

City Union summer hours announced

By Lorna Nissen

UNL's Assistant Director of Food Service, Ron Pushcar, presented slides of the Nebraska Unions' food service organizations Wednesday night as a final orientation for Union Board members.

Also at the orientation, representatives from Campus Activities and Programs described student services in a presentation to board members.

Laura Meyer, Union Board president, presented the only committee report. She reviewed the board's attendance policy and its policy of presenting new business.

Frank Kuhn, assistant director of Nebraska Unions, released summer building hours for the City Union.

The building will close May 7 at 6 p.m. and reopen May 10 at 7 a.m. The information desk will close at 3

p.m., the Union Square at 2:30 p.m., the bakery at 1:30 p.m. and the Rec Room at 4 p.m. on May 7.

The Colonial Dining Room will be closed for all three summer sessions. The Harvest Room cafeteria will remain open Monday through Friday for all three sessions.

The bakery and Union Square will be closed during pre-session. Union Square will re-open from 8:30 a.m. to 2 p.m. for the first session only and the bakery will re-open for the second session from 8:30 a.m. to 2 p.m. Monday-Friday.

The City Union will be closed weekends during both the pre-session and the second session. It will be open Saturdays only from 8 a.m. to 5 p.m. during first session.

In other business, Meyer announced that ASUN had invited Union Board members to an April 1 banquet at Knoll's restaurant.

Doctor says viral infections to blame for winter illness

About 50 people a day are being treated at the University Health Center for viral infections, said Dr. Gerald Fleischli, health center medical director.

"Approximately one third of our patients have been in for a viral infection," Fleischli said. "It was probably not exactly the same one, but we can't identify which virus it is unless we do cultures. The cultures are not usually standard procedure."

Fleischli said the illnesses do not look like forms of influenza.

"The students are coming in with one of several types of upper respiratory infection," he said.

Symptoms for the virus are nasal congestion, sore throat and malaise, which Fleischli described as "a lousy, icky feeling all over."

"A feeling of fullness in the ears also is common, such as when you go up a mountain or in an airplane," Fleischli said. "Sometimes a little bit of a cough is present, too."

Nothing is known right now that will cure the virus, Fleischli said. The best

treatment is to build up the body through symptomatic treatments, he said.

"This can be done through good nutrition and vitamin C, which will help the body build up a resistance," he said.

Antihistamines or congestants can be taken for the nasal congestion, he said.

"Aspirin or Tylenol can be taken if the pain is really bad, but I don't recommend that unless it is extremely painful. This is because a slight fever is good because it helps the body to fight the virus," Fleischli said.

"Most important and hardest to do, is to rest," he said. "Students have a lot of trouble in this area because they are under a lot of pressure with studies."

Fleischli said students should come to the health center if they have temperatures above 102 degrees, bad coughs or painful ear aches. A student also should seek treatment at the health center if he or she has had a tendency of strep throat infections in the past, he said.

East Campus students are encouraged to use the physician's assistant on duty Wednesdays in East Union 316 from 8 a.m. to 4 p.m., Fleischli said.



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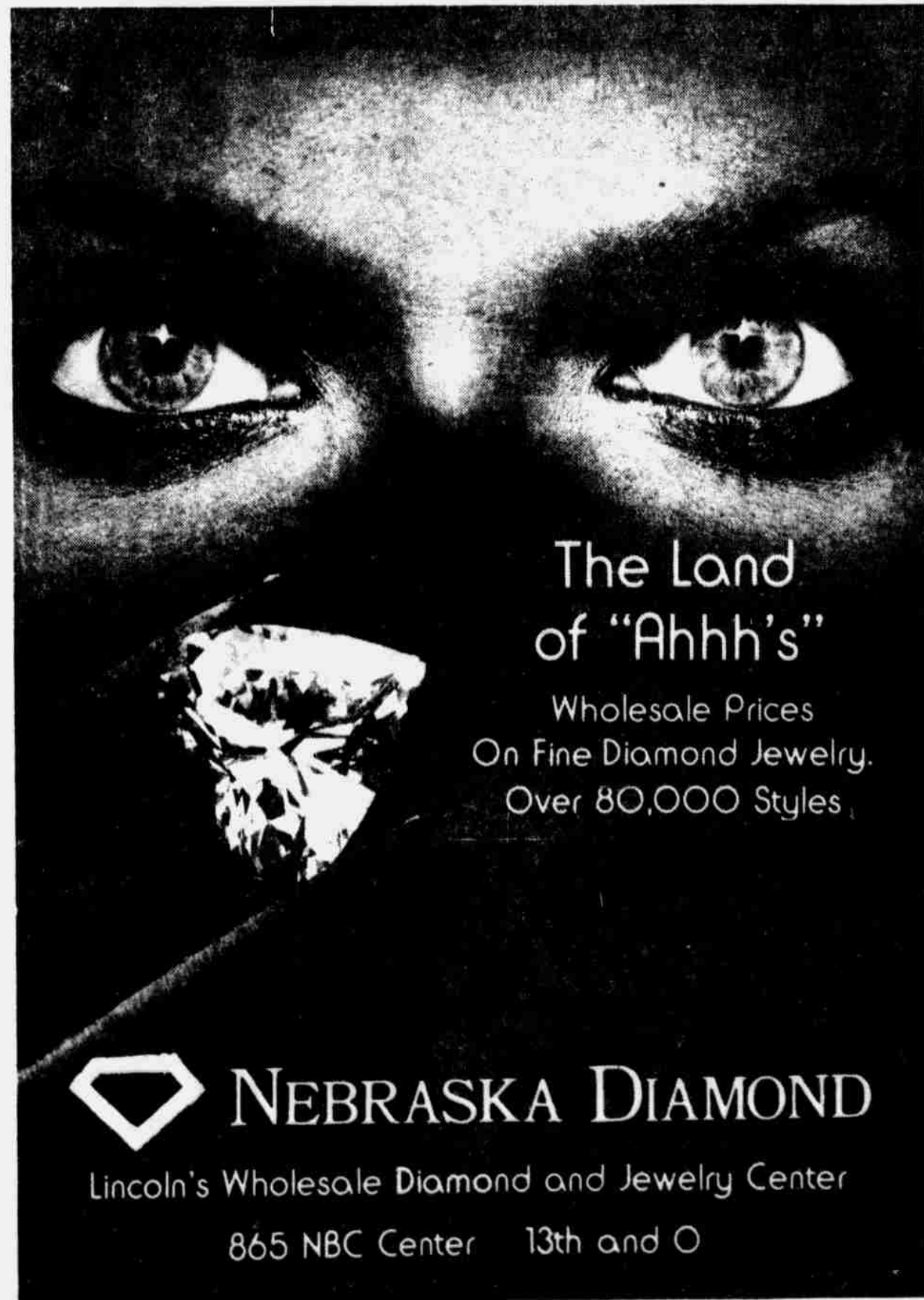
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