stopped, said a psychologist speaking at the Nebraska State Conference on Domestic Violence and Sexual Assault on Friday.

Anne Ganley, a psychologist from Seattle, Wash., who specializes in counseling men who batter women, was the featured speaker at the Friday meeting of the conference Thursday through Sunday at the Lincoln Hilton Hotel.

A training seminar was also held for therapists working to improve their skills in counseling men who batter. Currently, Nebraska does not have a program that will allow the court system to order offenders to complete counseling and treatment. Ganley, author of "Court Mandated Counseling for Men Who Batter," has conducted training sessions nationally to help therapists learn to specialize in treatment.

**Various types of battering**

Different types of battering, Ganley said, include "hands-on" battering, including physical and sexual battering, and "hands-off" battering, which is psychological and emotional battering and the destruction of personal property.

Men who batter learn to strike out violently at another person when they experience pressures, she said. They have not used other ways to reduce the pressures, such as verbal expression or problem solving.

Another learned behavior of men who batter is that they think the safest place to strike out violently is in their families, Ganley said. In a job setting, the same men do not become violent because they fear punishment

for their violent behavior.

**Anger easily expressed**

Men do not easily express all their emotions, Ganley said. One of the few accepted emotions a man can express is anger. Men who batter have translated all negative emotions into anger released in the form of battering, she said.

Most men who batter were either beaten when they were children or witnessed their mothers being battered, she said.

"What interests me about this reality is that men who batter rarely realize the connection between what they experienced as children and what they are now doing. Even though they will duplicate the violence used against them and the violence they are now doing," Ganley said.

Often men block the childhood incidents out of their minds so completely they only realize patterns exist after they begin treatment, she said.

"It's as if they took all those horrible memories and put them in the past someplace and have no sense of how the memories continue to influence them," Ganley said.

Work with former prisoners of the Vietnam war helped Ganley to see an association between them and women who are psychologically battered, she said. In the case of psychological battering, at least one physical attack has occurred. Both the prisoners and the women lived in constant fear of another attack and neither group has control over what is happening to them, she said.

The important difference between the two groups is that the prisoners know that the abuse they are receiving is from an enemy, but battered women cannot make that clear distinction.

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**Panelist: Finding a job is hard work**

By Jeff Goodwin

Business students seeking jobs shouldn't wait until the last minute to start looking for them.

That was the advice of a panel of businessmen, teachers and advisers who participated in a discussion sponsored by Omicron Delta Epsilon Thursday night at the College of Business Administration.

Participating in the discussion were Dan Ransdell, an economic forecaster with the Nebraska Department of Revenue; Dave Palm of the Nebraska Department of Health Planning; Craig MacPhee, chairman of the UNL economics department; Ed Hauswald, adviser for all UNL undergraduate economics students and associate professor of economics; Anne Kopera, coordinator of advising for the Arts and Sciences College; Bob Lovgren of Mutual of Omaha; L.G. Searcey of First National Bank; and William Wilkie, a senior vice president at American Charter bank.

Kopera said students should realize early that finding a job is a difficult process.

"You need to accept the fact that you will have to work hard to find a job," Kopera said.

She recommends that students look for summer and part-time employment in their chosen field.

"Using your minor and electives to round out your skills and make them more attractive to employers is also a good idea," Kopera said.

Students should also register early with the placement office to take advantage of all possible interviews.

MacPhee said that economics provides students with a varied background.

"It gives you a background that can be useful in a lot of different fields," MacPhee said.

MacPhee said the job market for economics students is promising.

"The market looks very good for economics majors with bachelor's, master's or doctor's degrees," he said. "At the last conference I attended there were three job openings for every Ph. D. in economics."

Ransdell warned of the pressures that such a job entails.

"When you get into the world of statistical forecasting you find there's no room for statistical error," he said. "The criticism can get very vicious. If things go right you can't find a better job situation, but it's also very stressful."

Wilkie stressed the importance of good writing skills.

"One of the things that can ruin your career in business faster than anything is writing a bad report,"

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