

### Sixty Ag Men participate in the Run to the Rockies

Sixty members of the Ag Men fraternity will participate in a Run to the Rockies starting Tuesday to raise money for the Kidney Foundation.

House members collected pledges from organizations in their hometowns, said house member Arden Anderson.

The first run was in 1978, and the event is held each time Nebraska plays football against Colorado in Boulder.

The last run, in 1980, raised more than \$4,000. Anderson said this year's goal is to exceed that amount.

The run will begin after a pep rally at Broyhill Fountain at 2:15 p.m.

## Open house stresses health, exercise

The importance of nutrition, exercise and stress management were some of the topics presented at the Lincoln-Lancaster County Health Department's Open House Sunday at the department's office, 2200 St. Mary's Ave.

Americans need to consume less fat, salt and sugar, according to a health lifestyle film. Fresh vegetables and fruits, whole grains and low-fat milk and yogurt are some good foods to include in one's diet.

A display explained that exercise controls weight, improves mental outlook, reduces anxiety and depression, improves digestion and enhances one's sex life.

Change, such as separation from friends, illness, injury and money problems, are some of the causes of stress, according to materials presented at the open house. Exercise and relaxation were cited as effective ways to cope with stress.

The open house seemed to be going smoothly, said Health Department Director Jane Ford. Attendance at the open house was difficult to predict, Ford said, but she hoped people at Lincolnfest also would stop by the open house.

Last year, the first year of the open house, 53 people attended.

## Wellness emphasized in activities

A variety of Wellness Week events are scheduled for Tuesday. The activities and their locations are:

11 a.m. - Film Festival, the Nebraska Union lounge.

Noon - Aerobic Pick-Me-Up, the mall west of Selleck Quadrangle.

Noon - "Do Friends Influence Your Drinking?" the union.

3:30 p.m. - "College Students Can Become Hooked," the union.

4 p.m. - "Do Friends Influence Your Drinking?"

6:30 p.m. - "Psycho-Social Look at Drugs," Burr Hall.

## Theft suspect is blond male

More information has been gathered on a suspect wanted in connection with 23 wallet thefts at UNL.

The suspect has blond, collar-length hair and a blond mustache. A composite picture printed in the Daily Nebraskan Sept. 29 made it appear that the suspect has dark hair.

## Police Report

The following calls and complaints were received by UNL police from 7 a.m. Saturday to 7 a.m. Sunday.

6:17 p.m. - Minor disturbance at Abel Hall settled by officers.

11:50 p.m. - Obscene phone call reported.

1:13 a.m. - Report made of a loud stereo in the area of Selleck Quadrangle.

2:24 a.m. - Males were reported yelling and climbing up the side of sororities in the area of 16th and S streets.

8:00 a.m. - Vandalism damage reported to a sign in front of Regents Hall, 3835 Holdrege St.

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