sports

Two varsity sports, two majors give Steve Elliott tight schedule

Competing in two sports serves as a double advantage psychologically because of the people involved, according to Steve Elliott, a UNL diver who competes in floor exercise and vaulting for Nebraska's gymnastics team.

"I love athletics and I love both sports. This feeling helps me keep going, along with the people that are involved," Elliott said.

Because of this love for both gymnastics and diving, Elliott said he tries to get in as much of both as he can.

Gymnastics and diving are in concurrent seasons, so Elliott, who came to Nebraska on a diving scholarship, said gymnastics Coach Francis Allen lets him workout whenever he's not diving, which usually means after diving practice, and on Sundays.

"I think Francis is pleased that I can work out when I can. I guess he considers it a bonus to the team, because he didn't have to recruit me and I'm not on a gymnastics scholarship," Elliott said. "Even though I enjoy both sports, my priorities go with diving because that's what I came here for."

Not worried about pressure

When he first decided to try both sports, Elliott said he didn't have any worries about whether he could handle the pressures.

"I've always been pretty active, doing many sports at a time in high school," Elliott said. "I've always been on the move and meeting people. I enjoy the active part. Competing in two different sports in one weekend gives me a sonse of accomplishment.

According to Elliott, diving Coach Jeff Huber has been flexible about letting him work out with the gymnastics

"When I came to Nebraska, Jeff said I could work out with the gymnastics team, but I don't think he knew that I would compete. However, he lets me keep on doing both as long as it's not too big of a conflict," Elliott said.

Elliott, who has been tumbling off and on since elementary school, says he started diving in high school because he didn't have the coaching to go further in gymnastics. After competing in both sports for a few years, Elliott said the sports aren't as similar as most people may think.

Two sports different

"Gymnastics and diving are more different they they are alike. In gymnastics, you land on your feet, but in diving it's your head. A lot of the twisting techniques are different for both," Elliott said.

"When I first started diving, I had problems because I had to change techniques. It was hard changing back and forth from one sport's techniques to the other's, but everything worked out," he added.

Because of all the hours he puts in practicing and competing, most of his left over time is devoted to study-

ing, which leaves little time for anything else, according to Elliott.

"I usually can't start studying until 7:00 every night, and because I have morning workouts three days a week, I can't stay up too late. On weekends, I usually have competition, so it's hard to get the right amount of studying in. No matter how disciplined a person is, it's almost impossible to study at a meet. My social life has to be sacrificed also. If I ever have a free Saturday night, it's spent studying."

In the off-season, Elliott said he still works out because he can't bring himself to a complete halt.

"I'm so used to a constant go that if I stop, it's like bringing a freight train to a dead halt. When I'm not competing, I find that I don't know what to do with my spare time. I like taking some of the time to just relax, but otherwise I try to keep going," he said.

Homecoming king

Elliott, who was chosen as Nebraska's homecoming king last semester, said he ran for the position to become more involved in the school.

"I wanted to be more than just an athlete; I wanted to be part of the school. I was just honored to be in the top nine, but winning was a good feeling," he said. "I felt that people were supporting me as a student as well as an athlete.'

Currently a junior, Elliott is majoring in both advertising and psychology. He said he plans on doing some coaching or public relations work, and hopes his career at Nebraska will serve as an asset.

"I have a lot of goals and dreams, and I hope that maybe people will remember me as an athlete and this will help. I also feel Nebraska has a good athletic program, which will provide me with a good background," Elliott

According to Elliott, being on two of the best teams in the nation has served as a good source of athletic and personal growth.

"Besides myself, there are three other divers that are national contenders on the team, so we can't expect to just win now and then. Because of this, we push each other. Having a fellow competitor also act as a coach is a real asset," Elliott said.

"Being on a gymnastics team with some of the best gymnasts in the world, along with a lot of other great talent, is a good atmosphere. We get a lot of support from our fans, which makes feeling confident and doing well easy. I don't think we could get the support and accomplishments anywhere else," he added.

Because gymnastics and diving are such mental sports,

Elliott said being a Christian helps a lot.

"If things are together in my mind it helps. A lot of my worries are taken care of by the Lord. I feel I'm in good hands when I'm out there," Elliott said.

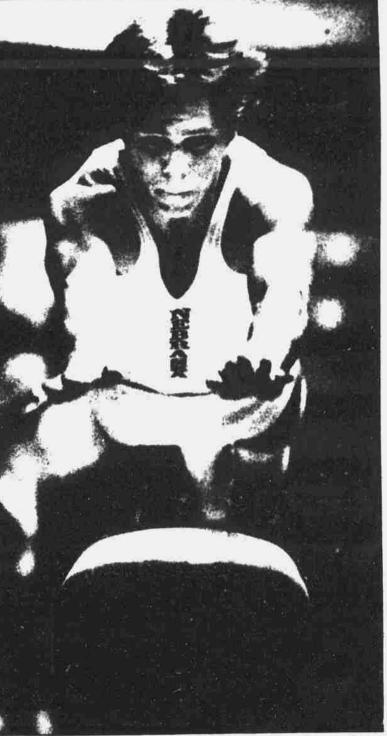


Photo by Kent Morgan Olsen

Steve Elliott

intramurals

The UNL men's and women's intramural swimming meets will be held this week. The women's meet is today and the men's meet will be Thursday. Both meets will be at Mabel Lee pool beginning at 6:40 p.m., with entries due at 6:05 and 6:40 p.m.

The men's and women's intramural water polo entries are due at 5 p.m. Wednesday. Schedules will be available Feb. 9.

Entries for intramural co-rec innertube water polo are due at 5 p.m. Wednesday. Play will begin

For further information on intramural activities, call the Recreation Office at 472-3467.

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