

ΧΑΡΙΣ

Interested in furthering your understanding of the New Testament, and of current discussions of Biblical topics? Classes in New Testament Greek and Contemporary Theological Issues, along with a worship service will be held on Sunday evenings this fall, beginning Sept. 7. We invite anyone interested to attend any or all of the meetings, which will be at 1324 New Hampshire St. (just across the tracks from Harper-Schramm-Smith). **ΧΑΡΙΣ.**

Greek (beginning & advanced)—4:00 p.m.
 Worship—5:30 p.m.
 Theology—7:15 p.m.

Sponsored by St. John's Reformed Church (R.C.U.S.)

Weight control groups now forming

New weight control groups are now forming at the University Health Center, according to the groups' coordinator.

Margaret Eager said students eligible for Health Center services who are at least 15 percent over their ideal weight can join a group.

Two groups of 20 people will meet weekly for 10 weeks, Eager said. One group will meet from 4:00 to 5:00 p.m. on Mondays, and the other from 4:00 to 5:00 p.m. on Tuesdays. The groups will begin meeting on Sept. 29 and 30.

Each group member will meet with a dietitian to work out an individualized diet, Eager said.

According to Eager, topics such as exercise, fast foods and fad diets will be discussed at the weekly sessions.

"We try to encourage an overall healthy lifestyle, as opposed to just losing weight," Eager said.

To register for a group, students should call the health center and set up an appointment for a weight group physical, Eager said.



short stuff

Applications for independent homecoming candidates are available in the Interfraternity Council Panhellenic office in room 332 of the Nebraska Union.

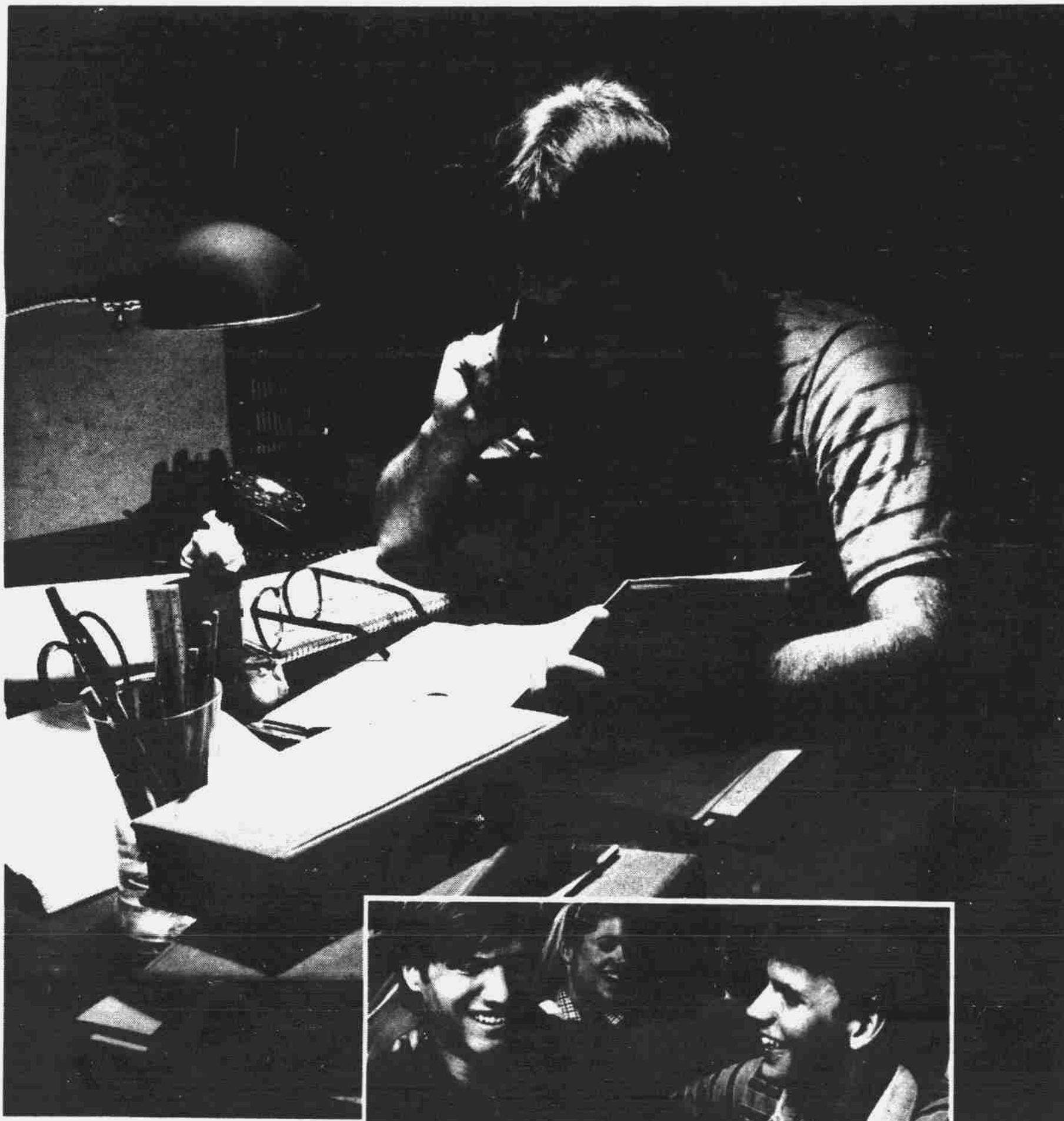
Candidates must be juniors with 53 academic credit hours and a minimum grade point average of 2.5 to be eligible.

Applications may be picked up and returned to room 332. Applications are due Sept. 19.

The 1981-82 competition for grants for graduate study abroad offered by the Fulbright Program and by foreign governments, co-operations, universities and private donors will close Oct. 1.

Application forms and further information for UNL students may be obtained from Prof. Roberto Esquenazi-Mayo at 1033 Oldfather Hall. The deadline is Oct. 1.

When you need some notes at 3:00 a.m., you find out who your friends are.



You left the notes for chapter 6 in the library. A sure sign that tomorrow's test will be heavy with questions from chapter 6. Someone you know is about to get a phone call. He's not going to like it, but he's going to come through. When this is over, do something special for him. Tonight, let it be Löwenbräu.

Löwenbräu. Here's to good friends.

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