Daily Nebraskan

## Herpes . . .

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"The time course of VD comes and goes," Fleischli said. "The virus gets into the nerves, travels back to the spinal cord and sits in the cell body of the nerves and stays there forever."

When something weakens the carrier, such as malnutrition or stress, the viruses travel back out to the nerves and become active, he said.

Fleischli said the first symptom of herpes is pain and sensitive skin. Next, small blisters form, and secondary infections caused by bacteria are common when the blisters break.

"It can be quite painful, but there are different



amounts of severity," he said. "A person may have a couple of blisters or he may have a whole bunch, with such pain that he can't even get out of bed.

Monday, April 12, 1982

"Right now we do not have effective treatements for herpes," Fleischli said. "However, we can make it feel better by using antibiotics and anesthetics."

In some cases, the virus may remain dormant for years and then come back, Fleischli said. In the active form, an episode lasts about one month.

Fleischli said he was aware of a new treatment for the disease which would probably be approved by the Food and Drug Administration within the next month. It shortens the duration of severity of sores, but does not cure the underlying causes of the disease, he said.

The health center has pamphlets and information available on venereal diseases, herpes and "gay VD," Fleischli said.

According to the gay VD pamphlet, homosexual people also are affected by venereal diseases. For men, sores may occur on the penis, rectum or throat. Women having exclusively gay sexual contacts can be fairly certain of never contracting VD, according to the pamphlet.

Bisexual females, however, have a much greater chance of contracting the disease. Bisexual females may contract VD in the rectum or the throat, the pamphlet said.

Facts on Venereal Disease, written by Dr. David V. Carroll, lists preventions for VD.

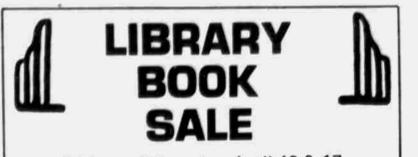
"The proper use of a 'rubber' (condom) can be a reliable means of preventing most forms of VD," Carroll said.

Abstinence, having no sexual or close physical contact, also prevents VD. Carroll also recommends good personal hygiene, such as washing the sex organs and urinating immediately after intercourse, which may help to remove any VD virus germs. However, he states that these methods are not foolproof.



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