

Wessels proposes meetings between students, advisors

ASUN President Renee Wessels has suggested to NU President Ronald Roskens' Advisory Council that students be invited to spend some time with the council members "to communicate our concerns to them."

"I think it would be an excellent mechanism for pulling together the council and the students," Wessels said.

The Advisory Council meets every three months for a half day at Regents Hall. The council is made up of more than 100 leaders from across the state, Wessels said.

Wessels said she would like to use the rest of the day for meetings between the council members and students.

Wessels foresees students talking to the council about "the needs of the institution as the students as consumers see them, the problems of the school, faculty salaries, the library, high tuition and over-crowded classes," Wessels said.

James C. Hart, a council member and a lawyer from Omaha, said a meeting between the advisory council

and students "would give the advisers insight into the special problems of students," Hart said.

"A meeting could be beneficial to both classes of people," Hart said.

Council Member Dan Morgan, a rancher from Burwell, said he is also in favor of the idea. He said he doesn't see any opposition to the idea, but he does see a problem in getting students to attend.

"The students would have to show up. What kind of response would we have? We'd have to find out if students are serious about this."

Jim Raglin, NU director of public affairs, said he doesn't remember hearing anything about the idea. He said the idea may not have made it from the small-group sessions to the large-group presentation. A tape was made of the presentations, which will be reviewed by Roskens before the next meeting in the spring.

"I don't know if the council members would want to drive down to spend four hours in the council meeting, and then spend an additional four hours with the students. We've never had them for a whole day," Raglin said.

Group presents tips for health in winter

Winter presents some special hazards to health, and with winter coming on, the Nebraska Medical Association points out there are some things to do to stay healthy during these cold months.

Frostbite is a constant threat for those who are outdoors in the cold. Frostbite creeps up on you before you know it. Ask a friend or relative to watch your cheeks, nose and ears for gray and white spots. If one appears, then get indoors. Do not rub the affected area. Let it thaw gradually.

There are increased cases of colds and flu in the winter. Actually, those are virus infections that do not depend on the weather.

A cold cannot be cured once it starts. There are medicines that relieve the discomfort while the virus is running its course. Bed rest usually helps the sufferer to feel better.

If the sore throat, headache, fever and general discomfort that goes with colds or flu become unbearable, you may wish to see your doctor. He may prescribe additional medicine to alleviate the symptoms.



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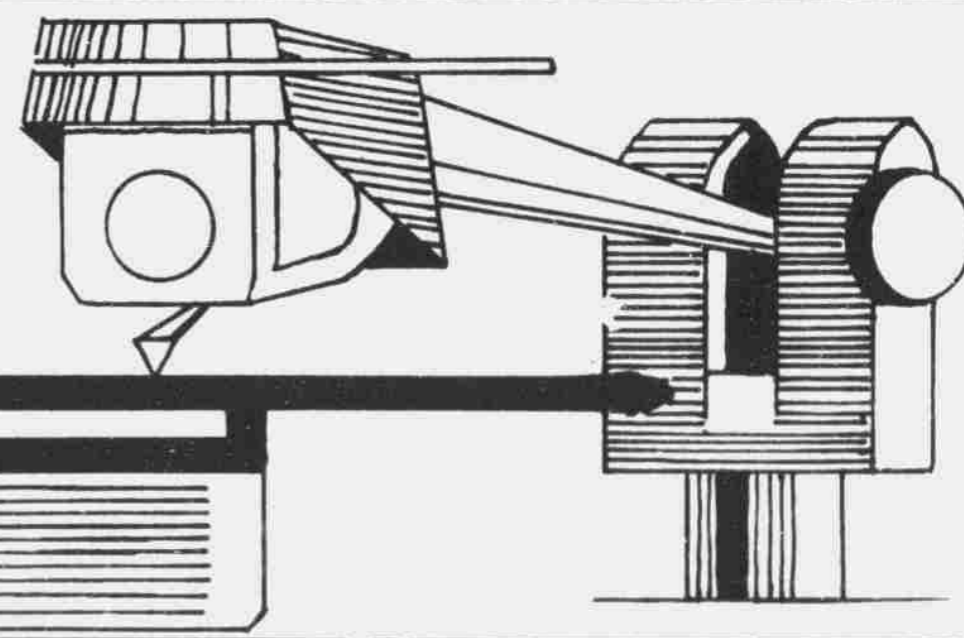
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